Dreaming the Future: Positioning our Buildings as Instruments of Life







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Objectives

- ✓ Learn how a life care organization can instigate a culture change
- ✓ See examples of how to implement a mindset change internally and externally
- ✓ Learn about matching expectations of ideology and budgets



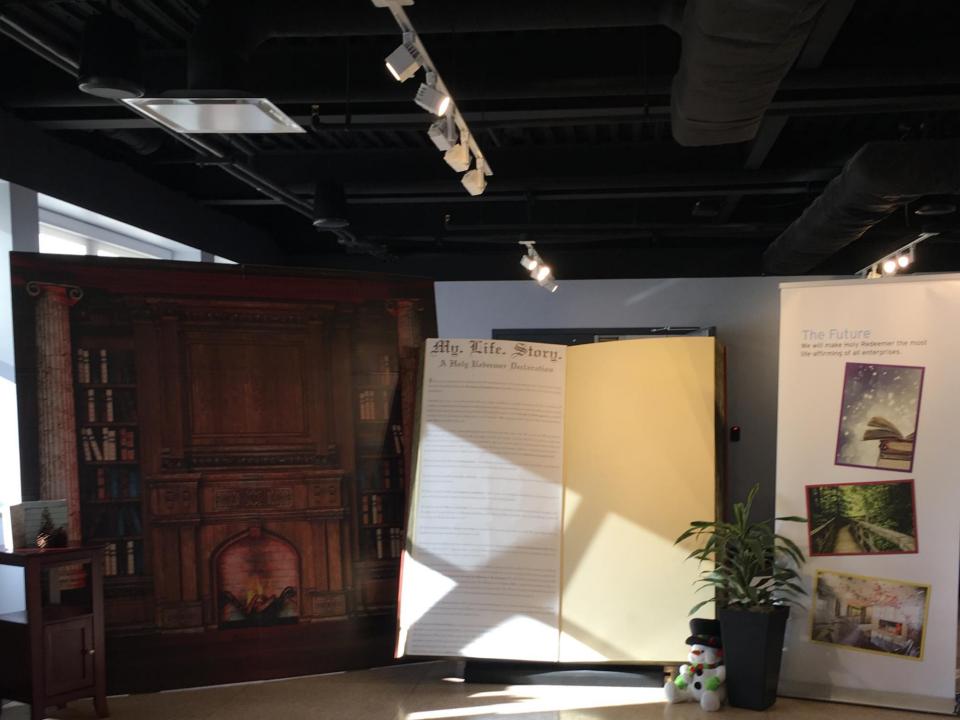
- HealthCare Division 242 bed acute care hospital;
 approximately 30,000 ER visits, 3,000 deliveries; serving NE Philadelphia and contiguous suburbs
- HomeCare Division Home health and hospice in 5 county Philadelphia DMA and 12 counties in NJ
- LifeCare Long- and short-term skilled nursing care; independent retirement living; personal care; HUD-subsidized apartments; on-site rehab; inpatient hospice unit, dementia care and transitional housing for homeless women and children.

Organizational Foundation

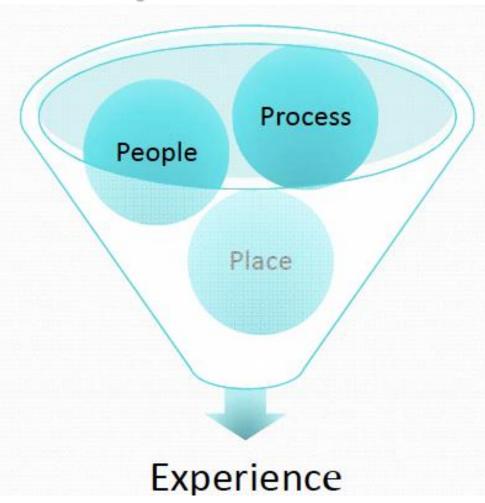
- ✓ Heritage who we are
- ✓ Mission what we do
- ✓ Vision and Values how we do it
- ✓ Brand how we wish to be seen by others
- ✓ Experience the way we deliver services when we are in full alignment with the essence of the organization
- ✓ Delivering on these requires cultural alignment

What is Culture?

- ✓ The formal and informal agreements we have with ourselves and others
- ✓ Energy that drives an organization forward or holds it back
- ✓ A deliberately designed and purposeful way of being
- ✓ The stories that are shared and gathered
- ✓ The way we do things and what we believe around here



Anatomy of Experiences



People, Process and Place



Experience Elements of People, Process:

- ✓ Anticipated Arrival by a Guide
- ✓ Greeted in space, rather than from behind desk
- ✓ Awareness of service availability Guide knows wait times and provides things to help visitors mange their time well, like beepers, coffee bar and kindles
- ✓ Inspirational elements space is designed around theme of life as winding journey
- ✓ Guided to next step
- ✓ Visitors are offered Warm
 Welcome and Fond Farewell

Culture to Support Experience

People

Engage caregivers and new recruits, and connect them to experience vision and organization's purpose

Integrate work of key contributors to experience under one dynamic vision

Inspire internal and external constituents to spread experience

Process

Embed the work that extends mission and brings values to life through coaching model

Teach experience concepts to employees, physicians, volunteers, governance and key partners

Create immersive experiences to model concepts

Place

Provide stage for design, performance of experiences

Inspire experience making in refreshing, creative, & colorful environment

Celebrate experience & connect it to heritage in spaces

Resident/Family View

Quality & Safety: Meeting care standards, do no harm Required – Met Basic Needs



Service Delivery: Customer service, efficient processes

Expected – Satisfying Transaction



Experience: Individualized, anticipated unknown needs

Completely Unexpected – Exceptional Experience

Creating Big "E" Experiences

"e"xperience	"E"xperience
Passive	Engaged, intentional, designed
Safe, customer service, efficient processes	Individualized care, anticipates needs
Expected – standards, protocols	Unexpected – innovative, creative
Delivers satisfaction	Results in delight and loyalty
Relevant – needs based	Meaningful – emotional
Results in indifference	Drives advocacy

Enhanced Value

Commodity Product Service EXPERIENCE

Creating Alignment: Experience U

- ✓ Built a training university for staff Experience U
- ✓ Created immersive experiences that teach staff how to improve the patient experience
- ✓ Evaluated how the organization selects and recruits talent
- ✓ Established internal consulting group to work with leadership to apply experiences taught in Experience U



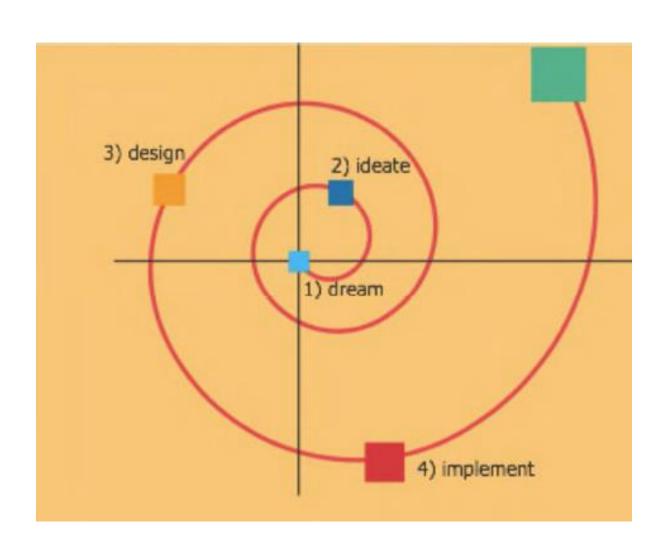
Moving from Traditional to <u>EXPERIENTIAL</u> Design

- ✓ Differentiating attributes (Mission, Brand, Declaration)
- ✓ Partner with right design team (Audition)
- ✓ Establish **proof points** at key touch points (*Dreamscape*, Spiral Thinking)
- ✓ Build **linkages** between values and distinctive design elements (*Emotive Criteria, Theme*)
- ✓ Create stage for story creation (Experience Design Principles)

dream • scap • ing transports us to a new place, new time, and a new world as a contemporary interpretation of who we are



Spiral Thinking Design Method



Design Partner Auditions



Each auditioning design team will be asked to give thought to how the space will contribute to the effective orchestration of experiences...

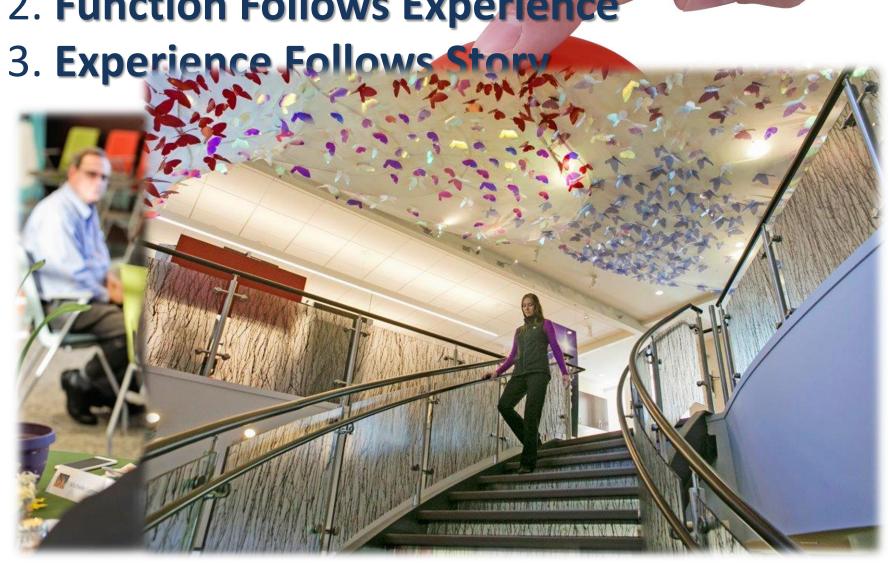
Emotive Criteria

- ✓ Create Memorable big "E" Experiences
- ✓ Theme Spaces and Activities
 - Provide a warm welcome
 - Engage all five senses
 - Connect to heritage
 - Provide story-telling opportunities
 - Incorporate elements of nature into the design
- ✓ Integrate all three Pillars of Design

(People, Process, & Place)



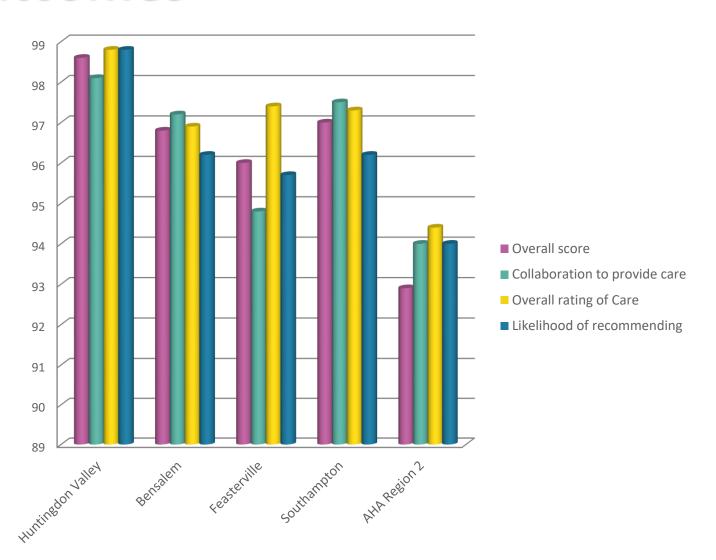
2. Function Follows Experience



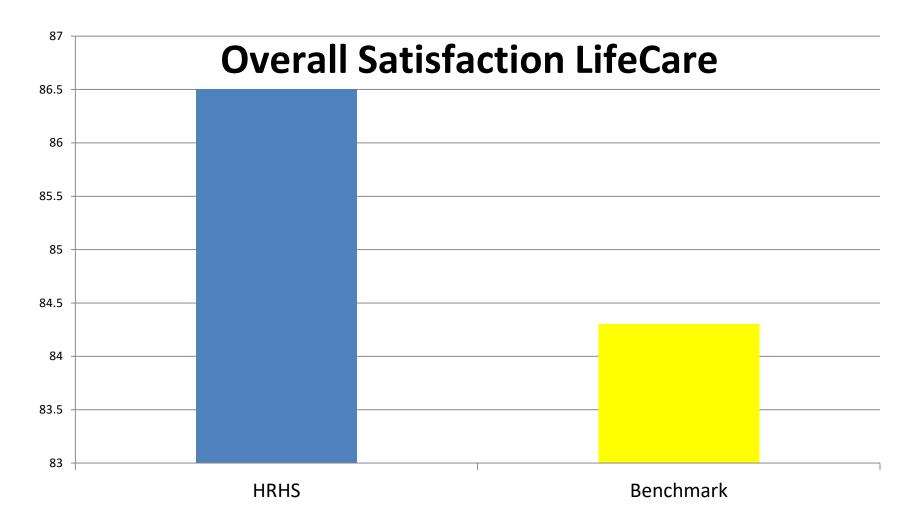
Theme

- √ Serves as organizing principle
- ✓ Expresses organization's mission, values, strategies, brand
- ✓ Describes aspirational sense to be captured
- ✓ Sets direction for design

Outcomes



Outcomes



Source: 2018 Annual Resident Survey

Outcomes



Items	Percent Favorable	Percent Unfavorable
I understand the importance of providing the best possible experiences for patients, residents, clients and coworkers.	96%	1%
I understand my role in providing the best possible experiences for patients, residents, clients and coworkers.	95%	1%
I know what is expected of me in my job.	90%	5%

The Future of LifeCare











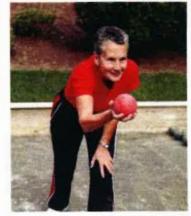














Honoring Our History



Holy Redeemer has a rich history of Life Care that began with twelve Sisters in Germany who had a calling and a purpose. For 12 women, it was the journey of a lifetime. Fueled by a desire to serve God and spread the healing ministry of their Congregation, the first Sisters of the Holy Redeemer left their home in Germany and came to America in March of 1924. Though they spoke little English, their compassion, gentle spirit and dedication to others needed no translation.

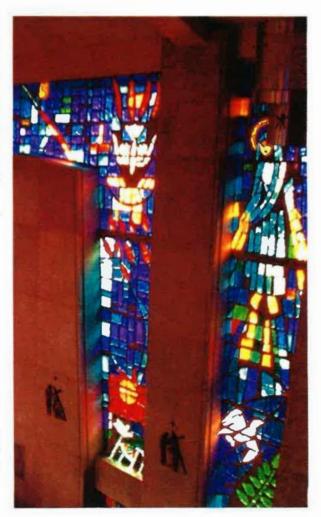
CARING FOR THE HOME BOUND

Throughout its long history, the Congregation - which was founded in 1849 through the vision of Mother Alphonse Maria Eppinger - has been dedicated to helping people of every age and social station. One of the Sisters' earliest ministries in this country was caring for the sick in their own homes - a ministry that continues to grow today through Holy Redeemer HomeCare and Holy Redeemer Hospice in Pennsylvania and New Jersey.

A HEALTH SYSTEM TAKES ROOT

From their modest beginnings, the Sisters' mission to care, comfort and heal continues to grow through the many programs, services and facilities that comprise Holy Redeemer. With a long-held commitment to older adults, the Sisters built Holy Redeemer St. Joseph Manor in 1934 on a 45-acre farm in Meadowbrook, PA. In later years, the Sisters established Holy Redeemer Village (1982) and acquired Holy Redeemer Lafayette in 1992.

This amazing legacy of helping to care for people of all ages provides a vital foundation from which we can dream again about caring for seniors, whether in a Holy Redeemer community or as part of aging in their homes. The future will most certainly change the way we care for people, but the compassion, love, respect and vision of the Sisters of the Holy Redeemer will live on. We honor this wonderful history in this Dreambook.

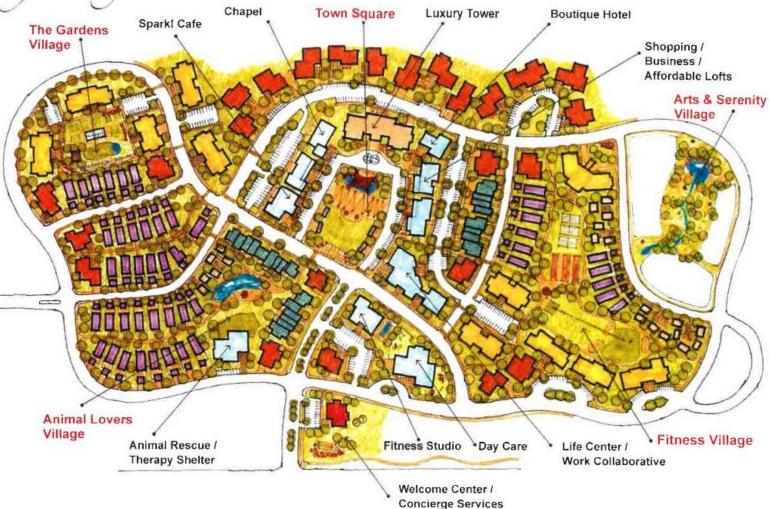


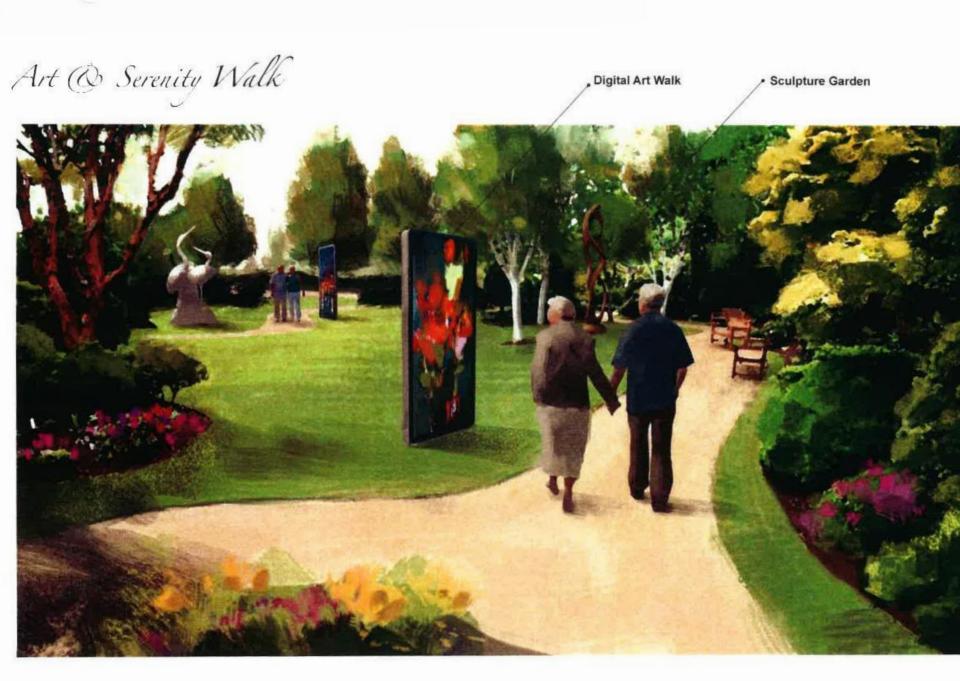
The Flagship Life Village

If someone were to reimagine an ideal community for healthy, active, engaged adults, this community could be such a place. A small town village in itself, the Life Village is a prototype community that allows each person to live out their happiest, healthiest life... all personalized to each specific My.Life.Story.

This village features a Town Center with shopping, dining and entertainment... recreation, fitness and life skills facilities.

Each neighborhood is designed around a specific affinity such as animal lovers, fitness, arts and serenity, and gardens. Every neighborhood has a mix of housing types and all feature aging in place concepts that bring services to a person independent of their housing choice.





Virtual Wall

Connect by video conference to HR personal concierge/medical staff Video chat with family

Virtual travel to any live webcam worldwide

Health monitoring

Connect to activities, menus, system offerings

Smart Grid

-Tracks your movement

-if there is no movement we contact you

-If there is no response we call emergency

services

Membership/Access to HR **Facilities and Programs**

Home ADA upgrades

- -Accessible bathrooms
- -Ramps
- -Grab bars
- -Door handles
- -Lifts



Membership in the HR Online Community and Resources

- -Health and Fitness Information
- -Classes
- -Support and interest groups
- -Online nursing and therapy



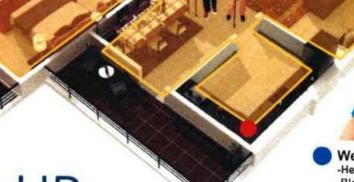
Mobile Nursing Station -In home/personalized medical

equipment and supplies



Personal Concierge

- -Tell me what you need, 24/7 -Emergency health response
- -Rides
- -Food
- -Home repair and maintenance



Wearable Technology

- -Health monitoring
- -Blood testing
- -Fitness reminders
- -Emergency response
- -Social connectivity
- -Phone, Email, Time, weather, etc.

Spark! Cafe

Breakfast/Coffee/Tea Lunch Dinner Meet-ups Social Gatherings Entertainment Bar and Lounge Indoor/Outdoor Patio Life Planning Life Skills Training Yoga, Dance Art Music **Health Education** Nutrition Cooking Classes Lectures Movies Special Events Weekdays Weekends Daytime **Nighttime**



Spark! Cafe



Evidence Based Design











Lafayette

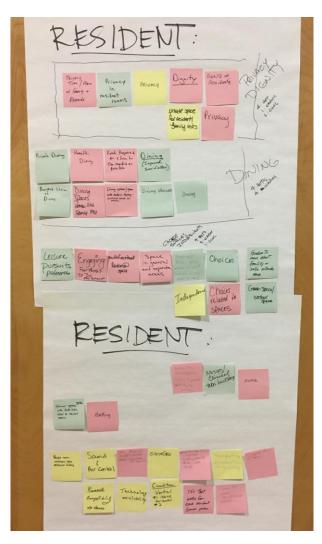
Skilled Nursing Facility Upgrade

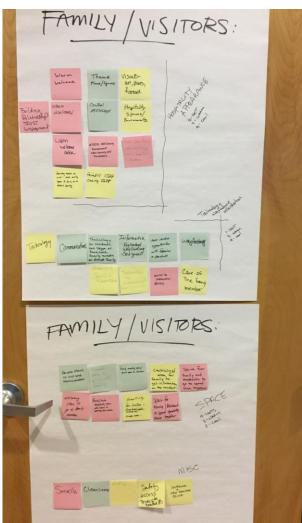
My.Life.Story.





Dream BIG!







connections







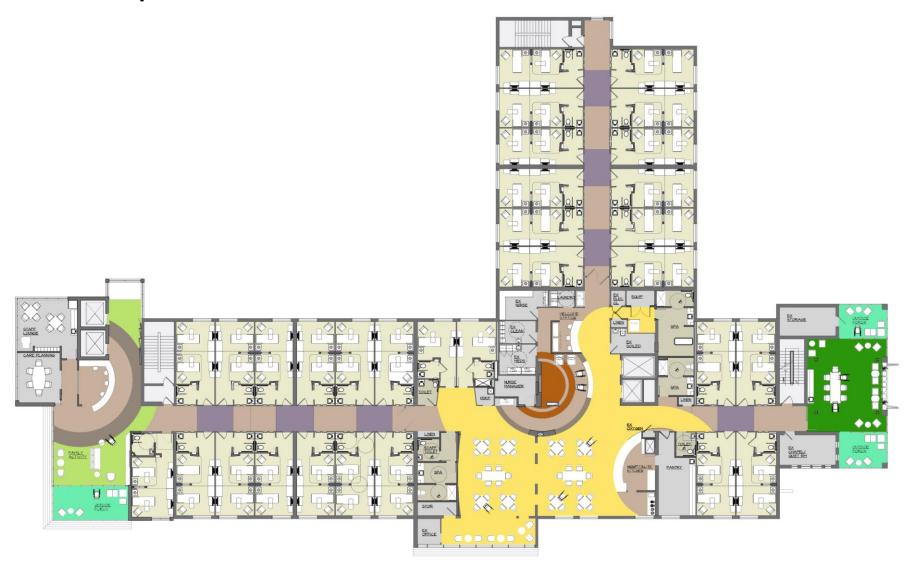




"Creativity is just connecting things."



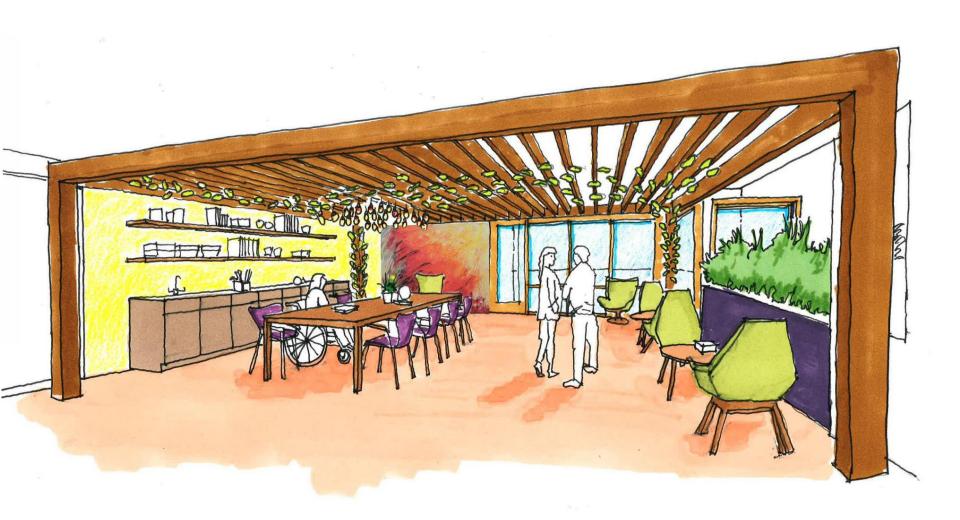
Concept Plan: Second and Third Floors



The Hearth



The Hanging Planter

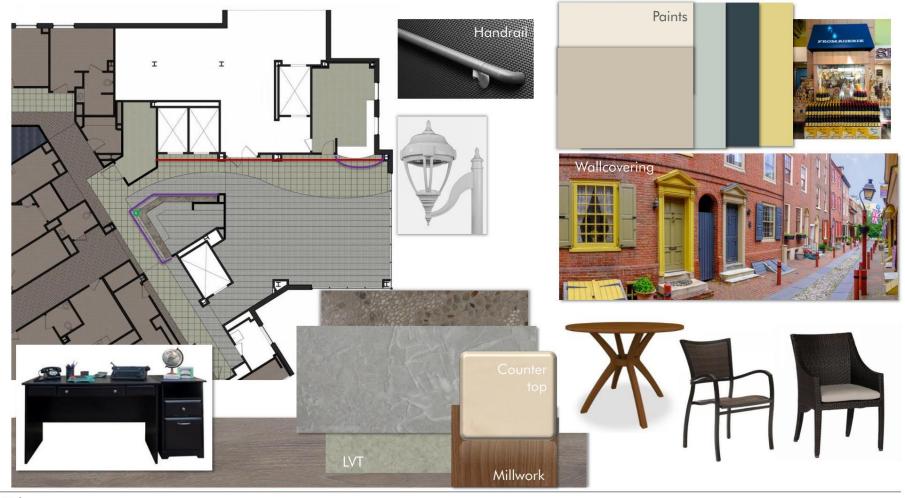


Manor Bridge – Memory Care Floor 2



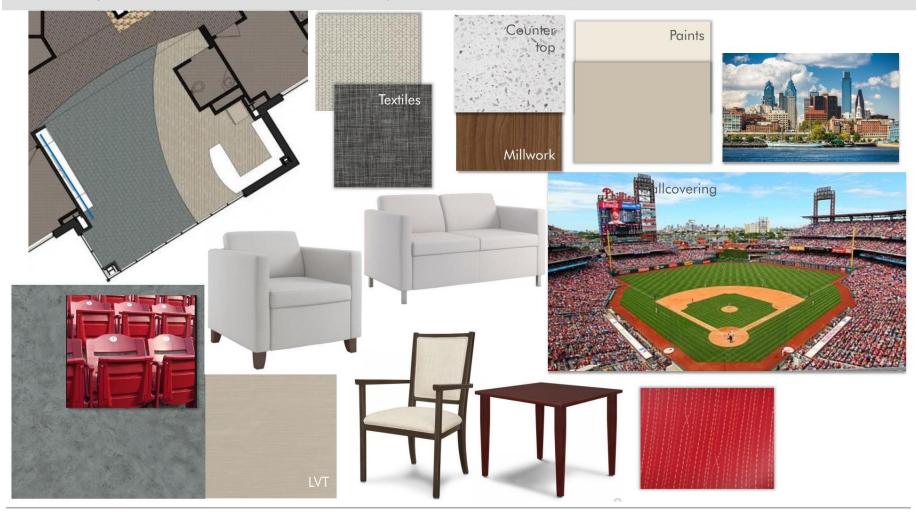


Manor Bridge – Entrance to unit / "Down Town" (Dining)





Manor Bridge – Activities / "Game at the Bank" (Luxury Box at Citizens Bank Park)





Manor Bridge – Living pod #3 – "Out Back" (Exterior back yard)





Manor Bridge – Living pod # 4 – "Down the shore" (Jersey Shore vacation)





My.

Transitional Care Unit (TCU)
Holy Redeemer Manor Bridge 3rd Floor







Concept Plan.





Dreamscaping Themes.

- · Extend the Holy Redeemer Experience to the TCU.
- Create soothing and calming spaces that relax patients and families during visitations.
- Transform corridors and hallways into artistic stories to be told and shared.
- Design in-room experiences opportunities that can be customized to each patient.
- · Bring the outdoors inside whenever possible.
- · Create a Warm Welcome.
- · Integrate pleasant odors and sounds.

Environments.

- Incorporate earthly colors such as light yellows, blues, greens etc.
- · Safe but comfortable. Indoor/outdoor elements
- Create interesting and engaging experiences as you travel through corridors.
- · Simple, soothing, stationary in-room experiences.
- Encourage movement by pctients in spaces to promote recovery.















Warm Welcome.





• Warm welcome that inspires both patients and visitors • Develop signage to identify and differentiate St. Joseph's Manor • Multi-media screens and interactive technology is encouraged to tell stories, provide inspirational messages and make the space fun • Stone wall adds warmth to the space • Incorporate elements of nature whenever possible (fire) • Waiting by patients is discouraged; when necessary make the experience fun. Living Rooms and other comfortable interactive spaces should be provided and should encourage community • Transitions in floor material are to be level to avoid tripping • Provide an engaging path of travel for patients and visitors • Incorporate areas for patients and staff to connect and encourage storytelling



Dreams Discovered.

- · A revitalized facility that has a much improved experience in alignment with the future of Holy Redeemer.
- An expanded TCU that can provide for additional patients.
- · Vastly improves patient rooms and activity opportunities.
- · Enhances off-stage staff areas.
- · Integrates therapy opportunities
- Improves arrival experience warm welcome
- Provides an inspirational yet calming environment.
- Enhances community building opportunities.
- · Provides appropriate furniture and fixtures for TCU population and family visitation.
- Opportunities to share patient stories/successes.
- Provides spaces for celebration.



















Thank You!



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