





September 24 - 27, 2018

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WIRELESS INTERNET ACCESS

Kalahari Resorts & Conventions offers complimentary high-speed wireless internet access throughout the entire property. No log-in is required.

NAME BADGES

All attendees and vendors must wear their PACAH conference badge to attend conference events.

CEU TRACKING

PACAH now utilizes electronic badge scanning for all educational credit tracking. In order to receive continuing education hours for attended sessions, you must scan in prior to the start of each educational session as well as scan out after each session ends. Paper certificates will no longer be distributed to track educational credits.

CONFERENCE COURTESY

As a courtesy to all attendees, we appreciate your cooperation by putting all cell phones and other electronic devices on "silent mode." This has become a necessary request given our current culture, but we hope everyone realizes its importance. Thank you for your cooperation and understanding.

SMOKING POLICY

Kalahari Resorts & Conventions provides guests with a non-smoking environment for their accommodations. Guests are reminded at the time of booking, during registration, and displayed signage in all rooms that smoking is not permitted in their hotel accommodations, but designated smoking areas are offered.





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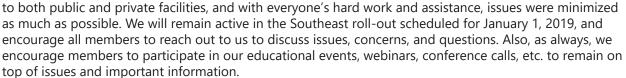
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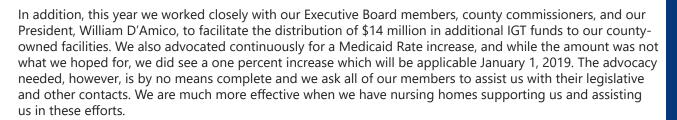
Welcome from PACAH's Executive Director

Dear PACAH members and conference attendees –

Pelcome to PACAH's 2018 Fall Conference! We at PACAH continue to strive to bring you the best educational opportunities, provide comprehensive statewide advocacy, and keep you up-to-date on issues impacting your ability to provide services in the long-term care arena. Your choice to participate in our fall conference shows your commitment long-term care.

As we reflect on this past year, we can report that we have helped our members face multiple challenges in the long-term care arena while also advocating for changes that will benefit providers of all types. With the implementation of Community HealthChoices in the Southwest, we have fielded member questions and listened to issues, whether it be billing, payment issues, transportation, etc., and tried to find answers through our managed care contacts or state administrative staff. We assisted with the payment of Appendix IV funds





I know the issues that our homes are facing are more than just funding related, also encompassing licensure challenges, an inadequate workforce, and continued increased state and federal regulations that make it more difficult for our members to do their jobs. However, I remain confident in our membership's ability to adapt and succeed. You have met the challenges that have been thrown at you and continued to not only do your jobs, but find ways to make improvements. I never fail to be amazed at what our members accomplish each day.

At PACAH, we will continue to support you through all of this. We will continue our regular communication with DHS, DOH, elected officials, and MCOs. We will also continue to negotiate payment mechanisms and policy positions that best support all of you. We continue to have top-notch education on a regular basis, and neither Kim Deline nor I are ever more than a phone call or email away.

Hopefully, at this conference members will be able to learn as much as possible while also taking the time to network and relax. We are very excited for our wide variety of conference social events and hope all attendees – members, non-members, vendors, and business partners - are able to take advantage of everything PACAH has to offer. Along with our President, William D'Amico, Executive Board, and Kim, I want to thank all sponsors, vendors, and attendees for making this conference a success!

Have a wonderful conference!

Kelly Andrisano Executive Director PACAH



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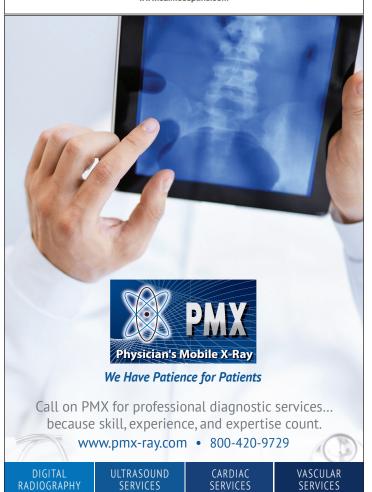
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completehealthcareresources.com Ed Balliet, Chief Operating Officer (570) 690-6844 eballiet@chrmail.com



Complete HealthCare Resources-Eastern, Inc. serves a wide range of not-for-profit, county and for-profit elder care communities. They are the region's "go to" experts on timely trends and developments in this rapidly changing industry. Clients include long-term and personal care facilities as well as assisted living homes and residential retirement communities. Over the years, Complete HealthCare Resources-Eastern Inc. has become a leader in bringing optimal profitability, productivity, compliance and, most of all, improving the residents' lives in the communities we serve.

PELICAN Insurance, RRG *Golf Outing*

pacounties.org/Insurance/PELICAN/Pages/default.aspx
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PELICAN Insurance is a Risk Retentions Group (RRG) based out of Vermont and is a sponsored program of PACAH. PELICAN provides General Liability and Professional Liability insurance coverage to all nursing homes in Pennsylvania and Maryland. PELICAN offers dedicated and personal Risk Control and Claims Representatives who are focused on providing excellent customer services to PELICAN members. PELICAN is a non-profit group so they regularly return surplus to their members as dividends.

Ledgerock Consulting, LLC *Keynote Speaker*

ledgerocksolutions.com Veronica Fogelman, President & Founder (717) 683-7453 roni@ledgerocksolutions.com



Ledgerock Consulting is designed to meet the needs of the discerning healthcare company working to position itself as the number one provider in their market. Veronica Fogelman, owner and founder spent more than 30 years in healthcare. Her career encompassed sales, sales management as well as Administration and corporate executive management. She had the distinct opportunity to meet and work with the most talented and professional specialists in the industry. They have come together as Healthcare Partners.

Guardian Elder Care

Vendor Show

guardianeldercare.com
Christopher B. Bailey, Executive Director of Management Services
(814) 483-9966
christopher.bailey@guardianeldercare.net



Guardian Elder Care is a privately owned healthcare organization providing services to communities in PA, OH, and WV. Guardian also operates ancillary divisions to provide pharmacy, rehabilitation, advanced practitioner services, home health, and home care services. Guardian Elder Care is now offering management services for nursing care facilities, CCRC's, and senior living communities. Their experienced team offers operations, clinical, financial, and business development "CORE" services, plus many other flexible solutions customized for your facility.

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PA Health & Wellness PACAH Awards Luncheon

pahealthwellness.com Keri L. Harmicar, Manager, Community Engagement (717) 551-8031 x8097031 keri.l.harmicar@pahealthwellness.com



Established to deliver quality healthcare in the state of Pennsylvania through local, regional and community-based resources, PA Health & Wellness is a Managed Care Organization and subsidiary of Centene Corporation (Centene). PA Health & Wellness exists to improve the health of its beneficiaries through focused, compassionate and coordinated care. Our approach is based on the core belief that quality healthcare is best delivered locally. Invest in you and your family's health by enrolling in Pennsylvania Medicaid or Medicare today.

UPMC Community HealthChoices *Conference Breaks*

upmchealthplan.com/chc Ray Prushnok, Associate Vice President, Community HealthChoices (412) 454-8305 burnscj@upmc.edu

UPMC Community HealthChoices

UPMC Health Plan, headquartered in Pittsburgh, Pa., is among the nation's fastest-growing health plans. It is owned by UPMC, a world-renowned health care provider. As part of an integrated health care delivery system, UPMC Health Plan is committed to providing its members better health, more financial security, and the peace of mind they deserve. UPMC Community HealthChoices offers a wide variety of medical and long-term services and supports to help our members stay as healthy and independent as possible.

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functionalpathways.com Robert Mitchell Regional VP of Business Development (325) 226-1791 Functional rmitchell@fprehab.com

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Golf Prize

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Continuing Education Tracking

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Conference Registration

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360care.com Mark Rostick VP Sales, East Region (484) 843-4884 mrostick@360care.com

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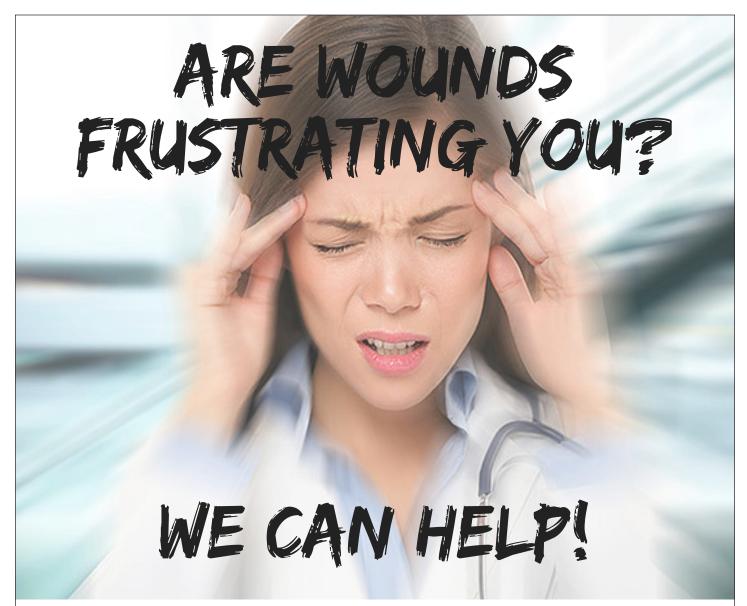
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bud.harris@eztransportchair.com eztransportchair.com

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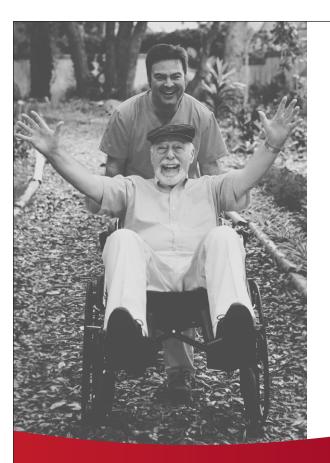
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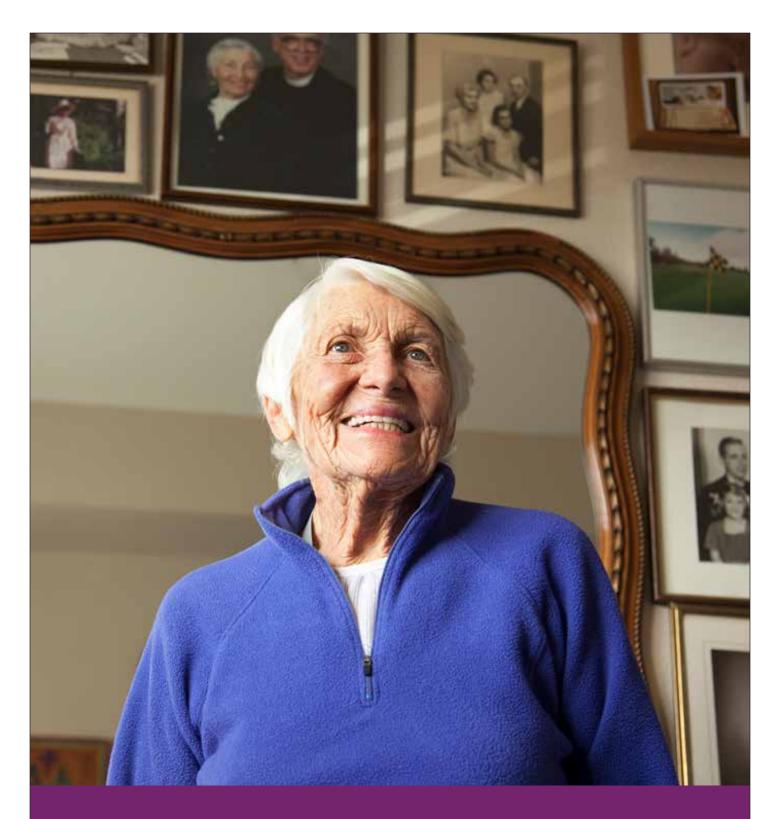
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alahari Resorts and Conventions in Wisconsin Dells, Wisconsin, Sandusky, Ohio, the Pocono Mountains, Pennsylvania, and coming soon to Round Rock, Texas, delivers a "world-away" waterpark resort and conference experience beyond expectations. The authentically African-themed Kalahari Resorts, privately owned by the Nelson family, is home to America's largest indoor waterparks. All Kalahari Resorts feature well-appointed guest rooms, full-service Spa Kalahari, a fully equipped fitness center, on-site restaurants, unique retail shops, and a state-of-the-art conference center.

THE AFRICAN CONNECTION

Todd Nelson grew up on a farm in Wisconsin Dells and began working a wide range of jobs at the age of 15. A year out of high school, he married his wife, Shari, and at the age of 20, purchased a bar with his brother-in-law. Two years later, he bought the building across the parking lot, turning it into Pizza Pub, a still-popular Wisconsin Dells restaurant.

In the mid-1990s, Nelson visited Africa for the first time — the native culture, spirit, craft and artistry struck a chord in the young entrepreneur and inspired him to recreate the experience, capturing the magic and heritage of local African communities in the United States.

Kalahari Resorts & Conventions isn't your typical resort. The African spirit of Ubuntu or "togetherness"— the philosophy that encompasses a belief in a universal bond of sharing that connects all of humanity — is reflected in every aspect of Kalahari Resorts & Conventions, like the handpicked Rwandan coffee beans that are brewed on property, handcrafted artwork on the convention center walls, furniture placed in guest rooms, recorded music from the streets of Cape Town echoing in the resorts and original crafts for guest souvenirs. It's all part of Kalahari's commitment to bring guests a beyond-expectations experience.

In October 2014, the Nelson family completed a 23-day trip to Africa to reconnect with the land that inspired their vision and source items for the Pocono Mountains property. Todd Nelson said, "The majesty of Africa and the continent's culture is our inspiration for the resort and a key driver in every decision we make. My family has long been inspired by the spirit and culture of Africa, ever since our first visit to the continent more than 20 years ago."

Credits: kalaharimedia.com/african-inspiration kalaharimedia.com/kalahari-journey







ON-SITE DINING

B-Lux Grill & Bar

B-Lux Grill & Bar is the perfect place to watch your favorite sporting event, enjoy quality food with your family, or grab a quick bite to eat.

Café Mirage

Café Mirage features a robust menu where even the pickiest of eaters can find something to enjoy. Freshly prepared sandwiches and paninis, Pizza Pub pizza, burgers, tacos, wraps, wing station, pasta salads, compound salads, fresh fruit, assorted breakfast options and much more!

Double Cut Charcoal Grill/ Liquor Bar

A signature steakhouse experience, featuring a menu with robust selections cooked over hot coals including steak (of course), seafood, chops, chicken and vegetables.

Felix's Bar

Grab a cocktail and let your cares drift away at this unique bar located right next to Ivory Coast Restaurant.

Great Karoo Marketplace Buffet

Featuring everyone's favorite buffet selections, this African-themed restaurant immerses guests in the Kalahari experience while still accommodating dining options for even the pickiest of eaters.

Ivory Coast Restaurant

Relax and enjoy the cozy atmosphere of Ivory Coast. Open for breakfast, lunch and dinner and located right off the main lobby.

Java Manjaro

Rejuvenate for more Kalahari getaway fun with Starbucks® coffee, delicious cappuccino, fresh-baked pastries, desserts and more.

Marrakesh Market

Step inside this unique shopping experience inspired by the shops of Marrakesh, a major city in the Kingdom of Morocco. Explore mini storefronts with art, souvenirs, traditional mint tea, to-go fare and more.

Pizza Pub

Treat yourself to one of Pizza Pub's delicious, freshly baked specialty pizzas, or build your own. The same recipe that started it all, delivered right yo your room! Pizza Pub also offers sandwhiches, burgers, ribs, salds, pastas and more.

Sortino's Italian Kitchen

Whether you're dining with friends, gathering with colleagues or simply feeding the kids, Sortino's satisfies the appetite and soothes your soul with the flavors of Italy and the warmth of family.

The Last Bite

Specializing in sweet indulgence, The Last Bite offers a number of ways to get your sugar fix. Either order a sweet treat for delivery to your room or stop by the main lobby for an assortment of sweet treats.

Waterpark Dining

Whether lounging poolside or relaxing in a bungalow, there's no need to leave the Waterpark to refuel. With six Waterpark dining outlets, there's something for everyone.

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Relaxing Therapy Services - Halotherapy

Kalahari's salt therapy room contains pure organic Himalayan salt and a high-quality halogenerator to turn that pure salt into the salt vapor that provides so many health benefits to our guests.

Kalahari Fitness and Training

Kalahari's on-site personal training and fitness studio is designed for those looking to begin or refine their fitness routine. Kalahari Fitness and Training features free weights, Free Motion machines, medicine balls, BOSU's, resistance tubes, and more.

KALAHARI DINING OPTIONS -

SIT DOWN DINING

1 Double Cut Charcoal Grill/Liquor Bar 2 Sortino's Italian Kitchen

3 B-Lux Grill & Bar

4 Ivory Coast

GOURMET BUFFET

5 Great Karoo Marketplace Buffet

QUICK EATS

6 Java Manjaro

7 Marrakesh Market

8 Cafe Mirage (Lower Level)

9 Safari Grille (Lower Level)

10 Zulu Grille(Lower Level)

BAR & LOUNGES

11 Felix's Bar

12 The Paxton Grotto

13 The Thursty Turtle

14 ZanziBar

15 Cracked Coconut (Lower Level)

1 Double Cut Charcoal Grill/Liquor Bar

2 Sortino's Italian Kitchen

2 B-Lux Grill & Bar

SWEET TREATS

16 The Last Bite

8 Chill Factory (Lower Level)

THINGS TO DO

ARCADE (Lobby Lower Level)

17 Arena - Ultimate VR Experience

17 Escape Room

18 Bowling

19 XD Dark Ride

19 Lazer Frenzy

20 Mini Golf

21 Redemption Center

22 Kalahari Adventurers Club

FITNESS

23 Kalahari Fitness (Lower Level)

24 Kalahari Fitness & Training

33 Hiking Trail to Waterfall

RETAIL

25 Indigo Swimwear (Lower Level)

7 Marrakesh Market

26 Zakanaka Kids

SPA

27 Spa Kalahari & Salon

WATERPARK (Lower Level)

28 Indoor Waterpark

29 Outdoor Waterpark

30 Waterpark Entrance

31 First Aid

32 Gorilla Grove Treetop Adventures

GUEST ROOMS & SUITES -

SOUTH 200 WING 1201-1261	NORTH 400 WING	
2201-2247	2415-2456	
3202-3282	3401-3452	3454-3499
4202-4282	4401-4452	4454-4499
5202-5282	5401-5452	5454-5499
6202-6282	6401-6450	6454-6499
7202-7274	7401-7428	7430-7450
8202-8242	8401-8428	8430-8499

CONVENTION CENTER

Lower Level

KALAHARI BALLROOM **RIVER ROOM**

35 Salons A - H

42 Zambezi 43 Nile

WOOD ROOMS 36 Aloeswood

44 Orange 45 River Patio

36 Ironwood

46 Sales & Catering Office 46 Business Center

37 Rosewood 37 Sagewood

46 Mahogany Room

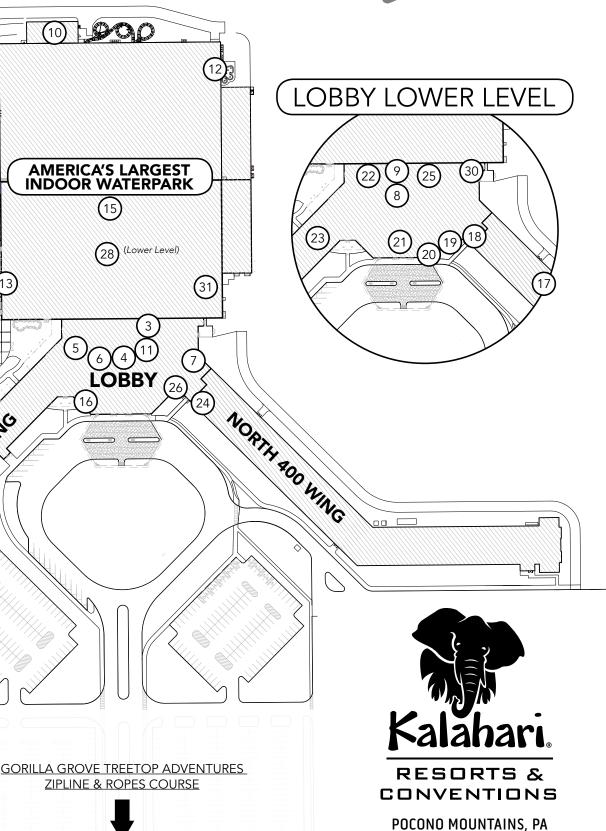
BOARD ROOMS

38 Ebony

38 Empress



alahari. Trail Guide





- Access to the PACAH Listserv and PACAH Newsletter
- Receipt of PACAH informational and educational emails
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Full Conference agenda begins on page 28

... AT A GLANCE

MONDAY, SEPTEMBER 24, 2018

9 a.m. - 6 p.m.

10 a.m. - 12:30 p.m.

1 - 4:15 p.m.

2:30 p.m.

2 - 4 p.m.

6 - 10 p.m.

Registration

Executive Board Meeting

PELICAN Training

Afternoon Break

Fiscal Management Committee Meeting

Welcome Party

TUESDAY, SEPTEMBER 25, 2018

7 a.m. - noon

7 - 8 a.m.

8 - 9 a.m.

9:15 - 10:15 a.m.

10:15 a.m.

10:30 a.m. - 12:45 p.m.

12:30 - 1:30 p.m.

1:30 p.m.

2 - 4:30 p.m.

Registration

Continental Breakfast

Keynote Larry Johnson

Educational Sessions

Morning Break

Educational Sessions

Golf Luncheon

2018 Fall Golf Outing

2018 Fall Afternoon Outing



WEDNESDAY, SEPTEMBER 26, 2018

7 a.m. - 3:30 p.m. Registration

7 - 8 a.m. Continental Breakfast

8 - 9:30 a.m. PACAH Business Meeting

9:30 a.m. Morning Break

9:45 a.m. - noon Educational Sessions

noon - 1 p.m. PACAH 2018 Awards Luncheon

1:15 - 2:45 p.m. Educational Sessions

2:45 p.m. Afternoon Break

3 - 4 p.m. Educational Sessions

4 - 6 p.m. PACAH 2018 Fall Vendor Show

8:30 - 11 p.m. Conference Party

THURSDAY, SEPTEMBER 27, 2018

7 - 11 a.m. Registration

7 - 8 a.m. Continental Breakfast

8 - 9:30 a.m. Educational Sessions

9:30 a.m. Morning Break

9:45 a.m. - noon Educational Sessions

PACAH 2018 FALL CONFERENCE AGENDA

CREDIT APPROVAL NOTICE

The 2018 fall educational offerings have been approved by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) for 25.5 total credit hours for Nursing Home Administrators and 25.5 total credit hours for Assisted Living Residence Administrators. (16.5 max)

PACAH has been approved for 25.5 total credit hours for Licensed Personal Care Home Administrators. (16.5 max)

This program offers 25.5 total credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing. (16.5 max)

PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 11.5 total credit hours. (11 max)

This program has been approved for fulfilling the continuing education requirements of the Certifying Board for Dietary Managers (CBDM) for DM, CFPP certified individuals for the following hours:

Sanitation - 4; Food Show - 2; General 12.5 (18.5 total hours)

CEU LEGEND

NHA - Nursing Home Administrators RC/AL - Assisted Living Administrators PC - Personal Care Home Administrators RN - Nursing CPE - Fiscal CBDM - Dietary



CONTINUING EDUCATIONAL CREDIT TRACKING

PACAH will no longer issue paper certificates as proof of attendance.

All educational credits will be electronically tracked with barcode scanners. You will see a barcode located at the bottom of your name badge - a barcode that is unique to you. Please look for PACAH board or staff members that are holding barcode scanners as you enter and exit session rooms.

In order to accurately track your session attendance, you are required to have your barcode scanned prior to all sessions. At the end of each session, you are again required to have your barcode scanned upon departure from the session room. Failure to have your barcode scanned both prior to and after sessions will result in inaccurate session tracking and risk the loss of credit hours earned.

Approximately one month post-conference, you will receive information regarding the retrieval of your certificate of attendance electronically.

Please visit PACAH's registration desk if you have any additional questions.

EVALUATIONS

Please take a few moments to complete the evaluation form found in your registration packet. PACAH's Education Committee appreciates and relies on your comments and ideas in order to further improve our upcoming conferences, webinars, and training sessions.

When you have completed your evaluation, please submit the form to PACAH's registration area or submit to Kim Deline via email or mail:

PACAH PO Box 60769 Harrisburg, PA 17106-0769 kdeline@pacounties.org

MONDAY, SEPTEMBER 24, 2018

REGISTRATION

9 a.m. – 6 p.m. Registration D

EXECUTIVE BOARD MEETING AND LUNCH

10 a.m. – 12:30 p.m. Ebony Boardroom

GENERAL SESSION - "PELICAN TRAINING" - SPONSORED BY PELICAN INSURANCE, RRG

1 – 4:15 p.m.

Salon D

NHA - 3

RC/AL - 3

PC - 3

RN - 3

CBDM - 3 Sanitary

"ACTIVE SHOOTER AND MULTI-HAZARD CRISIS SAFETY"

The administrative mission is to provide world class healthcare in a safe and secure environment. This Active Shooter and Multi-hazard Crisis Safety Program will help secure that safe environment through prevention, preparation, response, and recovery training in a four step process:

- 1. How to conduct a "Site Survey and Vulnerability Assessment," using the U.S. Homeland Security Infrastructure Survey Tool as a guide to determine your facilities vulnerabilities. If the threats are predictable, they are preventable.
- 2. Training healthcare management in "Strategic and Operational Planning." ACTION™ administrator response training that includes table top exercises that fosters the Incident Command System within your organization.
- 3. A method to train all healthcare employees in ACTION™ responses, identify trigger events, overt observable behaviors, escalators, and de-escalators to violence. How to conduct lockdowns, lockouts, controlled evacuations, shelter in place and resistance actions if confronted.
- 4. How to incorporate the management and employee training into live drills at your facility with the support of your local police, fire, and emergency medical agencies.

John Sakoian, President Command Excellence LLC

"SAFETY AUDITS: WHAT TO LOOK FOR TO ENSURE YOUR BUILDING FACILITY IS SAFE"

During this session, learn the difference between a safety audit and a safety inspection. It is important to know how to recognize the obvious and note what is obviously missing. As we discuss safety audits and inspections, we will share insight on what many do and do not see when looking around. During this session, you will gain valuable insight to ensure you are looking in all the right places to be ready for safety audits or safety inspections.

Steven S. Wilder, BA, CHSP, STS, Member and COO Sorensen, Wilder & Associates

AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG

2:30 p.m. Salon D

FISCAL MANAGEMENT COMMITTEE MEETING

2 - 4 p.m.

Ebony Boardroom

WELCOME PARTY - SPONSORED BY COMPLETE HEALTHCARE RESOURCES- EASTERN, INC.

6 – 7 p.m. - Cocktail Hour 7 – 10 p.m. - Dinner Buffet Salons EF

Join PACAH and Complete HealthCare Resources - Eastern, Inc. as we kick-off PACAH's 2018 Fall Conference! Be sure to stop by for an evening complete with hors d'oeuvres, dinner, open bar, and great conversation with fellow attendees!

TUESDAY, SEPTEMBER 25, 2018

REGISTRATION

7 a.m. – noon Registration D

CONTINENTAL BREAKFAST

7 – 8 a.m. West Foyer

KEYNOTE, LARRY JOHNSON - "CREATING AN INSANELY POSITIVE WORKPLACE CULTURE" - SPONSORED BY LEDGEROCK CONSULTING, LLC

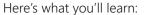
8 - 9 a.m. Salons DE NHA - 1 RC/AL - 1 PC - 1 RN - 1

CBDM - 1 General

HOW YOU CAN INCREASE PRODUCTIVITY, SPUR INNOVATION, ENHANCE CUSTOMER SATISFACTION, AND REDUCE EMPLOYEE TURNOVER

Year after year, companies like Google, Johnson & Johnson, and Zappos.com are consistently listed in Fortune Magazine's 100 Best Companies To Work For. How do they do it? It's more than onsite health centers and gourmet cafeterias. It's management practices that inspire employees to contribute

their best and then some. In this presentation, Larry shows how you can apply the same principles to create a great work culture for your own team.



- The advantages and limitations of perks & benefits
- The six most important actions a manager can take to keep associates motivated
- Proven tactics to improve productivity and engagement, and strategies to build morale and increase
 excitement

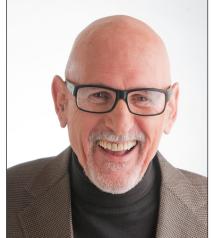
Highlights:

- Lessons learned from Google and other Best Places to Work
- How to motivate your team without money, and how to become the manager everyone wants to work for

PACAH 2018 Fall Conference

- Lessons learned from the worst manager you ever had
- Getting bad apple employees back on the company bandwagon
- Recruiting strategies to maintain, grow & develop your office culture
- Performance feedback do's and don'ts: strategies to maintain morale
- The biggest killers of employee trust and how to avoid them

Larry Johnson, Author, Speaker & Corporate Culture Expert Johnson Training Group, LLC



GENERAL SESSION - "LEGAL POTPOURRI: WHAT'S NEW FOR 2018/2019"

9:15 - 10:15 a.m.

Salons DE

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1 General

This session will tackle CMS ROPs for Phase 3 - November 28, 2019 is just around the corner. We will share a checklist for use to make sure you know what regulations are in Phase 3. This session will also assess risks under Pennsylvania's Act 53 (HB 1124), which created new criminal liability for neglect and abuse of care-dependent persons, effective August 28, 2018. We will also develop strategies for incorporating training about abuse and neglect prevention, and reporting requirements.

Paula Sanders, Esq., Principal & Co-Chair, Healthcare Practice Post & Schell, P.C.

MORNING BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

10:15 a.m.

West Foyer

BREAKOUT SESSION - "COMMUNITY HEALTHCHOICES: A PRACTICAL APPROACH"

10:30 - 11:30 a.m.

Nile Room

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM – 1 General or Sanitary

Phase 2 of Community HealthChoices (CHC) is scheduled for implementation in January 2019. If you are in the Southeast or in the Phase 3 counties, it is time to begin preparing for the process of negotiating with the selected Managed Care Organizations (MCOs): Keystone First (AmeriHealth Caritas), Pa Health & Wellness, and UPMC Community HealthChoices.

This presentation is geared towards facility leadership and those who work in payer contracting. Negotiating can be difficult, and even the most skilled and experienced negotiators feel uncomfortable. However, a skilled negotiator knows how to use preparation time to minimize that discomfort. This presentation will begin by addressing things that providers can do now to put themselves in the best position possible going into negotiations and to get ready for the flurry of activity that will come later in the year: develop strong relationships; be as prepared as possible; and prioritize important issues. We will discuss the tricky concept of "incorporation by reference" and the critical terms found in the Definitions Section of the Contract, the importance of understanding the quality terms and measures, the special issues surrounding admission and discharge, Process Considerations, and what is imperative to address for before you sign the contract.

Cynthia A. Haines, Esq., Principal Post & Schell, PC

BREAKOUT SESSION - "SAFE PRACTICES LEAD TO INFECTION PREVENTION"

10:30 - 11:30 a.m.

Zambezi Room

NHA – 1

RC/AL – 1

PC - 1

RN - 1

CBDM - 1 Sanitary

It's important for administrative staff to understand basic infection prevention and what is required of frontline staff to be safe and to keep residents safe.

Infection prevention is everyone's responsibility. Protecting residents and staff from infections and harm is a basic standard of care. Standard Precautions should be understood and followed by all members of the care team.

Learning Objectives:

- Define the basics of Standard Precautions
- Identify some of the leading risks pertaining to healthcare associated infections and patient safety during medication administration, and the use of injection equipment
- Know the strategies to prevent transmission of Clostridium difficile (C. difficile)
- Understand the need for antibiotic stewardship programs in healthcare facilities

Terri Lee Roberts, BSN, RN, CIC, FAPIC, Senior Infection Preventionist Pennsylvania Patient Safety Authority

GENERAL SESSION - "DEPARTMENT OF HEALTH UPDATE"

11:45 a.m. - 12:45 p.m.

Salons DE

NHA – 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1 General

Pennsylvania nursing facilities are currently seeing a renewed focus on surveys and fines. We are also operating under new Requirements of Participation and a new survey process that began November 2017. That combined with continued life safety and fire safety updates and issues its imperative that members remain up-to-date with information from Pennsylvania's Department of Health (DOH). This session will feature the director of the division of nursing care facilities who will provide timely information on the operations of her department as it relates to surveys and licensing. She will discuss updates and statistical data on Pennsylvania's nearly 700 nursing facilities, new emphasis from the federal government, and other issues impacting nursing facilities from the perspective of licensing and surveys. The director of the division of safety inspection will also provide updates on critical lifesafety issues.

Charles Schlegel, Director, Division of Safety Inspection Susan Williamson, Director, Division of Nursing Care Facilities Pennsylvania Department of Health, Division of Long-Term Care

PACAH 2018 FALL GOLF OUTING - SPONSORED BY PELICAN INSURANCE, RRG

12:30 – 1:30 p.m. - Lunch 1:30 p.m. - Shotgun Start Buck Hill Golf Course

Lunch will be available beginning at 12:30 p.m. Tee time is at 1:30 p.m. Players will be responsible for their own transportation to and from Kalahari Resorts & Conventions and Buck Hill Golf Course.

PACAH 2018 FALL AFTERNOON OUTING - SPONSORED BY AFFINITY HEALTH SERVICES & FUNCTIONAL PATHWAYS

1:30 p.m. - Meet in the hotel lobby 2 p.m. - Coach bus departs Kalahari Resorts & Conventions Barley Creek Brewing Company & Distillery

Affinity Health Services and Functional Pathways are taking us to Barley Creek Brewing Company for light hors d'oeuvres and samplings of handcrafted, award-winning brews. Coach bus transportation will be provided on a first come, first serve basis to those who have registered in advance. We will depart Kalahari promptly at 2 p.m. and depart Barley Creek at approximately 4 p.m.

WEDNESDAY, SEPTEMBER 26, 2018

REGISTRATION

7 a.m. – 3:30 p.m. Registration D

CONTINENTAL BREAKFAST

7 – 8 a.m. West Foyer

GENERAL SESSION - "PACAH BUSINESS MEETING/CHC MCO ROUNDTABLE DISCUSSION"

8 - 9:30 a.m.

Salons DE

NHA - 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CPE- 1.5

CBDM - 1.5 General

Following a brief business meeting which will include PACAH Executive Board elections, PACAH will host a Community HealthChoices Panel discussion for attendees. Community HealthChoices (CHC), Pennsylvania's Managed Long-term Supports and Services Program, was implemented in the Southwest on January 1, 2018 and is scheduled to be implemented in the Southeast on January 1, 2019. Hear from the three Managed Care Organizations (MCOs) on how implementation has gone, frequently asked questions, and other must know information for all providers. With implementation for all nursing facilities happening January 1, 2020, it is critical that all long-term care providers become prepared for the transition and hear critical updates and program information directly from the MCOs. There will be significant time for audience questions and comments.

Kelly Andrisano, J.D., Executive Director PACAH

Andrea M. Farrell, Director, Ancillary and LTSS Network Management UPMC Health Plan

Jill Blessington, Manager Provider, Network Management Keystone Health Plan/AmeriHealth Caritas

Anna Keith, Senior Director, Strategic Partnerships PA Health & Wellness

MORNING BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

9:30 a.m.

West Foyer

BREAKOUT SESSION - "QUALITY REPORTING PROGRAM (QRP) IMPACT ON YOUR FACILITY"

9:45 - 10:45 a.m.

Nile Room

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM – 1 General

Is your facility prepared for the changes to SNF QRP? What are the changes and updates to the MDS that will become effective October 1, 2018 and the impact those changes have on the QRP measures? What current and future QRP measures are in place and will they impact the SNF reimbursement for Medicare Part A? Identify the

Casper Reports available that can assist with determining if any errors occurred and provide opportunities to correct the data in the time frame allowed by CMS.

Learning Objectives:

- Understand what Skilled Nursing Facility (SNF) Quality Reporting Program (QRP) is
- Understand what Minimum Data Set (MDS) items will be used to obtain the required elements for each QRP measure
- Determine how the QRP measures could impact the SNF reimbursement
- Understand which Casper Reports are used to identify any reporting errors that may affect outcomes for QRP measures
- Understand what QRP Measures will become available to the public October 1, 2018
- Does your Interdisciplinary Team understand the QRP measures and impact it has on your facility

Lisa Gourley, RN, RAC-CT 3.0, Clinical Reimbursement Specialist Kara Schilling, RN, RAC-CT 3.0, Clinical Reimbursement Specialist Margaret Turner, RN, RAC-CT, Senior Director, Clinical Reimbursement Complete HealthCare Resources - Eastern, Inc.

BREAKOUT SESSION - "#METOO... YES! THIS MEANS YOU, TOO!"

9:45 - 10:45 a.m. Zambezi Room NHA – 1

RC/AL - 1 PC - 1

RN – 1

Jill Lashay will present a program on one of the most pressing issues facing today's HR professionals – the #metoo movement. Her presentation will provide attendees with a recap of newsworthy events from 2018 and how they affect employers, discussion about the proper anti-harassment policies an employer should have in place, how to communicate these policies to employees, basic do's and don'ts in the workplace, and an update regarding the state and federal laws that come into play.

Jill M. Lashay, Esq., Shareholder Buchanan Ingersoll & Rooney PC

MORNING BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

10:45 a.m. West Foyer

BREAKOUT SESSION - "THE NEW PERSON-CENTERED LTC SURVEY PROCESS...THE ADVANTAGE OF STAYING IN THE KNOW"

11 a.m. - noon Salons DE

NHA – 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1 General

Are you interested in having a successful survey? Do you understand the requirements of the new survey process? This presentation will review all aspects of this new process including the importance of and reason for the changes; what exactly is "new"; the seven steps in the long-term care survey process; what is included in the initial pool process; how the sample selection is gathered and what the surveyors do with this selection; what is investigated; what portions of the "old" process are still being used, and the goals of the new survey process. As an NHA, DON or ADON, you will walk away from this presentation feeling confident that you can successfully navigate the new survey process.

Kathy Kemmerer, NAC, RAC-CT, Nurse Consultant AdvantageCare Rehabilitation, LLC

BREAKOUT SESSION - "TO DISCHARGE OR NOT TO DISCHARGE: WHAT NURSING FACILITY AND PERSONAL CARE HOME PROVIDERS NEED TO KNOW"

11 a.m. - noon Nile Room NHA – 1 RC/AL - 1 PC - 1

RN – 1

CPE - 1

As of December 2017, nursing facilities have begun to see a significant increase in the amount of civil money penalties. The presenter will address the current laws governing transfers and discharges in the nursing and personal care settings, and discuss best practices and strategies to ensure compliance with such laws while promoting the health, safety, and well-being of the resident. The session will also address some of the challenges facing nursing facility and personal care home providers when confronted with a disruptive resident and the legal implications to be considered from a risk-management standpoint.

Tanya Daniels Harris, Esq., Senior Attorney Latsha Davis & McKenna, P.C.

BREAKOUT SESSION - "'BETTER OUT THAN IN' - A REVIEW OF NEW CLOSTRIDIUM DIFFICILE GUIDELINES"

11 a.m. - noon Zambezi Room NHA – 1 RC/AL – 1 PC - 1 RN – 1

In this session, the speaker will review the epidemiology and diagnosis for Clostridium difficile (C. difficile), describe the role of the Infection Prevention and Control program, describe the role of the Antimicrobial Stewardship in controlling C. difficile, list the treatment of C. difficile and discuss any ancillary treatment strategies.

Dr. Deborah Milito, R.Ph, Pharm. D. BCGP, Director of Clinical and Consultant Services Skilled Division Diamond Pharmacy Services

PACAH AWARDS LUNCHEON - SPONSORED BY PA HEALTH & WELLNESS

noon - 1 p.m. Orange Room

Join PACAH and PA Health & Wellness as we honor fellow PACAH members for their excellence. All attendees are welcome to attend!

BREAKOUT SESSION - "DREAMING THE FUTURE: POSITIONING OUR BUILDINGS AS INSTRUMENTS OF LIFE"

1:15 - 2:45 p.m. Nile Room NHA – 1.5 RC/AL – 1.5 PC - 1.5 RN – 1.5 CBDM - 1.5 General

Too many experiences can be defined as a little "e" experience. A little "e" experience can be defined as one that is expected and satisfactory but not memorable. What if we instead, focus on creating big "E" experiences, those that will exceed the expectation of the individual/s involved?

Most memorable experiences come about through human interaction, but human interaction does not happen in a vacuum - there is always a setting. The setting or place will always affect the experience, either altering or reinforcing a person's demeanor. Places can and should engage all senses, connect to heritage, and provide

story-telling opportunities.

Experience design is the practice of designing places with a primary focus on the quality of the user experience and culturally relevant solutions. Experience design is driven by consideration of moments of engagement, or touchpoints, between people and brands, and the ideas, emotions, and memories that these moments create. Buildings should support those experiences and be viewed as instruments of life that provide inspiration and instigate healing.

Learning Objectives:

- Learn how a life care organization can instigate culture change
- See examples of how to implement a mindset change internally and externally
- Learn about matching expectations of ideology and budgets

Steven Leone, AIA, LEED, Principal Spiezle Architectural Group, Inc.

Jack Dempster, Vice President of Facilities and Construction Christine Holt, Chief Experience Officer Holy Redeemer Health System

BREAKOUT SESSION - "DRIVING VALUE-BASED POST-ACUTE COLLABORATIVE SOLUTIONS"

1:15 - 2:45 p.m.

Zambezi Room

NHA - 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CPE - 1.5

Cross-continuum "road mapping" is an emerging tool many post-acute partners are beginning to utilize to identify new trends, new opportunities, and establish partnerships. We will discuss how executives are developing their post-acute strategies, creating their own care-continuum, and designing a full scope of care delivery. As leaders, our mindset needs to be of "thinking outside of the box" in order to develop innovative post-acute solutions.

Amy Hancock, OTR, CEO/President AdvantageCare Rehabilitation, LLC

AFTERNOON BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

2:45 p.m.

West Foyer

BREAKOUT SESSION - "UNDERSTANDING APPEAL OPTIONS FOR ADVERSE CHC-MCO DECISIONS"

3 - 4 p.m.

Nile Room

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1 General

This session will discuss the various options to appeal adverse Community HealthChoices (CHC)-Managed Care Organization (MCO) decisions internally with the CHC-MCO, identify the appeal deadlines, and summarize the regulatory framework which the CHC-MCO's internal appeals process must follow. This session will also discuss external appeal options in the event the CHC-MCO's internal decisions are unfavorable. Finally, this session will discuss the pros and cons of the available options and how nursing facilities can participate in the appeal process.

Learning Objectives:

- Understand the various CHC-MCO appeal deadlines
- Understand the multi-layered process of pursuing appeals of adverse CHC-MCO decisions
- Understand how a nursing facility can participate in the CHC-MCO appeal process

John Kennedy, Esq., President & CEO Benjamin Glatfelter, Esq., Associate Casey Slotter, Esq., Associate Kennedy, PC Law Offices

BREAKOUT SESSION - "MAKING PAIN MANAGEMENT LESS PAINFUL"

3 - 4 p.m. Zambezi Room NHA – 1 RC/AL – 1 PC - 1 RN – 1

Pain can be a hard problem to adequately solve for our patients and residents. There are many sources of pain. and certainly one form of treatment or medicine doesn't work for everyone. This session will focus on the various types of pain. There will be discussion about the myths that surround treating pain in the elderly and what barriers make treating pain more difficult in the elderly. Furthermore, we will discuss some basic principles of pain management and methods of treating pain that are non-pharmacological.

Rob Leffler, R.Ph, Vice President of Clinical Services PCA Pharmacy

PACAH 2018 FALL VENDOR SHOW - SPONSORED BY GUARDIAN ELDER CARE

4 - 6 p.m. Salons BCFG CBDM - 2 Food Show

Light hors d'oeuvres and a bar will keep the conversation flowing! Be sure to visit all of our vendors and receive signatures from each vendor on your booth layout map for a chance to win some great prizes!

CONFERENCE PARTY - SPONSORED BY WOUND HEALING SOLUTIONS

8:30 – 11 p.m. Orange Room

Help PACAH and Wound Healing Solutions, LLC celebrate the fall season with an evening of snacks, open bar, and D.J. with friends and colleagues.

THURSDAY, SEPTEMBER 27, 2018

REGISTRATION

7 – 11 a.m. Registration D

CONTINENTAL BREAKFAST

7 – 8 a.m. West Foyer

BREAKOUT SESSION - "GOODBYE RUGS IV, HELLO PDPM"

8 - 9:30 a.m. Nile Room NHA - 1.5 RC/AL - 1.5 PC – 1.5 RN – 1.5 CPE - 1.5 CBDM – 1.5 General

On April 27, 2018, Centers for Medicare & Medicaid Services (CMS) released its proposed Skilled Nursing Facility (SNF) rule for 2019 which included plans to replace the existing RUG-IV payment system with an entirely new model. The "Patient Driven Payment Model (PDPM)" was introduced with a belief that it will reduce administrative burdens and correlate payment with patient characteristics rather than services provided.

This program will explore the history of CMS' desire to change the payment model to SNFs. It will also provide an overview of how each component of the daily per diem will be established. Finally, it will provide attendees with practical suggestions on how to start to prepare for the new payment model which is scheduled to become effective on October 1, 2019.

Learning Objectives:

- Attendees will understand the motivation to change the skilled nursing facility payment model
- Attendees will understand how each component of the daily per diem rate will be established
- Participants will receive practical methods to prepare for PDPM

Cindy Gensamer, Vice President Absolute Rehabilitation & Consulting Services, Inc.

BREAKOUT SESSION - "TECHNOLOGY DRIVEN CHANGES IN SENIOR LIVING"

8 - 9:30 a.m. Zambezi Room NHA - 1.5 RC/AL - 1.5 PC - 1.5 RN - 1.5

Any construction started today will be in use over five decades and 10 generations of technology. This session will be a broad ranging discussion on the strategic business model changes for the senior living industry that can be induced/forced by technology in the next decade. The goal is to give senior executives a possibilities orientation not only of how to leverage technologies from Wi-Fi, Remote Sensing, Telemedicine/Telehealth to improve operations in today's business model, but consider how technologies like self-driving cars, mobility assist robots, and drones can introduce new business models.

Learning Objectives

- Bring a sense of urgency to leadership teams regarding business model changes that will uncloak before them in the next decade
- Create a framework to enable teams to start planning for these changes based on their market realities
- Answer the question "What do I do in the next 6 18 months to get ready?"

Ravi N. Bala, Co-Founder and EVP of Marketing/Product Development HealthSignals, LLC

MORNING BREAK - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

9:30 a.m. West Foyer

GENERAL SESSION - "OFFICE OF LONG-TERM LIVING UPDATE/FOG MEETING"

9:45 - 10:45 a.m. Salons DE NHA – 1 RC/AL - 1 PC - 1 RN - 1 CPE – 1

CBDM - 1 General

The Department of Human Services' (DHS) Office of Long-Term Living (OLTL) staff will report on current initiatives, including a focus on Community HealthChoices (CHC) in Pennsylvania. The discussion will include implementation in the Southeast zone, status of the Southwest, any ongoing issues, payment of claims, etc. Other initiatives being undertaken by OLTL and DHS will also be discussed as well as the 2018-2019 FY Budget.

PACAH's Fiscal Officer's Group (FOG) will also meet during the session and be joined by OLTL's finance department. Among the topics to be discussed will be the state budget, status of rate payments, the nursing facility assessment, the IGT, the MDOI payments, and other issues impacting fiscal operations.

Edward P. Frigo, Director, Fiscal Services Premier Healthcare Resources

Peggy Morningstar, Esq., CPA, CFE, Chief Financial Officer Department of Human Services, Office of Long-Term Living

BREAKOUT SESSION - "OUR TWO GREATEST CHALLENGES ARE HIRING AND OCCUPANCY: WHAT'S THE CONNECTION?"

11 a.m. - noon Nile Room NHA – 1 RC/AL - 1 PC - 1 RN – 1 CBDM – 1 General

A recent survey of Pennsylvania communities reported that the two challenges facing our industry in the next few years are hiring and occupancy. In this session, the connections between the two are explored and solutions discussed. Hiring techniques are focused on key triggers to success. First, understanding the role to be filled and what values and attributes the applicants must possess to be successful. What tools are being used? Interviewing skills and hiring systems that are focused on the ultimate goal of a successful new hire. Pre-hire communication, onboarding, goals, evaluation tools, and reward systems are discussed to ensure high occupancy follows. This session is designed to introduce attendees to attributes and values they must decide upon before hiring the right person to fill critical revenue-generating positions.

Veronica Fogelman, President & Founder Ledgerock Consulting, LLC

BREAKOUT SESSION - "STRENGTHENING CARE TRANSITIONS FOR IMPROVED FACILITY DASHBOARDS AND PATIENT OUTCOMES"

11 a.m. - noon Zambezi Room NHA – 1 RC/AL - 1 PC - 1 RN – 1 CPE - 1

Care transitions occur when a resident shifts from one practice setting to another (such as from the Skilled Nursing Facility to the home), which may be a vulnerable and confusing time for patients and their health care providers. Necessary information or systems may be missing or inaccurate leading to possible adverse events. This course will outline strategies and tools for the healthcare provider to improve the flow of necessary information about the resident and to implement systems so that proper care is provided to them throughout the continuum. Facility benchmarks such as episode cost and readmissions to the hospital are managed with an IDT approach and through formalized program/tools and communication.

Heather Meadows, CCC/SLP/Executive Director of PA, Certified Dementia Practitioner (CDP) Ginny Grant, PT, Area Director Rebecca Rumsky, COTA/L, Program Director Premier Therapy, LLC

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PACAH now also offers continuing education credits for assisted living and personal care administrators at our conferences **AND** will be offering additional educational opportunities focused on issues specific to personal care and assisted living entities.



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2018 FALL CONFERENCE SOCIAL OFFERINGS

9/24/18 - WELCOME PARTY

Kick-off our conference with Complete Healthcare Resources - Eastern, Inc. at our Welcome Party on Monday, September 24 in Salons EF. Enjoy cocktails, dinner and an open bar with great company from 6 - 10 p.m.

9/25/18 - FALL GOLF OUTING

Thank you PELICAN Insurance for hosting our 2018 fall golf outing! Lunch will be available beginning at 12:30 p.m. Tee time is at 1:30 p.m. Players will be responsible for their own transportation to and from Kalahari Resorts & Conventions and Buck Hill Golf Course.

9/25/18 - FALL AFTERNOON OUTING

Affinity Health Services and Functional Pathways are taking us to Barley Creek Brewing Company for light hors d'oeuvres and samplings of handcrafted, award-winning brews. Coach bus transportation will be provided on a first come, first serve basis to those who have registered in advance. We will depart Kalahari promptly at 2 p.m. and depart Barley Creek at approximately 4 p.m.

9/26/18 - FALL VENDOR SHOW

Meet one-on-one with associate business and potential business members at our vendor show, hosted by Guardian Elder Care from 4 - 6 p.m. on Wednesday, September 26 in Salons BCFG. Hors d'oeuvres and a bar will keep the conversation flowing! Be sure to visit all of the vendors for your chance to win big!

9/26/18 - CONFERENCE PARTY

Wound Healing Solutions definitely knows how to throw a party! Hors d'oeuvres, open bar and a D.J. is the perfect way to end our Wednesday night, beginning at 8:30 p.m., in the Orange Room. So, sit back, relax, and enjoy the fun with your colleagues!!

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