



September 13 - 15th Hilton Harrisburg Harrisburg, PA

# FALL CONFERENCE



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For more information on PELICAN, please contact Andrew Smith at asmith@pacounties.org or at (717) 736-4769.



# Welcome from PACAH's Executive Director

Dear PACAH members and conference attendees -

Welcome to PACAH's 2021 Fall Conference. We are excited to announce that we are finally back in-person – sort of! This year's fall Conference is PACAH's first hybrid conference where we will be offering both in-person and virtual options for attendees. It's the dawning of a new age!

We are all aware of the challenges we have faced, and continue to face, with COVID-19. Thus, I am not going to belabor the point of how times have been tough, and we will get through this. We all understand the COVID-19 has changed the way society views longterm care, most likely forever. With that being said, we wake up each morning facing these new challenges head-on. We must remain resourceful and fluid, willing to approach each challenge as an opportunity to better the life of residents, staff, and our facilities.

This is how we have approach this year's fall Conference. Offering a hybrid option has allowed PACAH to offer new programing to members who aren't able to attend in person. It has allowed us to expand our offerings to licensed professionals who normally aren't part of PACAH conferences. It has pushed us to think outside the box and cause us to question if the way things have always been done if the best way for today. As you accept the challenges of your facility, we accept the challenge to try and offer the best we can while keeping everyone safe.



As we move into fall 2021, I want to, again, express my deepest gratitude towards all the work PACAH members have done over the last 20 months. I am certain the COVID-19 pandemic will be something we share for the rest of our life. We hope everyone enjoys the Conference, whether you attend in-person or virtually.

Along with our President, Andrew Naugle, Executive Board, and Kim, I want to thank everyone for making this conference possible.

Chase Cannon Executive Director, PACAH

Chase Cannun



# Our Community. Our Health.



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PACAH 2021 Fall Conference

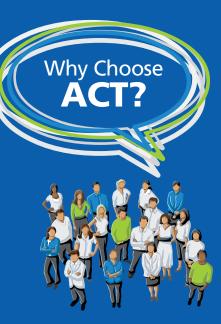
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### **Affinity Health Services - Welcome Reception**

affinityhealthservices.net Denise McQuown-Hatter, NHA, President and CEO (877) 311-0110 dmh@affinityhealthservices.net

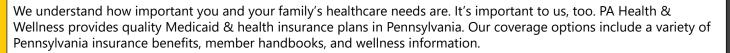


Senior Community Management and Consulting Services

Affinity Health Services is in the business of management and advisory services for nursing and assisted living facilities, and retirement communities that thrive for efficient and effective operations. Our mission is to share our affinity for providing consulting and management by customizing services while achieving balance between care and financial stability. We operate in an environment of serving the resident and customer first, offering management and consulting services, operational and clinical support, financial advisory, and marketing referral support.

### PA Health & Wellness - Wednesday's Lunch

pahealthwellness.com Keri Harmicar Director, Marketing & Community Engagement (717) 551-8031 keri.l.harmicar@pahealthwellness.com



## Premier Therapy, LLC - Hotel Room Key Cards

embracepremier.com Scott M. Slipko, Business Development Manager (724) 417-8840 sslipko@embracepremier.com



pa health & wellness

With award-winning leadership, Premier Therapy has the track record of proven results. We work with skilled nursing facilities, providing innovative care for both short-term rehab and long-term patients. Our highly-trained team of managers, therapists, systems and signature programs exceed our customers' clinical and financial expectations. Our take-charge corporate team provides hands-on personalized care delivering blue chip expertise with a personal home-town feeling. This is what differentiates us between other therapy providers.

### **PELICAN Insurance, RRG - PELICAN Training**

pacounties.org/Insurance/PELICAN/Pages/default.aspx Andrew C. Smith, Risk Control Specialist/PELICAN Marketing Specialist (717) 736-4769 asmith@pacounties.org



PELICAN Insurance is a risk retentions group (RRG) based out of Vermont and is a sponsored program of PACAH. PELICAN provides general liability and professional liability insurance coverage to all nursing homes in Pennsylvania and Maryland. PELICAN offers dedicated and personal risk control and claims representatives who are focused on providing excellent customer services to PELICAN members. PELICAN is a non-profit group so they regularly return surplus to their members as dividends.

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## Advantage - Online Registration

feeltheadvantage.com Amy Hancock, OT, President/CEO and Co-Owner (844) 275-2205 ahancock@feeltheadvantage.com

The consultants, practitioners, and health care providers at Advantage work together to achieve one mission: to help people get healthier and achieve independence to improve

their outlook and quality of life. Whether you are a facility administrator seeking to improve patient outcomes, or a medical administrator looking for highly qualified and experienced therapists or nurses to fill staffing gaps, the Advantage team can help. That's why we're the ones repeatedly selected to help people heal at home and in residential facilities.

### Complete HealthCare Resources - Eastern, Inc. - CEU Tracking

completehealthcareresources.com Ed Balliet Chief Operating Officer (570) 690-6844 eballiet@chrmail.com

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Advantage

We serve a wide range of not-for-profit, county and for-profit elder care communities. We are the region's "go to" experts on timely trends and developments in this rapidly changing industry. But most of all, we have never wavered from our goal of helping providers deliver exceptional care, one person at a time. Our clients include long-term and personal care facilities as well as assisted living homes and residential retirement communities.

### Kennedy, PC Law Offices - Registration

kennedypc.net John N. Kennedy, Esq. President & CEO (717) 233-7100 jkennedy@kennedypc.net



Long-term care facilities face unique legal challenges. At Kennedy, PC Law Offices, this is our primary area of practice, and our specialization affords us considerable resources to employ on your behalf. No matter the scope of the issue that your organization is confronting, our team is prepared to assist you. As a provider of long-term care, you have two priorities: the success of your organization and the well-being of your patients.

### Allstar Therapies, Inc. - 9/15 Morning Break

allstartherapies.com Tim Kubistek, MPT, CSCS Vice President of Operations (724) 327-3553 tkubistek@allstartherapies.com



Allstar Therapies, Inc. is committed to promoting continued excellence through a patient-centered continuum of care model in every setting. Our objective is to improve physical and cognitive health and achieve improved functional outcome success and client sustainability with integrity, ethical standards, and compassionate care.

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#### Absolute Rehabilitation & Consulting Services, Inc. Tote Insert

abshealth.com John Vesely Director of Business Development (330) 704-5383 jvesely@abstherapy.com Across our multiple divisions, we touch people's lives in their homes and in long-term care facilities. We address health needs related to physical therapy, medications, in-home nursing services, independent living assistance like meal preparation and companionship, and end-of-life care. If you or a loved one requires health-related services outside



of a hospital or doctor's office, Absolute Health Services will be there.

### Arnett Carbis Toothman, LLP Tote Insert

actcpas.com Michael J. Kessler, CPA, CGMA Partner - Health Care Services (724) 658-1565 Mike.Kessler@actcpas.com  Leaders in accounting and consulting since 1946.
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#### Trinity Rehab Services Tote Insert

trinityrehabservices.com Susie Murtha, MS, CCC-SLP, RAC-CT Area Manager (412) 327-9650 Susie.Murtha@TrinityRehabServices.com Trinity Rehab Services is a full solution provider of contract Physical Therapy, Occupational Therapy, and Speech Therapy services in post-acute care settings. W build strong, reliable partnerships with an emphasis on



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AdvantageCare Rehabilitation and Advantage Home Health Services comprise the Advantage Group of Companies, built around providing a true integrated continuum of care for our partners. As post-acute providers, Advantage explores new ways for our partners to deepen the value of their services, optimize efficiencies, while reducing costs and focusing on outcomes and quality care.

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#### Moving Forward — Beyond Therapy

Trinity Rehab Services is dedicated to true partnership through comprehensive integration with our Partners' teams and services. We go *beyond* the Rehabilitation Department offering expertise in various areas related to Patient Care and Business Administration.

#### *़\_\_*∑ Staffing *Beyond* Therapy

- Recruitment services for <u>all</u> open positions from leadership to direct care staff
- Utilizing therapy staff to assist with facility staffing needs
- Partnering with Nursing to manage the Restorative Nursing Program

#### *≡*∑ Consulting *Beyond* Therapy

- Technology Integration
- Reimbursement
- Compliance
- State Readiness
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- Attendance at Marketing Events
- Accompanying Patients to Physician Visits
- Organization of Home Health, Outpatient Services, and Wellness Programs
- Provision of Education for ALF, ILF, HH, and the Community

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- Specialty Programming related to care risk areas
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For additional information, please contact us at info@trinityrehabservices.com or 850-896-5015

PACAH 2021 Fall Conference



# 2021 Fall Conference

... AT A GLANCE

# **MONDAY, SEPTEMBER 13TH**

10 a.m noon	PACAH Executive Board Meeting (Private)
11 a.m 4 p.m.	Registration
1 - 4:15 p.m.	PELICAN Training - Emergency Preparedness - a Full Time Challenge
2:30 - 3:30 p.m.	Afternoon Snack Break
2 p.m 4 p.m.	Fiscal Management Committee Meeting (Private)
5 - 7 p.m.	Welcome Reception

# **TUESDAY, SEPTEMBER 14TH**

7 - 8 a.m.	Continental Breakfast
7 a.m 4 p.m.	Registration
8 - 9 a.m.	Keynote Speaker - Kelly Swanson - Creating a Story Driven Team
9:30 - 10:30 a.m.	Cyberterrorism: Attack on the Core Infrastructure
9:30 - 10:30 a.m.	Interdisciplinary Approach to Cognitive Impairment
10:30 - 11:30 a.m.	Morning Snack Break
10:45 - 11:45 a.m.	Medicaid Eligibility: Current Solutions to Common Problems
10:45 - 11:45 a.m.	Do We Need Healthier Buildings? What are they - How do We Get There?
11:45 a.m 12:45 p.m.	Lunch
1 - 2 p.m.	Pennsylvania Department of Health Update
2:15 - 3:15 p.m.	Defensive Documentation



2:15 - 3:15 p.m.	Apology - Do I, or Don't I?
3:15 - 4:15 p.m.	Afternoon Snack Break
3:30 - 4:30 p.m.	Long-Term Care Admissions Agreements
3:30 - 4:30 p.m.	Improved Quality Measures through Comprehensive Pain Management

# WEDNESDAY, SEPTEMBER 15TH

7 a.m 4 p.m.	Registration
8 - 9 a.m.	PACAH Business Meeting, Legislative Update & Breakfast
9:15 - 10:15 a.m.	Understanding OSHA's COVID-19 ETS
10:15 - 11:15 a.m.	Morning Snack Break
10:30 - 11:30 a.m.	Looking for Will Robinson - Artificial Intelligence in Senior Care
10:30 - 11:30 a.m.	Improving Clinical Outcomes and INcreasing Census: Influence Quality Measures and Mitigate Risk with Live Data
11:30 a.m 1:30 p.m.	Vendor Show & Lunch
1:45 - 2:45 p.m.	MCO Panel
1:45 - 2:45 p.m.	The Data of Wound Care in the Nursing Home

Full Conference agenda begins on page 16



### **CREDIT APPROVAL NOTICE**

2021 FALL

**CONFERENCE AGENDA** 

The 2021 fall educational offerings have been submitted to the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) for 19.5 total credit hours for Nursing Home Administrators and 19.5 total credit hours for Assisted Living Residence Administrators. (13.5 maximum available) Program Approval Code: 20220912-19.50-A78011-IN

PACAH is an approved provider through the Department of Human Services Bureau of Human Services Licensing. Total CEUs available: 11

This program offers 19.5 total credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing. (13.5 maximum available)

PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 8 total credit hours.

This program has been approved for continuing education (CE) hours by the Certifying Board for Dietary Managers for 19.5 General CE Hours. Approval #165923 (13.5 maximum available)

#### **CEU LEGEND**

NHA - Nursing Home Administrators RC/AL - Assisted Living Administrators PC - Personal Care Home Administrators CBDM - Dietary

**RN** - Nursing **CPE** - Fiscal



### **CERTIFICATES OF ATTENDANCE**

Certificate of attendance retreival information will be distributed via email by October 12, 2021. NAB/Ncers CEUs will be uploaded to the registry per NAB/Ncers guidelines.

# **MONDAY, SEPTEMBER 13TH**

PACAH EXECUTIVE BOARD MEETING AND LUNCH (PRIVATE)

10 a.m. - noon **Governor Board Room** 

#### REGISTRATION

11 a.m. - 4 p.m. **Bridgeport Board Room** 

#### GENERAL SESSION - PELICAN TRAINING - "EMERGENCY PREPAREDNESS - A FULL TIME CHALLENGE"

1 - 4:15 p.m. NHA – 3 **RC/AL - 3** PC - 3 RN – 3 CBDM - 3

Emergency preparedness has become more of a challenge than ever before. The types of incidents we deal with today are dynamically different from what we were dealing with just a few years ago. And, federal and state regulatory agencies have gotten involved, and are passing regulations that make true "emergency preparedness" a full time challenge.

In this session, Steve Wilder, a nationally recognized healthcare safety and security specialist and a frequent PACAH speaker, will look at the concept of emergency preparedness, how to identify your likely vulnerabilities, how to build your plan, and how to test your plan and your people. In addition, Steve will talk about the recent steps taken by the Occupational Safety and Health Administration (OSHA) as it relates to COVID, and will provide direction on what to do to prepare for an OSHA visit, and how to respond when/if OSHA shows up.

Objectives:

- Be able to explain the purpose of a Hazard Vulnerability Assessment (HVA), what is included in the HVA, and how to use the HVA to develop your plan.
- Explain the concept of the Nursing Home Incident Command System (NHICS) and the Assisted Living Incident Command System (ALICS) and how to incorporate Incident Command into your Emergency Operation Plan.
- Identify and explain three types of emergency preparedness drills.
- Explain the new position taken by OSHA regarding protecting healthcare workers from COVID-19 in long-term care facilities

Steve Wilder, BA, CHSP, STS, COO Sorensen Wilder & Associates

#### AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG

2:30 - 3:30 p.m. Pre-Lancaster Ballroom

#### FISCAL MANAGEMENT COMMITTEE MEETING (PRIVATE)

2 - 4 p.m. Governor Board Room

#### WELCOME RECEPTION - SPONSORED BY AFFINITY HEALTH SERVICES, INC.

5 - 7 p.m. Metropolitan Room

# **TUESDAY, SEPTEMBER 14TH**

# REGISTRATION

7 a.m. - 4 p.m. Bridgeport Board Room

#### **CONTINENTAL BREAKFAST**

7 - 8 a.m. Pre-Lancaster Ballroom

#### **GENERAL SESSION - KEYNOTE, KELLY SWANSON - "CREATING A STORY DRIVEN TEAM"**

8 - 9 a.m. Lancaster/Gettysburg Ballroom NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

#### Help Your Team Connect and Engage Through the Power of Your Story

Is your team burned out and dealing with a lot of stress and change? Well, this is the perfect program for you. Kelly will get both you and your team tapped back into passion and purpose for what they do and why it matters. Kelly uses story to show your employees how their small piece in this puzzle makes



#### PACAH 2021 Fall Conference

a big difference to the lives of others. Not just so they are told they matter - but that they are SHOWN they matter.

Kelly will teach the key principles that keep a team working together instead of apart, by helping them get a renewed sense of passion for their organization, company, or facility story. She will also show you how to cultivate a healthy attitude that makes work not feel so much like work.

This is NOT a program on dealing with difficult people. This is not another program on dealing with millennials. This is a program on how to connect and engage with the people you serve - how to motivate each other and ourselves. This is based on the idea that getting a team engaged happens when you connect them to the company story - when you connect to the employee story - and when you connect to the story of the people you serve.

Audience Take-Aways

- · Learn Kelly's six secrets to connect and engage
- Learn how to rewrite your inner script to deal with stress and change
- · Learn how to inspire and motivate others through story
- Practice connecting through story
- · Learn some basic networking skills that connect and engage

Kelly Swanson, Award-Winning Storyteller, Funny Motivational Speaker, Strategic Storyteller

#### BREAKOUT SESSION - "CYBERTERRORISM: ATTACK ON THE CORE INFRASTRUCTURE"

Delaware/Juniata Ballroom 9:30 - 10:30 a.m. NHA - 1 RC/AL - 1 PC - 1 RN - 1 CBDM - 1

Cyberterrorism has been in the news for quite some time and seems to be in the headlines on a daily basis. Cyberterrorism is becoming or has become the primary method of bad actors acting on behalf of nation states to cause severe disruption or widespread fear in society. Their main goal has been to attack the core infrastructure of society to interrupt the way of life of others. The end result is the spread of fear, interruption in the economy, interruption in key services, food supply, basic utilities, health care services and financial services among others.

Understanding cyberterrorism and the cybersecurity that is used to combat cyberterrorism is critical. In this session, we will highlight and discuss the recent trend of the cyber-attacks on core components of infrastructure with a focus on how the healthcare industry is at the core of the critical infrastructure throughout the world and a primary target of the bad actors. A discussion on the methods used by the bad actors while conducting the cyber-attacks will be addressed. In addition, the ongoing controls will be discussed and identified along with the recent trends to combat the ongoing battle with cyberterrorism.

Objectives:

- Provide attendees an increased understanding of the direction of cybercriminals/bad actors regarding their desired targets and the risk to the healthcare industry.
- Provide attendees with an understanding of the trends in the attack methods utilized by the cybercriminals.
- An identification of the ongoing controls including the recent trends implemented to combat cyberterrorism along with the attendees' role in implementing the controls.

*Christopher E. Joseph, CPA, CISA, CRISC, CITP, Partner – Consulting Services Arnett Carbis Toothman LLP* 

#### BREAKOUT SESSION - "INTERDISCIPLINARY APPROACH TO COGNITIVE IMPAIRMENT"

Susquehanna/Allegheny Ballroom 9:30 - 10:30 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

18

With our residents and family members reuniting, this presentation allows for an overview of an interdisciplinary approach to your residents' overall health and safety. Cognitive declines can affect all aspects of Activities of Daily Living. We will be reviewing approaches and interventions to help with maintaining the highest level of function for your residents while maximizing personal safety and promoting resident dignity. This system may include internal compensatory strategies and/ or external environmental/visual cues. You will learn how a patient-centered approach will decrease behaviors and increase a resident's feelings of self-worth. The goal is to involve the interdisciplinary team in promoting the resident's safety and independence with all functional daily living tasks.

Lisa A. Beck, MS, CCC, SLP, Clinical Director AdvantageCare Rehabilitation, LLC

#### **MORNING SNACK BREAK**

10:30 - 11:30 a.m. Pre-Lancaster Ballroom

#### **BREAKOUT SESSION - "MEDICAID ELIGIBILITY: CURRENT SOLUTIONS TO COMMON PROBLEMS"**

Delaware/Juniata Ballroom 10:45 - 11:45 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CPE - 1 CBDM - 1

Through an interactive session using real-world examples, the presenters will discuss current solutions to the most common Medicaid eligibility problems that continue to plague nursing homes across the Commonwealth, including uncooperative residents and family members, transfer penalties, collection matters, BHA stipulations and much more. While doing so, the presenters will bring the audience up-to-date on the current status of any COVID-19 related changes implemented in 2020 and 2021.

John N. Kennedy, Esq., Founder, President & CEO Benjamin J. Glatfelter, Esq., Shareholder Casey L. Slotter, Esq., Attorney Kennedy, PC Law Offices

### BREAKOUT SESSION - "DO WE NEED HEALTHIER BUILDINGS? WHAT ARE THEY, HOW DO WE GET THERE?"

Susquehanna/Allegheny Ballroom 10:45 - 11:45 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

Due to the increased intensity of study of how the coronavirus is spread comes renewed interest in the healthcare physical environment, and in particular, its role in infection prevention. This session will inform attendees of current and upcoming standards and materials for "better" buildings. Beginning with a review of existing and emerging healthy building standards, and certifications such as Leadership in Energy and Environmental Design (LEED) and the WELL Building Standard, discussion with touch on building codes, Facility Guidelines Institute (FGI) guidelines, and related references. Healthier and more environmentally friendly materials used in renovation and new construction, as well as mechanical and lighting systems will be reviewed. Air quality issues will be presented covering air filtration for pathogens. The presentation will also cover current advances in lighting to more closely align with human circadian rhythms. Lastly, discussion will also include how outdoor spaces, and natural lighting can help contribute to a healthier overall environment.

Walt Zapor, Senior Associate KCBA Architects

Nick Kaintz, Vice President Snyder Hoffman Associates 11:45 a.m. - 12:45 p.m. Pre-Lancaster Ballroom

#### **GENERAL SESSION "PENNSYLVANIA DEPARTMENT OF HEALTH UPDATE"**

Lancaster/Gettysburg Ballroom 1 - 2 p.m. NHA – 1 RC/AL - 1 PC - 1

RN – 1 CBDM - 1

This session will feature the director of the division of nursing care facilities who will provide timely information on the operations of her department as it relates to surveys and licensing. She will discuss updates and statistical data on Pennsylvania's nearly 700 nursing facilities, new emphasis from the federal government, and other issues, impacting nursing facilities from the perspective of licensing and surveys. The director of the division of safety inspection will also provide updates on critical life-safety issues.

Charles Schlegel, Director, Division of Safety Inspection Susan Williamson, Director, Division of Nursing Care Facilities Pennsylvania Department of Health, Division of Long-Term Care

#### **BREAKOUT SESSION - "DEFENSIVE DOCUMENTATION"**

Delaware/Juniata Ballroom 2:15 - 3:15 p.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

In today's litigious culture, documentation in the medical record is the primary source utilized when it comes to trying to defend the care and services that have been provided. This session is geared toward providing strategies and key elements in medical record documentation to meet the challenges of documenting defensively.

Objectives:

- Review the role of the medical record in litigation
- Describe key requirements of a defensible medical record
- · Understand how the medical record is used to prove/disprove allegations

Angela M. Huffman, RN WCC, Vice President of Clinical Services Affinity Health Services

#### BREAKOUT SESSION - "APOLOGY - DO I, OR DON'T I?"

Susquehanna/Allegheny Ballroom 2:15 - 3:15 p.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

Apology and disclosure, is a balancing act faced by risk managers in any part of the healthcare industry, but perhaps more so in the arena of continuing care communities, skilled nursing and long-term care facilities. The basic tenant of a safe and secure residence is a mainstay in these communities. This session will address the issues faced by administration and risk management when confronted with a patient safety incident, including disclosure and potentially an apology for same. While disclosure of patient safety incidents is mandatory, an accompanying apology is not. Many healthcare providers want to offer an apology when something untoward happens, but are concerned about the effect of expressing sympathy and/ or regret to a patient/resident/family member should the incident result in litigation. In acknowledgment of this concern,

numerous states have enacted so called "Apology" statutes specifically intended to protect healthcare providers from having an apology used against them in future litigation under certain circumstances. We will examine and discuss Pennsylvania's "Apology" statute and compare it to other states' statutes and how an effective expression of sympathy and regret during disclosure of a patient safety incident can trigger statutory protection should the patient/resident/family decide to pursue litigation.

Roseann Lynn Brenner, Esq., Member Elizabeth Syer-Ashmore, Esq., Member Goldfein and Joseph, P.C.

#### **AFTERNOON SNACK BREAK**

3:15 - 4:15 p.m. Pre-Lancaster Ballroom

#### **BREAKOUT SESSION - "LONG-TERM CARE ADMISSION AGREEMENTS"**

Delaware/Juniata Ballroom 3:30 - 4:30 p.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

This course is intended to provide information about admission agreements at long-term care facilities and communities and how these agreements should be reviewed with scrutiny. This course will address general contract principles in the context of these agreements, including a review of the Pennsylvania filial responsibility law. This course will also address providing financial information to a long-term care facility as part of an application for admission. Other matters to discuss include the importance of a power of attorney or legal representative to assist in this process, the ability to negotiate admission agreements, the necessary parties to these agreements, and understanding the duration and/or early termination of these agreements.

Nora Gieg Chatha, Esq., Shareholder Jennifer Bittel Derby, Esq., Associate Tucker Arensberg, P.C.

#### BREAKOUT SESSION - "IMPROVED QUALITY MEASURES THROUGH COMPREHENSIVE PAIN MANAGEMENT" Susquehanna/Allegheny Ballroom

3:30 - 4:30 p.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

Pain is likely the number one cause of impaired function, increased behaviors and re-admissions to the hospital. Therefore, it is vital to have a comprehensive pain management program that analyzes and establishes accountability in your facility. Join us to learn more about assessment and treatment of pain in a variety of diagnoses as well as how pain affects quality measures, resident's long-term outcomes and quality of life. We will discuss the structure and components of a comprehensive pain management program that is effective, and outcomes driven.

Objectives:

- Participant will be able to perform and describe pain assessment and treatment plans for a variety of diagnoses.
- Participant will be able to explain how pain affects patient outcomes.
- Participant will be able to describe a comprehensive pain management program that enhances quality of life of residents and decrease burden of care of staff and families.

Heather Meadows, CCC/SLP, Executive Director of PA, CDP Premier Therapy, LLC

# WEDNESDAY, SEPTEMBER 15TH

#### REGISTRATION

7 a.m. - 4 p.m. Bridgeport Board Room

#### **GENERAL SESSION - "PACAH BUSINESS MEETING, LEGISLATIVE UPDATE & BREAKFAST"**

Lancaster/Gettysburg Ballroom 8 - 9 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

PACAH's Executive Director will update members on current policy, regulatory and legislative issues impacting long-term care facilities. These updates will include information on funding, IGT, Community HealthChoices, COVID-19, and other pertinent issues.

Chase Cannon, Executive Director PACAH

#### **GENERAL SESSION - "UNDERSTANDING OSHA'S COVID-19 ETS"**

Lancaster/Gettysburg Ballroom 9:15 - 10:15 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

The Occupational Safety and Health Administration (OSHA) has issued mandatory requirements for nursing homes, personal care homes, assisted living facilities and other healthcare employers to protect workers from COVID-19. These new regulations went into effect July 21, 2021, and OSHA has begun inspections applying these new requirements.

This session will review OSHA requirements for healthcare employers including but not limited to mandatory training, job protection and payments to employees, written respiratory protection program elements, environmental modifications and nonretaliation.

Objectives:

- Compare their existing respiratory protection programs to OSHA requirements
- Understand medical removal provisions and payment obligations

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• Be prepared for an OSHA investigation

Paula G. Sanders, Esq., Principal and Co-Chair, Health Care Practice Group, Chair COVID-19 Task Force Post & Schell, P.C.

#### **MORNING SNACK BREAK**

10:15 - 11:15 a.m. Pre-Lancaster Ballroom

#### BREAKOUT SESSION - "LOOKING FOR WILL ROBINSON - ARTIFICIAL INTELLIGENCE IN SENIOR CARE"

Delaware/Juniata Ballroom 10:30 - 11:30 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CPE - 1

#### CBDM - 1

Through the integration of artificial intelligence (AI), the long-term care industry can strategically serve seniors better by making treatment more effective and efficient.

Attendees will learn:

- How automated data analysis assists staff with the information needed to fully personalize patient care.
- How improved technology can reduce the amount of time spent on administrative tasks, allowing them to focus on the more human-centered aspects of their roles.
- How certain technologies can alleviate isolation for seniors.
- · How wearable tech and remote monitoring can greatly enhance Independence without jeopardizing safety.
- What are the legal implications of AI: (a) Informed consent, (b) safety and transparency (c) effectiveness (d) data protection/privacy, (e) cyber-security and (f) liability.
- How to protect the facility and the residence through careful vendor contracting.

Cynthia A. Haines, Esq., Principal and Co-Chair, Information Privacy & Security Practice Group Post & Schell, P.C.

# BREAKOUT SESSION - "IMPROVING CLINICAL OUTCOMES AND INCREASING CENSUS: INFLUENCE QUALITY MEASURES AND MITIGATE RISK WITH LIVE DATA"

Susquehanna/Allegheny Ballroom 10:30 - 11:30 a.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CPE - 1 CBDM - 1

The COVID-19 pandemic has exposed a lot of inefficiencies within healthcare - one of the largest being the ability to access and analyze live patient data to improve clinical and financial outcomes.

During this session we will discuss how to leverage live electronic health record (EHR) data to improve facility quality measures and mitigate risk. We'll explore what quality measures truly mean to the clinical well-being of your patients, how they impact Five-Star Quality Ratings, and which ones are of most interest to hospitals and payers. Through this understanding, we'll show you strategies you can use to improve your five-star rating and increase referrals with healthcare partners and the community. Finally, we will take a look at how the use of live data is enabling clinical leaders to quickly identify their most at-risk patients to mitigate that risk and improve outcomes.

Objectives:

- · Identify and improve quality measures prior to the patient triggering on the Minimum Data Set
- Understand inherent clinical crosswalks to mitigate risk
- · Learn techniques to improve your Five-Star Quality Rating
- · Implement strategies to improve census outcomes

Target Audience: Nursing Home Administrators, Director of Nursing, RNAC, Business Development, Admissions

Tricia Whaley, Senior Director, Provider Relations Complete HealthCare Resources – Eastern, Inc

Cheryl Scalzo, RN, Clinical Account Specialist Real Time Medical Systems

#### PACAH 2021 FALL VENDOR SHOW & LUNCH

Carlisle/York/Lebanon Ballroom 11:30 a.m. - 1:30 p.m. Delaware/Juniata Ballroom 1:45 - 2:45 p.m. NHA - 1 RC/AL - 1 RN - 1 CPE - 1 CBDM - 1

Join representatives from the three Managed Care Organizations (MCOs) involved in Community HealthChoices (CHC). This interactive session will allow for the MCOs to answer frequently asked questions as well as respond to attendee comments and questions on anything related to CHC. The MCOs will also provide any necessary updates and program information to attendees as well as other information that will help attendees plan for or adjust to ongoing implementation of managed care in Pennsylvania.

Norris Benns, Vice President, Legislative & Government Affairs PA Health & Wellness

Jill Blessington, Manager, Ancillary Contracting AmeriHealth Caritas Pennsylvania

Andrea M. Farrell, Director, Ancillary and LTSS Network Management UPMC Health Plan/UPMC Community HealthChoices

Moderator: Chase Cannon, Executive Director, PACAH

#### **BREAKOUT SESSION - "THE DATA OF WOUND CARE IN THE NURSING HOME"**

Susquehanna/Allegheny Ballroom 1:45 - 2:45 p.m. NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM - 1

Wound-care presents unique regulatory risks in the nursing home market. Nursing home administrators have reacted by implementing Quality Assurance and Performance Improvement (QAPI) systems to mitigate these risks. These QAPI generally focus on the micro-trends in that single nursing home, or in homes in their corporate unit. However, there exists a growing body of both national and state-level data that can strengthen QAPI and risk-management.

Nursing home administrators need to understand the trends in this data to build robust QAPI and risk-management related to wound-care.

This presentation will provide national data related to wound-care that will aid nursing home administrators in understanding the nature and scope of regulatory risks of wound-care in the nursing home market. Nursing home administrators need to understand the trends in this data to build robust QAPI and risk-management related to wound-care.

Objectives:

- Define the regulatory risks related to wound care in the nursing home market
- Define the wound-care datasets related to wound care in the nursing home market
- · Discuss the wound-care data on a national and Pennsylvania nursing home market
- Explore the emerging trends in the wound-care data in the Pennsylvania nursing home market
- · Identify the key risks in the wound-care data in the Pennsylvania nursing home market
- Suggest risk mitigation strategies for wound ware in the Pennsylvania nursing home market

Zwelithini Tunyiswa, Chief Marketing Officer Wound Healing Solutions

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# OPPORTUNITY'S KNOCKING

### **MEMBER BENEFITS**

- Access to the PACAH Listserv and PACAH Newsletter
- Receipt of PACAH informational and educational emails
- Sponsorship opportunities at PACAH conferences
- Advertising space in PACAH's conference programs
- Discounted rates at our semi-annual vendor shows
- The ability to sit on PACAH committees
- Acknowledgement of your business as a partner of PACAH on our website
- Networking opportunities in a close-knit environment

# **GROW YOUR BUSINESS - JOIN TODAY!**



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