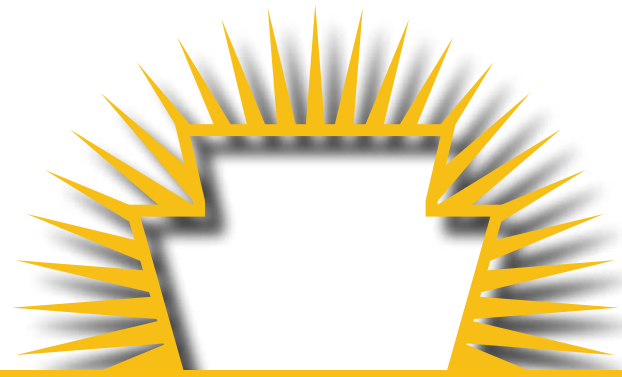


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Welcome from PACAH's Executive Director

Dear PACAH members and conference attendees –

Welcome to PACAH's 2019 Fall Conference! We at PACAH continue to strive to bring you the best educational opportunities, provide comprehensive statewide advocacy, and keep you up-to-date on issues impacting your ability to provide services in the long-term care arena. Your choice to participate in our fall conference shows your commitment long-term care.

As we reflect on this past year, we can report that we have helped our members face multiple challenges in the long-term care arena while also advocating for some changes that we hope will benefit providers of all types. With the implementation of Community HealthChoices in the Southwest and Southeast, we have fielded member questions and listened to the issues whether it be regarding billing, payment issues, transportation, etc., and tried to find answers through our managed care contacts or state administrative staff. We assisted with the payment of Appendix IV funds to both public and private facilities, and were pleased to see that overall, and with our hard work and assistance, issues were minimized. We will remain as involved and active in the final roll-out scheduled for January 1, 2020, and encourage all members to reach out to us to discuss issues, concerns, and questions. Also, as always we encourage members to participate in our educational events, webinars, conference calls, etc., to remain on top of issues and important information.



In addition, this year we worked closely with our executive board members, county commissioners, and our president, William D'Amico, to facilitate the distribution of over \$5 million in additional IGT funds to our county-owned facilities. We also advocated continuously for a Medicaid rate increase, assistance with staffing issues, and the increase in other funding sources for nursing homes. The advocacy needed, however, is by no means complete, which is why we have, for the first time ever, implemented an Advocacy Task-Force comprised of a variety of members to help us achieve additional policy and funding goals over the next year.

We remain confident in our membership's ability to adapt and succeed. You have met the challenges that have been thrown at you and continued to not only do your jobs, but find ways to make improvements. I never fail to be amazed at what our members accomplish each day.

At PACAH, we will continue to support you through all of this. We will continue our regular communication with DHS, DOH, elected officials, and MCOs. We will also continue to negotiate payment mechanisms and policy positions that best support all of you. We continue to have top-notch education on a regular basis, and neither Kim Deline nor I are ever more than a phone call or email away.

Hopefully, at this conference, members will be able to learn as much as possible while also taking the time to network and relax. We are very excited for our wide variety of conference social events and hope all attendees – members, non-members, vendors, and business partners - are able to take advantage of everything PACAH has to offer.

Along with our president, William D'Amico, executive board, and Kim, I want to thank all sponsors, vendors, and attendees for making this conference a success!

Have a wonderful conference!
Kelly Andrisano, Executive Director, PACAH

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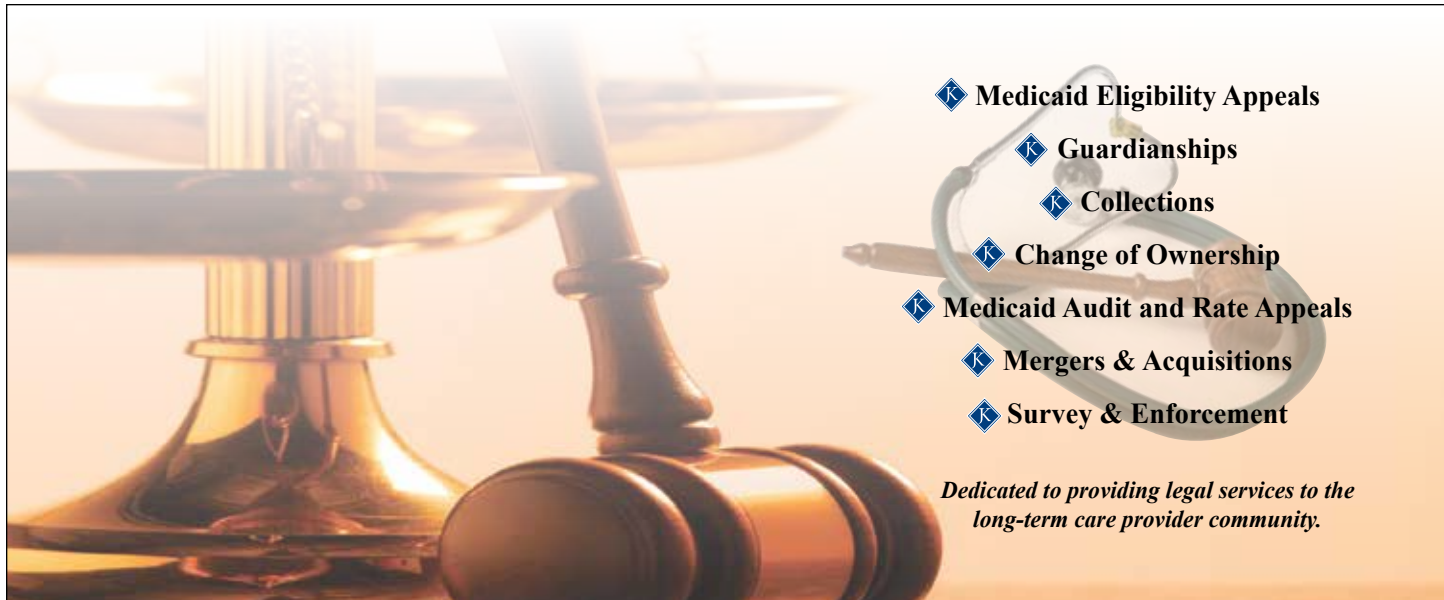
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Maritza Padua, Community Outreach Program Manager

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Conference Break

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Director of Business Development

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Welcome to Allegheny County

Allegheny County was officially created on September 24, 1788, from parts of Washington and Westmoreland counties. It was formed due to pressure from settlers living in the area around Pittsburgh, which became the county seat in 1791. The county originally extended north to the shores of Lake Erie; it was reduced to its current borders by 1800.

As of 2017 the population was 1,223,048, making it the state's second-most populous county, following Philadelphia County. The county seat is Pittsburgh. Allegheny County is included in the Pittsburgh, PA Metropolitan Statistical Area, and in the Pittsburgh Designated Market Area.

Allegheny was Pennsylvania's first county to bear a Native American name, being named after the Allegheny River. The word "Allegheny" is of Lenape origin, with uncertain meaning. It is usually said to mean "fine river", but sometimes said to refer to an ancient mythical tribe called "Allegewi" that lived along the river before being destroyed by the Lenape.

Source: https://en.wikipedia.org/wiki/Allegheny_County,_Pennsylvania

Out & Around Town



DINING

Acorn

5528 Walnut St.
(412) 530-5950

Alihan's Mediterranean Cuisine

124 6th St.
(412) 888-0630

Alla Famiglia

804 E. Warrington Ave.
(412) 488-1440

Bar Louis North Shore

330 North Shore Dr.
(412) 500-7530

Butcher and the Rye

212 6th St.
(412) 391-2752

Fogo de Chao Brazillian Steakhouse

525 Smithfield St.
(412) 312-5001

LeMont Restaurant

1114 Grandview Ave.
(412) 431-3100

McCormick & Schmick's Seafood Restaurant

301 Fifth Ave., Ste. 101, Piatt Place
(412) 201-6992

Monterey Bay Fish Grotto

1411 Grandview Ave.
(412) 481-4414

Primanto Bros South Side

1832 E. Carson St.
(412) 381-2583

Tequilla Cowboy

380 North Shore Dr.
(412) 930-0895

The Milk Shake Factory

314 Fifth Ave.
(412) 315-7115

The Original Oyster House

20 Market Sq.
(412) 566-7925

Tequilla Cowboy

380 North Shore Dr.
(412) 930-0895

SIGHTSEEING/MUSEUMS

Carnegie Museum of Natural History

carnegiemnh.org

Carnegie Science Center

carnegiesciencecenter.org

Duquesne Incline

duquesneincline.org

Flight 93 National Memorial

flight93friends.org

Fort Pitt Museum

heinzhistorycenter.org

National Aviary

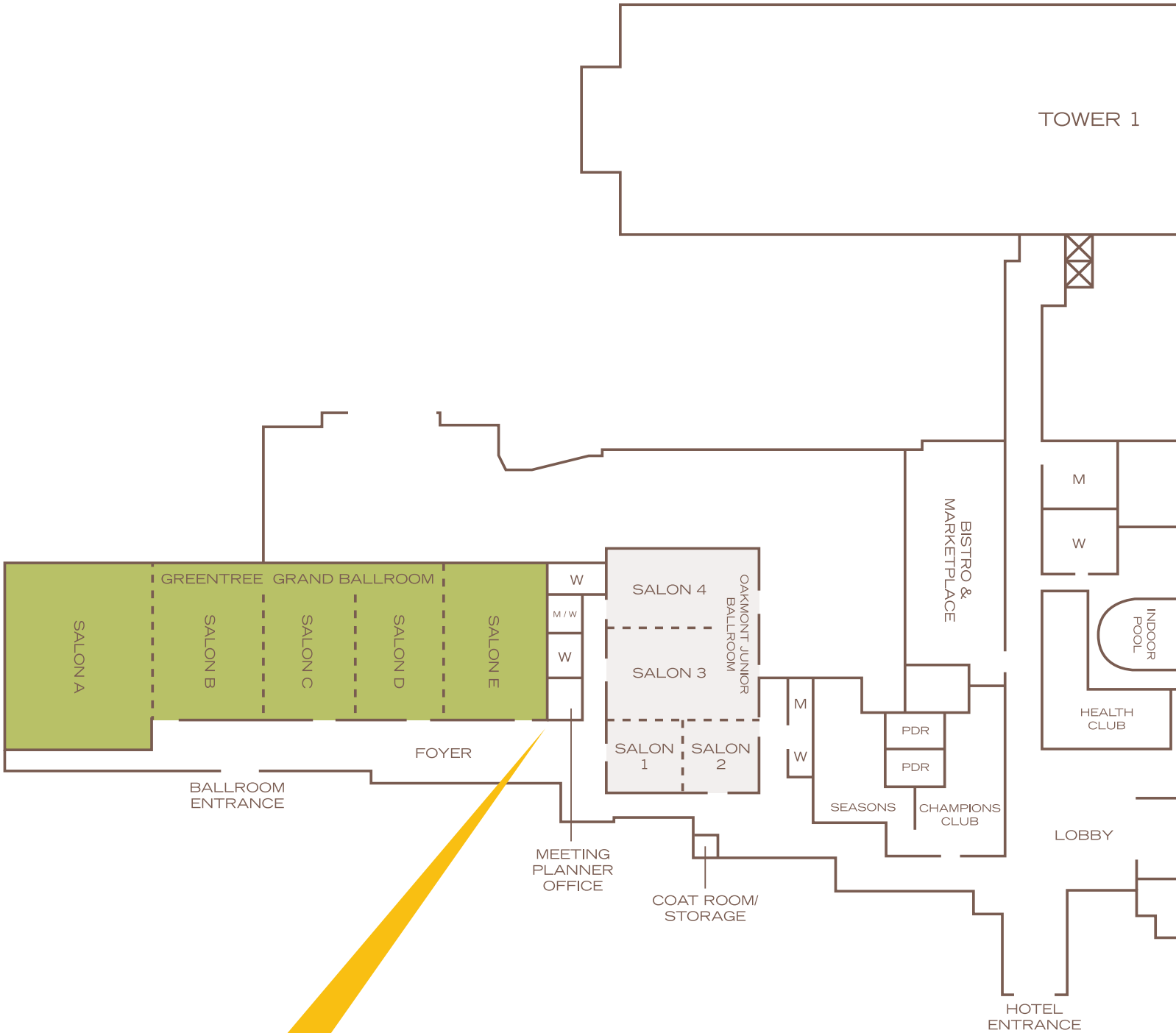
aviary.org

Pittsburgh Zoo & PPG Aquarium

pittsburghzoo.org

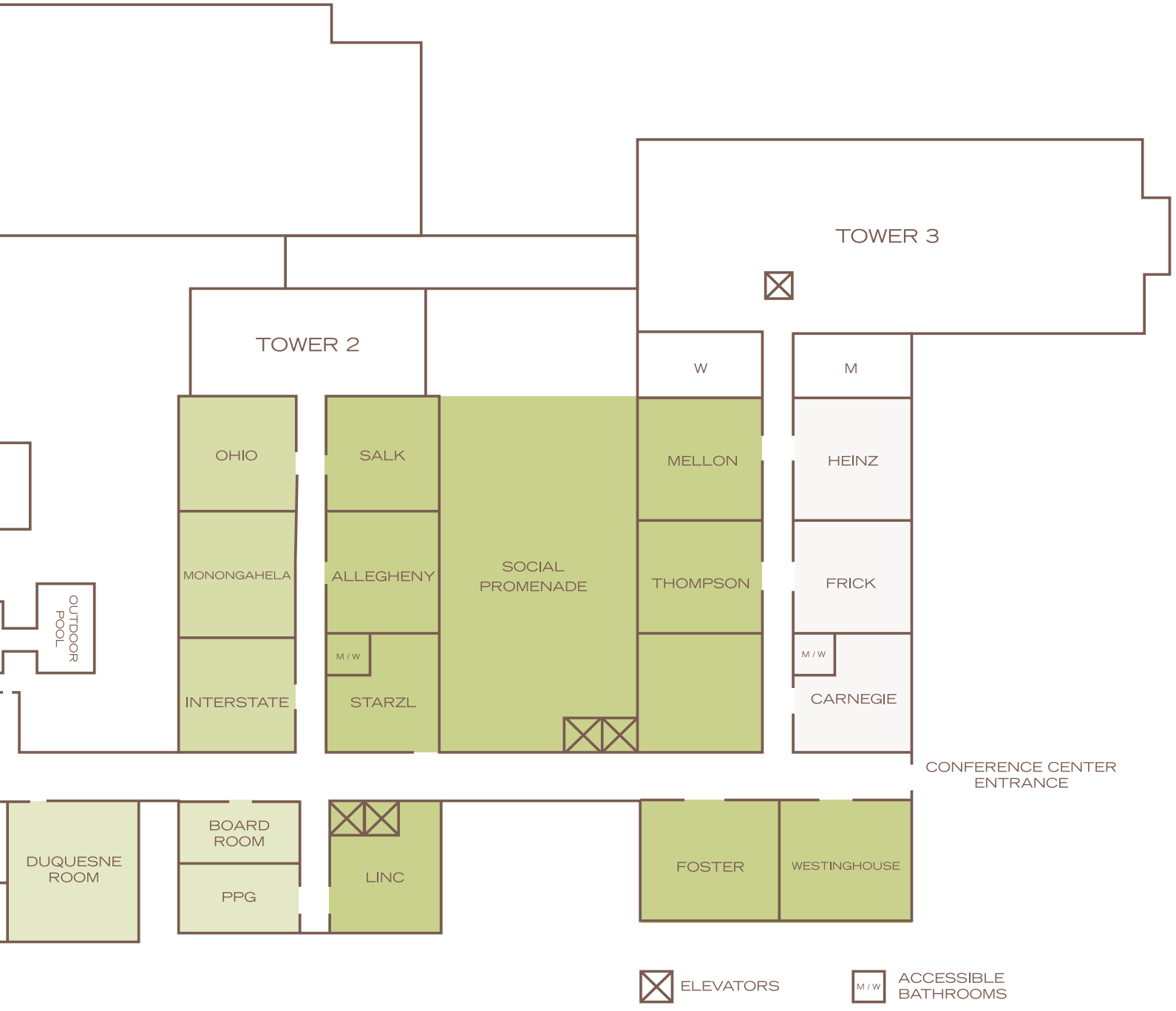
The Andy Warhol Museum

warhol.org



REGISTRATION

Hotel Map



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- Receipt of PACAH informational and educational emails
- Sponsorship opportunities at PACAH conferences
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Executive Director
kandrisano@pacounties.org
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Kim Deline
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2019 Fall Conference

... AT A GLANCE

MONDAY, SEPTEMBER 23, 2019

9 a.m. - 6 p.m.	Registration
10 a.m. - 12:30 p.m.	Executive Board Meeting
1 - 4:15 p.m.	PELICAN Training
2:30 p.m.	Afternoon Break
2 - 4 p.m.	Fiscal Management Committee Meeting
6 - 8 p.m.	Welcome Party Reception

TUESDAY, SEPTEMBER 24, 2019

7 a.m. - noon	Registration
7 - 8 a.m.	Continental Breakfast
8 - 9:15 a.m.	Keynote, Bill Stainton
9:30 - 10:30 a.m.	Educational Sessions
10:30 a.m.	Mid-Morning Break
10:45 a.m. - 1 p.m.	Educational Sessions
1 - 2 p.m.	2019 Fall Golf Luncheon
2 p.m.	2019 Fall Golf Outing
2 - 4:30 p.m.	2019 Fall Afternoon Outing

WEDNESDAY, SEPTEMBER 25, 2019

7 a.m. - 3:30 p.m.	Registration
7 - 8 a.m.	Continental Breakfast



Full Conference agenda begins on page 26

8 - 9 a.m.	PACAH Business & Legislative Update
9 - 10 a.m.	Educational Sessions
10 a.m.	Morning Break
10:15 a.m. - 12:30 p.m.	Educational Sessions
12:30 - 1:30 p.m.	PACAH Awards Luncheon
1:45 - 2:45 p.m.	Educational Sessions
2:45 p.m.	Afternoon Break
3 - 4 p.m.	Educational Sessions
4 - 6 p.m.	PACAH 2019 Fall Vendor Show
8:30 - 11 p.m.	Conference Party

THURSDAY, SEPTEMBER 26, 2019

7 - 11 a.m.	Registration
7 - 8 a.m.	Continental Breakfast
8 - 9 a.m.	Educational Sessions
9 a.m.	Morning Break
9:15 - 10:45 a.m.	Educational Sessions
11 a.m. - noon	Educational Sessions

PACAH 2019 FALL CONFERENCE AGENDA

CREDIT APPROVAL NOTICE

The 2019 fall educational offerings have been approved by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) for 25.25 total credit hours for Nursing Home Administrators and 25.25 total credit hours for Assisted Living Residence Administrators. (15.75 max)
Approval 20200922-25.25-A58046-IN

PACAH has been approved for 25.25 total credit hours for Licensed Personal Care Home Administrators. (15.75 max)

This program offers 25.25 total credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing. (15.75 max)

PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 9 total credit hours. (8 max)

This program has been approved for continuing education (CE) hours by the Certifying Board for Dietary Managers for 15.75 General CE Hours. Approval #164734

CEU LEGEND

NHA - Nursing Home Administrators
RC/AL - Assisted Living Administrators
PC - Personal Care Home Administrators

RN - Nursing
CPE - Fiscal
CBDM - Dietary



CONTINUING EDUCATION CREDIT TRACKING

PACAH will no longer issue paper certificates as proof of attendance.

All educational credits will be electronically tracked with barcode scanners. You will see a barcode located at the bottom of your name badge - a barcode that is unique to you. Please look for PACAH board or staff members that are holding barcode scanners as you enter and exit session rooms.

In order to accurately track your session attendance, you are required to have your barcode scanned prior to all sessions. At the end of each session, you are again required to have your barcode scanned upon departure from the session room. Failure to have your barcode scanned both prior to and after sessions will result in inaccurate session tracking and risk the loss of credit hours earned.

Approximately one month post-conference, you will receive information regarding the retrieval of your certificate of attendance electronically.

Please visit PACAH's registration desk if you have any additional questions.

EVALUATIONS

Please take a few moments to complete the evaluation form found in your registration packet. PACAH's Education Committee appreciates and relies on your comments and ideas in order to further improve our upcoming conferences, webinars, and training sessions.

When you have completed your evaluation, please submit the form to PACAH's registration area or submit to Kim Deline via email or mail:

PACAH
PO Box 60769
Harrisburg, PA 17106-0769
kdeline@pacounties.org

MONDAY, SEPTEMBER 23

REGISTRATION

9 a.m. – 6 p.m.

Grand Ballroom Foyer

EXECUTIVE BOARD MEETING AND LUNCH

10 a.m. – 12:30 p.m.

Foster Room

GENERAL SESSION - PELICAN TRAINING “DOUBLE FEATURE” – SPONSORED BY PELICAN INSURANCE, RRG

1 – 4:15 p.m.

Salons D - E

NHA – 3

RC/AL - 3

PC - 3

RN – 3

CBDM - 3

“IMPROVING YOUR COMMUNITY’S CULTURE AND SAFETY: KEYS TO STAFF ENGAGEMENT AND LEADERSHIP DEVELOPMENT”

This presentation focuses on the common issue of staffing with both management and the frontline in senior care facilities. It's true that senior care by-and-large pays its staff less than most other healthcare venues and even some other industries; however, money is not the only, or even the most predominant reason, for staffing shortages. Lack of recognition and respect, lack of career fulfillment and advancement, and lack of being undervalued within the organization are commonly identified concerns impacting job dissatisfaction among senior care staff.

In order to effectively address the staffing shortage problem, it's important to review the existing employee selection criteria. Aside from formal training and credentials, what about personal skills such as communication, teamwork, honesty, physical dress appearance, respectfulness, and courtesy? Does the organization offer an employee referral program? Once the employee is hired, does the organization's training program include employee-driven measures to enable easy assimilation as a new staff member? On-boarding and mentoring programs can provide support for the new hire. As an added bonus, mentoring allows for seasoned staff to develop leadership and educational skills. In addition, frequent check-in with the orientee as to how the organization is doing to assist them in transitioning into their new role is yet another important aspect. For new staff to see that their input is being sought and applied for making process improvements gives them a sense of becoming a valued member of the team. Additional staff engagement activities include periodic management walkrounds, monthly team meetings, quarterly or semi-annual town hall meetings, and involvement in process, policy and procedure development. These types of activities not only give staff a true sense of being a valued member of the organization, but can evolve into individual leadership growth. This in turn allows for consistency and dedication of the organization's staff and management.

Objectives:

- Examine the current state of management and frontline staffing in senior care facilities.
- Relate staffing issues with resident adverse events.
- Describe the common barriers in attracting and retaining high quality staff.
- Formulate ways to improve recruitment and training efforts.
- Explore an employee-driven engagement program to include leadership initiatives.

*Susan Lucot, MSN, RN, MLT (ASCP), CPHRM, Senior Patient Safety and Risk Consultant
MedPro Group*

“WE DIDN'T SIGN UP FOR THIS! VIOLENCE IN HEALTHCARE”

Violence in healthcare is higher than any other industry and mainly consists of Type II events – patient to staff violence. Organizations and staff are often not proactive in preventing aggressive events, which escalates to a more serious level and can result in harm to the patient or the staff. The Occupational Safety and Health

Administration, The Joint Commission, as well as other accreditation and professional association bodies, have been making concerted efforts to encourage healthcare institutions to focus on a safe work environment for staff. Serious harm to staff, as well as the long-term impact of consistent abuse, results in employee trauma which ultimately affects organizational patient safety efforts.

The purpose of this session is to provide attendees with a sense of urgency related to workplace violence in their organization and the need to implement strategies that can work to reduce this risk. Tools for risk reduction efforts will be provided.

Objectives:

- Discuss the reasons for the persistence of workplace violence in healthcare.
- Describe the organizational cost and impact of violence on staff.
- List concrete strategies that can be implemented to reduce patient to staff violence in the long-term care setting.

*Monica Cooke, BSN, MA, RNC, CPHQ, CPHRM, DFASHRM, CEO
Quality Plus Solutions, LLC*

AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG

2:30 p.m.

Grand Ballroom Foyer

FISCAL MANAGEMENT COMMITTEE MEETING

2 – 4 p.m.

Foster Room

WELCOME RECEPTION - SPONSORED BY AFFINITY HEALTH SERVICES, INC.

6 – 8 p.m.

Outdoor Courtyard/Salon Promenade (*Salon A - rain location*)

TUESDAY, SEPTEMBER 24

REGISTRATION

7 a.m. – noon

Grand Ballroom Foyer

CONTINENTAL BREAKFAST - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

7 – 8 a.m.

Grand Ballroom Foyer

KEYNOTE, BILL STANTON - "CRUNCH TIME! THE LEADER'S GUIDE TO PRODUCING UNDER PRESSURE" - SPONSORED BY PA HEALTH & WELLNESS

With a conference welcome by Allegheny County Executive, Rich Fitzgerald

8 - 9:15 a.m.

Salons D-E

NHA – 1.25

RC/AL - 1.25

PC - 1.25

RN – 1.25

CBDM - 1.25

"How To Be Your Best - When It Matters Most!"

Why do some people choke in high-pressure situations, while others excel? And, more importantly, how can you become the one who excels?

For 15 years, multiple Emmy Award winning executive producer and keynote speaker Bill Stainton produced under pressure - literally.



As the executive producer of Seattle's legendary comedy TV show "Almost Live!," Bill and his team had to produce exceptional results - on demand - week, after week, after week. No excuses. Each week, when the clock hit 11:30 p.m., they had to go on the air in front of a million people with a new show. Not a second early. Not a second late. And, their jobs depended on the outcome. As leaders, you face high-pressure situations as well. How can you rise to the top when it matters most?

Key Takeaways:

- Discover that the difference between choking and thriving under pressure comes down to one basic mind-set shift.
- Learn three key things to do before, and three things to do during a pressure situation to produce peak results.
- Understand the role that competence and confidence play in high-pressure situations.
- Examine the myth that some people "rise to the occasion" and do their best work under pressure.
- Walk out with actionable strategies to be your best when it matters most.

Bill Stainton, CSP

BREAKOUT SESSION - "HOW TO SUCCESSFULLY PREPARE FOR SURVEYS AND RESPONDING TO AN ADVERSE SURVEY/LICENSURE ACTION"

9:30 – 10:30 a.m.

Salons 3-4

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE - 1

CBDM - 1

Governmental oversight and scrutiny of nursing homes is at an all-time high. The provider community has seen a major overhaul of the federal requirements of participation for long-term care facilities and an increase in the imposition of civil money penalties by the Department of Health (DOH) and the Centers for Medicare & Medicaid Services (CMS). The Pennsylvania auditor general is planning a new audit of DOH and its oversight of nursing homes and DOH continues to move toward the development of updated state nursing facility licensure regulations. It is imperative for nursing facilities to ensure compliance with the LTC Final Rule and ensure implementation of the Phase 3 Requirements of Participation effective November 28, 2019. This session will address strategies and best practices for nursing facilities to consider in preparing for a survey and pitfalls to avoid during a survey. The session will also explore the appeal options and strategies available to nursing facility providers with respect to challenging deficiencies and/or the imposition of sanctions/remedies in response to an adverse survey.

*Tanya Daniels Harris, Esq., Senior Attorney
Latsha Davis & Marshall, P.C.*

BREAKOUT SESSION - "HOW IS THE IMPACT ACT IMPACTING YOU?"

9:30 – 10:30 a.m.

Duquense Room

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CBDM - 1

This session will define the IMPACT Act, describe the Intent of Section "N" items on the Minimum Data Set (MDS), list examples of clinically significant medication issues, discuss the Quality Measure (QM) and Performance Improvement Project (PIP), and interpret specific scenarios.

*Dr. Deborah A. Milito, PharmD, BCGP, FASCP, Director of Clinical and Consultant Services/LTC Chief AB Steward
Officer
Diamond Pharmacy Services*

MID-MORNING BREAK

10:30 a.m.

Grand Ballroom Foyer

BREAKOUT SESSION - "MCO PANEL"

10:45 - 11:45 a.m.

Salons 3 - 4

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

Join representatives from the three Managed Care Organizations (MCOs) involved in Community HealthChoices (CHC). CHC has been implemented in the Southwest and Southeast regions and will start in the remainder of counties on January 1, 2020. This interactive session will allow for the MCOs to answer frequently asked questions as well as respond to attendee comments and questions on anything related to CHC. The MCOs will also provide any necessary updates and program information to attendees as well as other information that will help attendees plan for or adjust to ongoing implementation of managed care in Pennsylvania.

*Norris Bennis, Vice President, Legislative & Government Affairs
PA Health & Wellness*

*Jill Blessington, Manager, Ancillary Contracting
AmeriHealth Caritas Pennsylvania*

*Andrea M. Farrell, Director, Ancillary and LTSS Network Management
UPMC Health Plan/UPMC Community HealthChoices*

BREAKOUT SESSION - "WHAT YOU NEED TO KNOW ABOUT THE NEW AID AND ATTENDANCE BENEFITS FOR VETERANS"

10:45 - 11:45 a.m.

Duquesne Room

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

The Department of Military and Veterans Affairs has finally adopted new Medicaid-type look-back rules for gifting that went into effect in October of 2018. We will review the new rules that have been implemented and discuss how they will affect planning for long-term care costs.

Objectives:

- Overall understanding of the aid and attendance benefits.
- Obtaining the latest updates to the new rules and how they will affect planning.
- Learning about when an elder law attorney can help with planning for families.

*Julian E. Gray, Esq., Certified Elder Law Attorney (CELA), Founder
Julian Gray Associates*

GENERAL SESSION - "DEPARTMENT OF HEALTH UPDATE"

noon - 1 p.m.

Salons D - E

NHA - 1

RC/AL - 1

PC - 1

RN - 1

Pennsylvania nursing facilities are currently seeing a renewed focus on surveys and fines and are operating under new Requirements of Participation. That combined with continued life safety and fire safety updates and issues, it's imperative that members remain up-to-date with information from Pennsylvania's Department of Health. This session will feature the director of the division of nursing care facilities who will provide timely information on the operations of her department as it relates to surveys and licensing. She will discuss updates and statistical data on Pennsylvania's nearly 700 nursing facilities, new emphasis from the federal government, and other issues, impacting nursing facilities from the perspective of licensing and surveys. The director of the division of safety inspection will also provide updates on critical life-safety issues.

Charles Schlegel, Director, Division of Safety Inspection
Susan Williamson, Director, Division of Nursing Care Facilities
Pennsylvania Department of Health, Division of Long-Term Care

PACAH 2019 FALL GOLF OUTING - SPONSORED BY PELICAN INSURANCE, RRG

1 – 2 p.m. - Lunch
2 p.m. - Shotgun Start
Quicksilver Golf Club
2000 Quicksilver Rd.
Midway, PA 15060

Thank you, PELICAN Insurance, RRG, for sponsoring our 2019 fall golf outing! Lunch will be available beginning at 1 p.m. Tee time is at 2 p.m. Players will be responsible for their own transportation.

PACAH 2019 AFTERNOON OUTING - SPONSORED BY FUNCTIONAL PATHWAYS

1:50 p.m. - Meet in the hotel lobby
2 p.m. - Coach bus departs
Church Brew Works

In 1993, St. John the Baptist Church's doors were closed due to financial hardship and a decrease in Lawrenceville's population. In 1996, this building was transformed into Church Brew Works, taking great care to reuse many of the church's existing features. Join PACAH and Functional Pathways for a trip to Church Brew Works for a light lunch and award-winning brews. Featured on the Food Network, don't forget to take some time to explore this beautiful and unique restaurant and brewery!

WEDNESDAY, SEPTEMBER 25

REGISTRATION

7 a.m. – 3:30 p.m.
Grand Ballroom Foyer

**CONTINENTAL BREAKFAST - SPONSORED BY AMERIHEALTH CARITAS PENNSYLVANIA
COMMUNITY HEALTHCHOICES**

7 – 8 a.m.
Grand Ballroom Foyer

GENERAL SESSION - "PACAH BUSINESS MEETING & LEGISLATIVE UPDATE"

8 - 9 a.m.
Salons D - E

PACAH's Executive Director will update members and attendees on current policy, regulatory and legislative issues impacting long-term care facilities. These updates will include information on the FY 2019-2020 budget, IGT, Community HealthChoices, and other pertinent issues. Advocacy plans and suggestions will also be discussed, as will other timely PACAH business, including PACAH Executive Board elections.

Kelly Andrisano, J.D., Executive Director
PACAH

BREAKOUT SESSION - "CMI - CAN'T MINIMIZE THE ONGOING IMPORTANCE"

9 - 10 a.m.

Salons 1 - 2

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE- 1

CBDM – 1

With all the changes in the payment models, now would be a good time to refresh your memory on case mix index (CMI). Let's review capturing the true functional level of the resident on a minimum data set (MDS). How do long-term care residents affect your quality measures?

As a nursing home administrator, director of nursing, assistant director of nursing, or certified nursing assistant (CNA), we need to understand how the long-term care residents' needs (and involvement in therapy and clinical nursing) flow on to the MDS. Reviewing the complete medical record to capture the needs of the resident on the MDS will improve your CMI while accurate documentation will be audited to maintain your quality measures. Did you know that quality measures are used by therapy to aid in long-term care advocacy programming? Did you know that CMI reports are used to identify changes in a resident and make referrals to maintain a resident's quality of life, monitor effectiveness of restorative nursing programs, and find declines prior to showing up on a quality measure report?

CNA documentation in activities of daily living, continence, and restorative programs affect your CMI. How do we educate and maintain CNA engagement? Join us in a comprehensive overview of CMI to keep the focus on our long-term care residents.

Kathy Kemmerer, NAC, RAC-CT, Nurse Consultant

Dave Lishinsky, PT, Vice President of Clinical Compliance

AdvantageCare Rehabilitation, LLC

BREAKOUT SESSION - "CAN REMOTE MONITORING HELP REDUCE HOSPITAL READMISSIONS AND HELP YOUR FIVE-STAR RATING?"

9 - 10 a.m.

Duquesne Room

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE- 1

CBDM – 1

The Centers for Medicare & Medicaid Services (CMS) implemented changes in how they calculate a nursing facility's Five-Star Quality Rating. Now, hospital readmissions of your nursing home discharges for a period of 30 days post-discharge can negatively impact your Five-Star Rating. How can you impact what happens to your residents once they leave your facility?

This program will evaluate the use of remote monitoring equipment and personal emergency response systems (PERS) as tools to help reduce avoidable readmissions after discharge from a skilled nursing facility (SNF). It will also look at the potential economic benefit of offering these telehealth tools in identifying those discharges in need and returning them to the SNF - where revenue can be generated - instead of having them be readmitted to the hospital.

Objectives:

- Understand what remote monitoring is and how it works as an "early warning system," allowing time for medical intervention before a situation escalates to a true emergency or worse.
- Discuss and understand the financial ramifications for a nursing facility when utilizing remote monitoring equipment and services to help prevent hospital readmissions.
- Explore the potential of using home health care services to actively participate in the use of remote monitoring devices for discharges from SNFs and the potential financial ramifications that would present.

- Evaluate the need, the potential benefit, and the economic impact of providing remote monitoring services to the discharges of each facility attending the presentation.

While CMS has approved a series of new billing codes that cover remote monitoring, there is still significant confusion around who can bill for these services. This presentation will provide attendees with the latest billing details and discuss a number of approaches that are being evaluated allowing SNFs, home care agencies, and physician practices to work together for the ultimate good of the senior and yet, receive appropriate compensation for the effort.

*John Whitman, MBA, NFA, Founder & Executive Director
The TRECS Institute*

MORNING BREAK

10 a.m.

Grand Ballroom Foyer

BREAKOUT SESSION - "DEALING WITH MESSY MEDICAID ISSUES: CASE STUDIES"

10:15 - 11:15 a.m.

Salons 1 - 2

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CPE- 1

CBDM - 1

This is an interactive session discussing common Medicaid eligibility problems encountered every day by nursing facilities across the commonwealth. This presentation is formatted to provide a number of hypothetical scenarios that will likely sound all too familiar to many of the attendees. The presenters will engage the audience in a discussion of the various ways in which facilities currently deal with their problems, then the presenters will outline the legal options for each scenario. Topics will range from transfer penalties, to the uncooperative family, to pursuing a pending Medicaid application after a resident expires. The goal of this presentation is to provide attendees with tips and knowledge of the tools available to address common Medicaid eligibility problems for the ultimate purpose of reducing write-offs.

Objectives:

- Understand the legal options available to address common Medicaid eligibility problems faced by providers.
- Understand when to engage the assistance of legal counsel to minimize the damage and make the legal intervention cost-effective for the facility.
- Understand and engage in a discussion with colleagues and the presenters about how other facilities are dealing with similar Medicaid eligibility problems.

*Benjamin J. Glatfelter, Esq., Shareholder
Casey L. Slotter, Esq., Associate
Kennedy, P.C. Law Offices*

BREAKOUT SESSION - "PUTTING COMPLIANCE INTO USE - BEYOND THE ELEMENTS"

10:15 - 11:15 a.m.

Duquesne Room

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CBDM – 1

Understanding basic compliance elements is a small part of the compliance environment. Putting the compliance program into use is critical. To operationalize, compliance must be integrated into the business process. Sounds simple enough, but given the highly regulated healthcare services, putting compliance into use needs to be intentional and functional in order to be successful.

Objectives:

- Considerations and every day advice on putting compliance into use in multiple lines of business within the same organization.
- Identify challenges commonly experienced by organizations attempting to put compliance into use for both large and small providers.
- Provide examples of processes and tools that can assist a compliance program's move into operating use.

*Rodney Farley, CHC, Director and VP of Post Acute Care Services
LW Consulting*

BREAKOUT SESSION - "PDPM - READY, SET, GO. LAST-MINUTE CRASH COURSE"

11:30 a.m. - 12:30 p.m.

Salons 1 - 2

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

The new Medicare reimbursement system known as the Patient Driven Payment Model (PDPM) will be effective on October 1, 2019. This session will be a last-minute crash course on the important focus areas that will impact your organization from a clinical and reimbursement perspective. It will prepare you for the upcoming clinical and reimbursement changes by reviewing the individual components of PDPM, addressing action items, providing practical examples, and preparing participants for this transition.

This session will include a breakdown of the individual rate component calculations, understanding functional scoring and score calculation, ICD-10 coding rules refresher, and diagnosis subjectivity and selection. It will also address Medicare policy updates as well as provide practical examples that brings it all together. The benefits of the session will include final PDPM preparation assistance as well as provide a venue for participants to ask any unanswered or last-minute questions.

This session will benefit: Nursing Home Administrators, Executive Directors, Directors of Nursing, MDS Nurses, Social Service Personnel, Dietary Personnel, Therapy Personnel, Admission Personnel, Billing Staff, and Accounting Personnel.

*Edward A. Klik, Jr., Partner - Health Care Services
Kristopher S. Pattison, RN, RAC-CT, Senior Manager - Clinical Consulting Services
Arnett Carbis Toothman, LLP*

BREAKOUT SESSION - "STABILIZING FOR SUCCESS: CREATING THE TEAM THAT SUPPORTS YOUR VISION"

11:30 a.m. - 12:30 p.m.

Duquesne Room

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

Workforce management is one of the complex issues facing long-term care providers in the work of skilled healthcare today. Join Quality Insights as we explore ways in which your facility can become not only the provider of choice, but also the employer of choice in your community. Attendees of this presentation will leave with a better understanding of how the use of the Quality Assurance Performance improvement process can enhance outcomes for residents, increase staff morale, and improve your bottom line.

Objectives:

- Recognize the difference between staff instability and staff turnover.
- Articulate the concepts of cultural competency and generational management.
- Implement recruiting and retention techniques that will create stabilizing change.

- Use tools such as data collection, root cause analysis and PDSA cycles to help develop a performance improvement project that focuses on team building and workforce stability.

*Patricia Austin, RN, CPHQ, Project Coordinator
Quality Insights*

PACAH AWARDS LUNCHEON

12:30 - 1:30 p.m.

Salons 3 - 4

Join PACAH as we honor fellow PACAH members for their excellence at PACAH's 4th annual awards luncheon. All attendees are welcome to attend!

BREAKOUT SESSION - "LEGAL ISSUES AND CHALLENGES ARISING FROM THE USE OF SOCIAL MEDIA AND SMART DEVICE TECHNOLOGY IN THE LONG-TERM CARE FACILITY"

1:45 - 2:45 p.m.

Salons 1 - 2

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CBDM - 1

This session will cover the many and ever-increasing legal issues associated with the growing use of social media and other technology in the long-term care industry. Smartphones, iPads and other tablets, and voice-activated devices such as the Alexa or Apple HomePod are frequently used by residents, visitors, and staff at a long-term care facility. Further, the use of these devices to take and post pictures, videos, and other recordings on social media sites such as Twitter, Instagram, Facebook or Snapchat raise additional regulatory and HIPAA issues. The speaker will address both the regulatory framework regarding the use of social media and smart-technology devices by long-term care residents, visitors, and the facility itself. The session will provide real-life examples of issues confronted by facilities, and will suggest policies, procedures, and options for addressing these matters by the facility.

*David C. Marshall, Esq., Partner
Latsha Davis & Marshall, P.C.*

BREAKOUT SESSION - "EMPLOYEE GREATNESS WITH INTENT-BASED LEADERSHIP"

1:45 - 2:45 p.m.

Duquesne Room

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CBDM - 1

Healthcare providers engaged in shared governance generally assume additional roles, responsibilities, and accountabilities as they continue to grow and develop as professionals. L. David Marquet, retired captain, U.S. Navy, developed a ladder of leadership reflected in his transformative leadership model: Intent-Based Leadership (IBL). Staff and team members - with or without a formal title or designated allocation of authority - release their talent and potential through this approach to shared decision making.

Marquet and Worshek (2018) define leadership as an embedding of the capacity for greatness in the employees and behaviors of an organization and a disengagement of personality from that of positional leaders. Allowing others to bring their talents and knowledge to the surface is critical. It is important for positional leaders to encourage staff and team members to step up and embrace their knowledge, skills, and abilities to share in decisions, to find new solutions - to lead when they can lead.

IBL allows for decisional expansion and presents opportunities to accurately and intentionally delegate decisions whenever possible. It allows managers and supervisors to shift from holding positions of privilege and control to roles of accountability, responsibility, and work. This leader-leader approach in intent-based leadership

demonstrates leaders are willing to “walk the talk” in shared decision making essential to successful shared governance and high reliability organizations.

Objectives:

- Understand the concept IBL.
- Understand how IBL is used to engage, motivate, and inspire employees, and why it's important for retention.
- Recognize the benefits and rewards of IBL.
- Understand what shared governance requires.
- Understand what is required to change course from current leadership approaches.

Tracey Graham, DNP, MSN, MSM, ARNP, FNP-C, CEN, Senior Healthcare Strategist

AFTERNOON BREAK - SPONSORED BY AMERIHEALTH CARITAS PENNSYLVANIA COMMUNITY HEALTHCHOICES

2:45 p.m.

Grand Ballroom Foyer

BREAKOUT SESSION - “LABOR AND UNION UPDATE”

3 - 4 p.m.

Salons 1 - 2

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CBDM - 1

This session will address general labor and union issues faced by administrators, executive directors, and other senior staff members in the long-term care industry, specifically, skilled nursing facilities.

*Jill M. Lashay, Esq., Shareholder
Buchanan Ingersoll & Rooney PC*

BREAKOUT SESSION - “PROVIDING ADEQUATE OVERSIGHT OF THERAPY SERVICES AND BILLING TO MINIMIZE FACILITY RISK”

3 - 4 p.m.

Duquesne Room

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CPE - 1

CBDM - 1

The timing of this presentation is perfect given the upcoming changes in the Prospective Payment System reimbursement for skilled nursing facilities. Oversight of therapy services, whether in-house or contract, is essential. The need to ensure regulatory compliance and ensure that the best possible outcomes are efficiently achieved cannot be overstated. The bottom line is, when you bill a Medicare claim using your Medicare provider number, YOU, as facility operators, are ultimately responsible.

Objectives:

- Identify the risks for different payor sources.
- Identify areas of oversight needed.
- Understand The Centers for Medicare & Medicaid Services' documentation requirements for therapy Medicare Part A and Medicare Part B.
- Understand specific strategies to minimize risk on a weekly, monthly, and ongoing basis.
- Establish processes for accurate billing and timely submission.

*Armi D. Hernandez, PT, RAC-CT, Consultant
Jennifer Matoushek, MBA/HCM, CPC, Senior Consultant
LW Consulting, Inc.*

PACAH 2019 FALL VENDOR SHOW

4 - 6 p.m.

Green Tree Grand Ballroom

Light hors d'oeuvres and a bar will keep the conversation flowing at our fall vendor show. Be sure to visit all of our vendors and receive signatures from each vendor on your booth layout map for a chance to win some great prizes!

CONFERENCE PARTY - SPONSORED BY APEX REHAB SOLUTIONS

8:30 – 11 p.m.

Salons 3 - 4

Autumn leaves are beginning to fall - join PACAH and Apex Rehab Solutions as we celebrate the fall season with an evening of snacks, open bar, and D.J. with friends and colleagues. Also, be sure to capture the memories with our conference party's very own PHOTO BOOTH!

THURSDAY, SEPTEMBER 26

REGISTRATION

7 – 11 a.m.

Grand Ballroom Foyer

CONTINENTAL BREAKFAST - SPONSORED BY PHOEBE SERVICES PHARMACY

7 – 8 a.m.

Grand Ballroom Foyer

BREAKOUT SESSION - "WEAVING THROUGH THE MAZE: PDPM, DDR VS. MRR, AND QUALITY MEASURES - A CASE STUDY"

8 - 9 a.m.

Salons 3 - 4

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE - 1

CBDM - 1

Speakers will take participants on a journey through a resident's stay from pre-admission to discharge, detailing the required steps to afford proper payment and positive quality measures outcomes. Participants will be able to identify the key components of documentation necessary to assure correct timing of a variety of assessments, accuracy of documentation, and the role of the interdisciplinary team and the consulting pharmacist as it impacts the Patient Driven Payment Model (PDPM) and quality measures.

Objectives:

- Understand the impact of timely and accurate ICD-10 and minimum data set coding related to PDPM.
- Recognize the role of pharmacy and the interdisciplinary team related to drivers of PDPM and quality measures.
- Distinguish the difference in requirements between drug regimen review and medication regimen review.
- Identify critical timing of assessment events from admission to discharge.

Lisa Gourley, RN, RAC-CT 3.0, Clinical Reimbursement Specialist

Kara Schilling, RN, RAC-CT 3.0, Clinical Reimbursement Specialist

Margaret Turner, RN, RAC-CT, Senior Director, Clinical Reimbursement Complete HealthCare Resources - Eastern, Inc.

*Forrest Moore, PharmD, Director of Clinical Services and Consultant Pharmacist
GardaRx, LLC*

BREAKOUT SESSION - "DESIGNING ACTIVITY AND WELLNESS PROGRAMS FOR INDIVIDUALS WITH COGNITIVE DEFICITS"

8 - 9 a.m.

Duquesne Room

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CBDM – 1

This presentation will include information on using a collaborative approach that will facilitate individuals with impaired cognition to live an active, full life. Participants will learn about tools that can be utilized to develop programs that address the seven dimensions of wellness and brain health. Information will be provided on principles of failure-free programming based on the patients' cognitive level. This session will include activities that will provide participants an opportunity to utilize the information presented.

Objectives:

- Articulate how team members can work together to develop wellness programs for individuals with cognitive impairment.
- Identify various tools that can help develop optimal wellness programs for patients with cognitive impairment based on the patients' cognitive level.

*Angela Edney, MSA, OTR/L, National Clinical Director
Aegis Therapies*

MORNING BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

9 a.m.

Grand Ballroom Foyer

BREAKOUT SESSION - "HR COMPLIANCE IN AN OPIOID WORLD"

9:15 - 10:45 a.m.

Salons 3 - 4

NHA – 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CBDM - 1.5

This panel discussion will cover an overview of key human resources and compliance issues including The Occupational Safety and Health Administration, subpoena response, HIPAA, Family Medical Leave Act and Pennsylvania's Prescription Drug Monitoring Program.

In addition to covering the basics of the key areas, we will discuss nuances in light of the opioid crisis in Pennsylvania and the impact on long-term care providers both with respect to employees and the residents for whom opioids are such an integral part of their treatment plan.

We will provide hypothetical real-life scenarios and we will also consider the impact of opioids with respect to resident rights and payment issues, particularly when either a resident or next of kin may have a substance abuse issue.

Nora Gieg Chatha, Esq., Shareholder, Co-Chair Estate & Trusts/Investments Management & Fiduciary Services Group

Danielle L. Dietrich, Esq., Shareholder

Katherine Koop Irwin, Esq., Shareholder

Kenneth G. Scholtz, Esq., Shareholder, Chair, Workers' Compensation Group

Tucker Arensberg, P.C.

BREAKOUT SESSION - "STEPS TO PREVENTING IMMEDIATE JEOPARDY IN THE AREAS OF PRESSURE INJURY, FALLS, AND WEIGHT LOSS"

9:15 - 10:45 a.m.

Duquesne Room

NHA – 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CBDM - 1.5

The number of immediate jeopardies has risen drastically over the last year. Each incident can lead to more than one citation. With the daily penalty amounts rising, it is imperative to identify and reduce potential risks. Your rehabilitation team should be a resource in developing person-centered care plans and educational support for your team. We will be discussing treatment approaches, clinical pathways, best practices, and modalities that will help reduce the risk of citations.

Objectives:

- Describe in detail a comprehensive risk program that starts with preadmission planning to reduce risk of injury/harm.
- Describe the impact that therapy can have on weight loss, choking, falls, and pressure injury through programming.
- Describe potential pitfalls within therapy programs that could leave your facility open to risk.

*Heather Meadows, CCC/SLP/CDP, Executive Director of PA
Premier Therapy, LLC*

GENERAL SESSION - "OFFICE OF LONG-TERM LIVING/FISCAL OFFICERS GROUP MEETING"

11 a.m. - noon

Salons D - E

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CPE - 1

CBDM - 1

The Department of Human Services' (DHS) Office of Long-Term Living (OLTL) staff will report on current initiatives, including a focus on Community HealthChoices in Pennsylvania. The discussion will include implementation in the Southeast zone, status of the Southwest, any ongoing issues, payment of claims, etc. Other initiatives being undertaken by OLTL and DHS will also be discussed as well as the 2019-2020 FY Budget.

*Edward P. Frigo, Director, Fiscal Services
Premier Healthcare Resources*

*Kevin Hancock, Deputy Secretary
PA Department of Human Services, Office of Long-Term Living*

*Daniel Sharar, Director, Bureau of Finance
PA Department of Human Services, Office of Long-Term Living*

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in its role as the leading voice for Pennsylvania's diverse health care and living communities. **Congratulations on a great 2019 Fall Conference!**

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PACAH now also offers continuing education credits for assisted living and personal care administrators at our conferences **AND** will be offering additional educational opportunities focused on issues specific to personal care and assisted living entities.



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2019 FALL CONFERENCE SOCIAL OFFERINGS

9/23/19 - WELCOME RECEPTION

Join Affinity Health Services, Inc. and PACAH for hors d'oeuvres and an open bar from 6 - 8 p.m., as we kick off our 2019 Fall Conference!

9/24/19 - FALL GOLF OUTING

PELICAN Insurance, RRG is hosting our 2019 fall golf outing at Quicksilver Golf Club. Lunch is available at 1 p.m. Tee time is 2 p.m.

9/24/19 - FALL AFTERNOON OUTING

Join Functional Pathways for a trip to Church Brew Works for lunch and samplings of handcrafted beer. Coach bus departs the hotel at 2 p.m.

9/25/19 - FALL VENDOR SHOW

Meet one-on-one with exhibitors from 4 - 6 p.m. at our vendor show. Snacks and an open bar will keep the conversation flowing!

9/25/19 - CONFERENCE PARTY

Apex Rehab Solutions is celebrating the fall season! Beginning at 8:30 p.m., join us for light snacks, open bar, D.J., and a PHOTO BOOTH!

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**Susan Williamson
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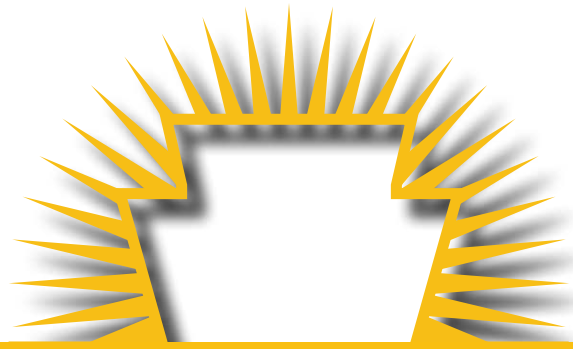
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