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WIRELESS INTERNET ACCESS

The Penn Stater Hotel and Conference Center offers complimentary high-speed wireless internet access throughout the entire property. No log-in is required.

- 1. Connect using "attwifi"
- 2. Once connected, you may need to open your internet browser to complete the connection

NAME BADGES

All attendees and vendors must wear their PACAH conference badge to attend conference events.

CEU TRACKING

PACAH now utilizes electronic badge scanning for all educational credit tracking. In order to receive continuing education hours for attended sessions, you must scan in prior to the start of each educational session as well as scan out after each session ends. Paper certificates will no longer be distributed to track educational credits.

CONFERENCE COURTESY

As a courtesy to all attendees, we appreciate your cooperation by putting all cell phones and other electronic devices on "silent mode." This has become a necessary request given our current culture, but we hope everyone realizes its importance. Thank you for your cooperation and understanding.

SMOKING POLICY

The Penn Stater Hotel and Conference Center provides guests with a non-smoking environment for their accommodations. Guests are reminded at the time of booking, during registration, and displayed signage in all rooms that smoking is not permitted in their hotel accommodations, but designated smoking areas are offered.





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- FREE webinars with CEUs
- Regional meetings to discuss issues with members
- Discounted registration fees to PACAH's two yearly statewide conferences, offering NHA, PC, RC/AL, Fiscal, Nursing and Dietary credits and the opportunity to network and learn from premier experts in the healthcare and long-term care industry
- FREE quarterly fiscal staff meetings with OLTL staff
- And more!

CONTACT

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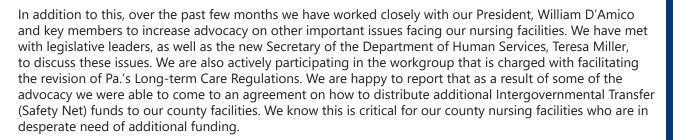
Welcome from PACAH's Executive Director

Dear PACAH members and conference attendees –

elcome to PACAH's 2018 Spring Conference! We at PACAH continue to strive to bring you the best educational opportunities, provide comprehensive statewide advocacy, and keep you up-to-date on issues impacting your ability to provide services in the long-term care arena. Your choice to participate in our Spring Conference shows your commitment long-term care.

With the unprecedented changes to long-term care that we are currently seeing, I believe it is more important than ever for nursing facility administrators, staff, and providers to remain up-to date and educated. The implementation of Community HealthChoices (CHC) in the Southwest region of Pennsylvania has been one of these unprecedented changes. PACAH has been extraordinarily busy assisting members and helping to educate and inform the managed care organizations (MCOs) and state administrative staff on

how best to implement the changes and their impact on facilities and residents. Unique issues continue to be addressed daily, and PACAH has an integral role in assisting in the distribution of the Access to Care Payments. We think that due to the hard work of PACAH, as well as our Southwest facilities, we have minimized issues in the first few months, but continue to encourage all members to reach out to us.



Despite everything that is going on, I remain confident in our membership's ability to adapt and succeed. You have met the challenges that have been thrown at you and continued to not only do your jobs, but find ways to make improvements. Whether you are focusing on the quality of care, finding new ways to deliver services, or coming up with strategies to improve your bottom line, I never fail to be amazed at what our members accomplish each day.

At PACAH, we will continue to support you through all of this. We will continue our regular communication with DHS, DOH, elected officials, and MCOs. We will also continue to negotiate payment mechanisms and policy positions that best support all of you. We continue to have top-notch education on a regular basis, and neither Kim Deline nor I are ever more than a phone call or email away.

Hopefully, at this conference members will be able to learn as much as possible while also taking the time to network and relax. We are very excited for our wide variety of conference social events and hope all attendees – members, non-members, vendors, and business partners are able to take advantage of everything PACAH has to offer. If you are not a PACAH member, I hope you take a minute to talk to our Meeting and Marketing Manager Kim Deline or myself to find out a little more about PACAH.

Along with our President, William D'Amico, Executive Board, and Kim, I want to thank all sponsors, vendors, and attendees for making this conference a success!

Have a wonderful conference!

Kelly Andrisano Executive Director PACAH



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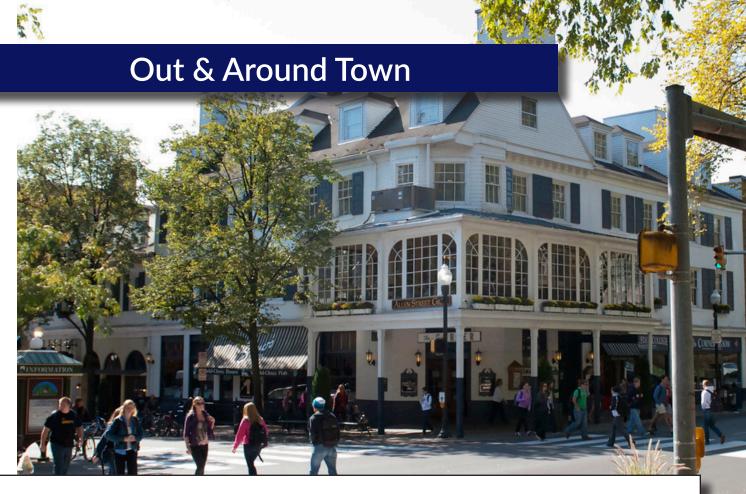
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State College is a college town, dominated economically and demographically by the presence of the University Park campus of the Pennsylvania State University (Penn State). Though "Happy Valley" is another often used term to refer to the State College area, the term also includes the borough and the townships of College, Harris, Patton, and Ferguson.

Source: https://en.wikipedia.org/wiki/State College, Pennsylvania



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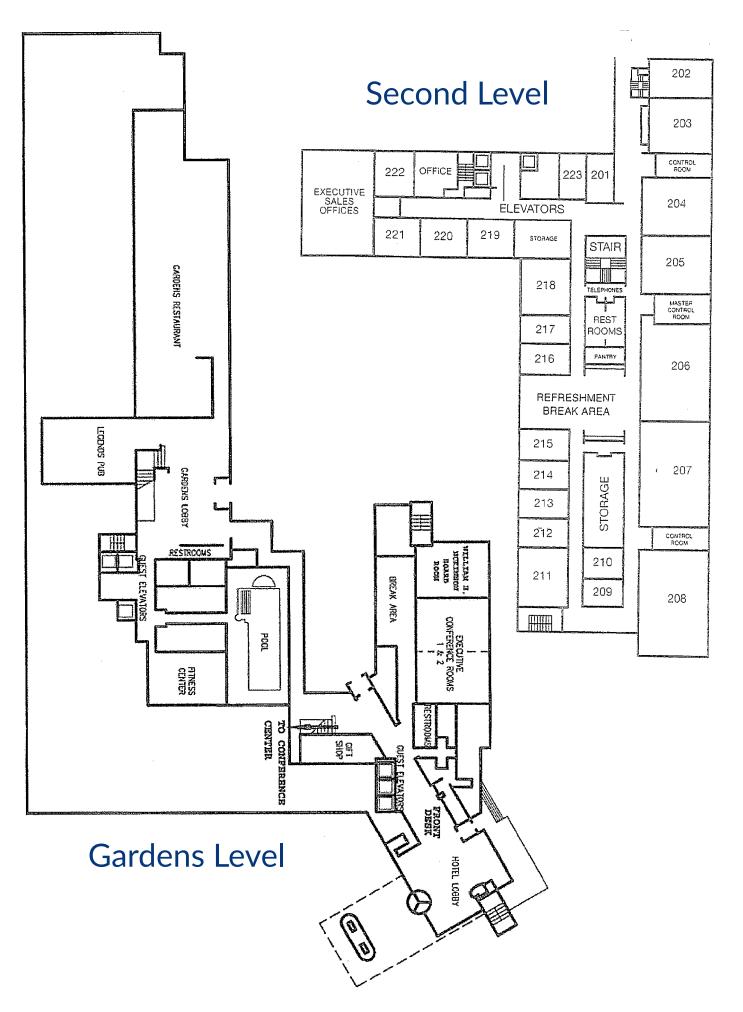
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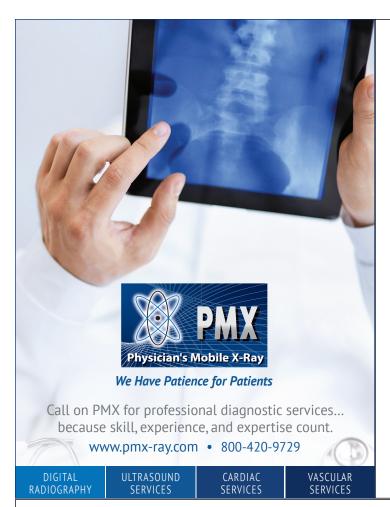


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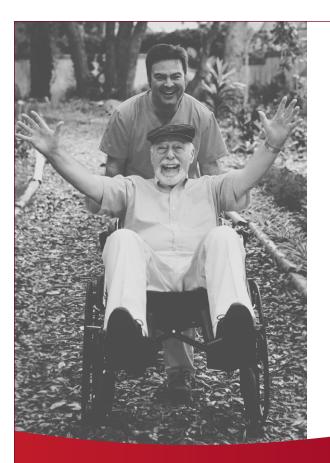
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Abdomen Facial & Nasal Bones

Chest/Ribs Mandible

Ultrasound:

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General:

Abdomen Liver (Limited/ Complete) Aorta

Breast Prostate / Scrotal

Pancreas Renal Testicular Thyroid

Gallbladder/Bladder

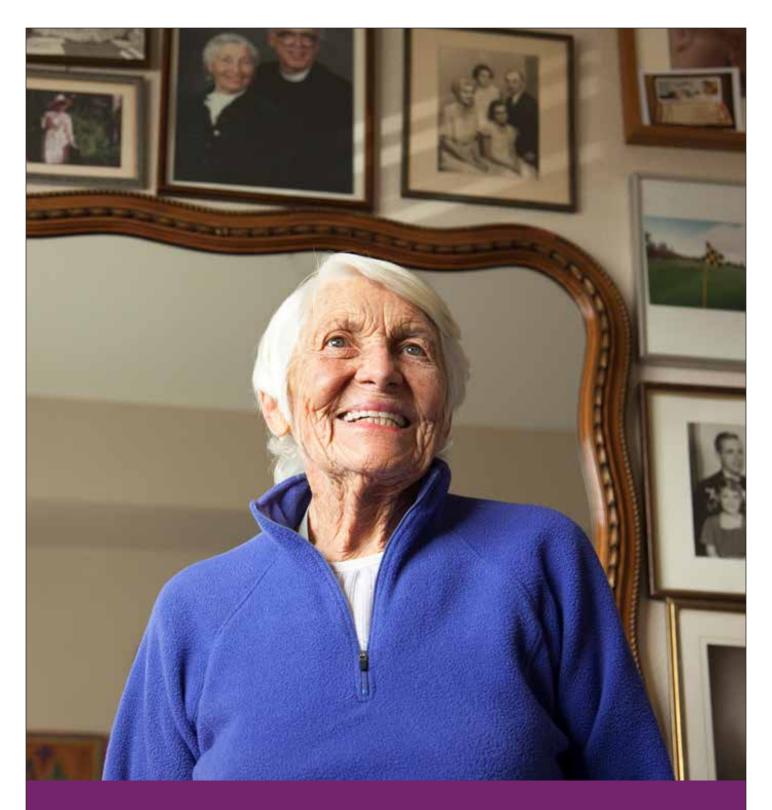
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UPMC Community HealthChoices is proud to support the **PACAH 2018 Spring Conference.**

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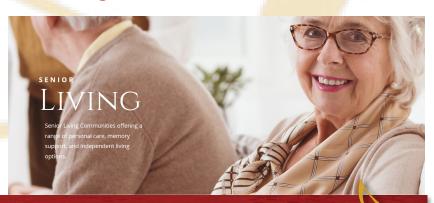
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www.pacahpa.org





Full Conference agenda begins on page 30

... AT A GLANCE

TUESDAY, APRIL 24, 2018

9 a.m. - 6 p.m.

10 a.m. - 12:30 p.m.

1 - 4:15 p.m.

2:30 p.m.

2 - 4 p.m.

6 - 10 p.m.

Registration

Executive Board Meeting

PELICAN Training

Afternoon Break

Fiscal Management Committee Meeting

Welcome Party

WEDNESDAY, APRIL 25, 2018

7 a.m. - noon

7 - 8 a.m.

8 - 9·15 a m

9:15 - 9:30 a.m.

9:30 a.m. - 10:30 a.m.

10:30 a.m.

10:30 a.m. - 1 p.m.

noon - 1:30 p.m.

1:30 p.m.

1:30 - 4:30 p.m.

5 - 7 p.m.

Registration

Continental Breakfast

Keynote Speaker, Jake Poore

Meet & Greet with Jake

Educational Sessions

Morning Break

Educational Sessions

Golf Luncheon

2018 Spring Golf Outing

2018 Spring Wine Outing

New Member & Attendee

Happy Hour



THURSDAY, APRIL 26, 2018

7 a.m. - 3:30 p.m.

7 - 8 a.m.

8 - 10:15 a.m.

10:15 a.m.

10:30 - 11:30 a.m.

11:45 a.m. - 12:45 p.m.

1 - 2:30 p.m.

2:30 p.m.

2:45 - 3:45 p.m.

3:45 - 6 p.m.

8:30 - 11:30 p.m.

Registration

Continental Breakfast

Educational Sessions

Morning Break

Educational Sessions

PELICAN Luncheon & Business Meeting

Educational Sessions

Afternoon Break

Educational Sessions

PACAH 2018 Spring Vendor Show

Conference Party

FRIDAY, APRIL 27, 2018

7 - 11:30 a.m.

7 - 8 a.m.

8 - 10 a.m.

10 a.m.

10:15 a.m. - 12:30 p.m.

Registration

Continental Breakfast

Educational Sessions

Morning Break

Educational Sessions

PACAH 2018 SPRING CONFERENCE AGENDA

CREDIT APPROVAL NOTICE

The 2018 spring educational offerings have been approved by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) for 25.25 total credit hours for Nursing Home Administrators and 25.25 total credit hours for Assisted Living Residence Administrators. (16.75 max)

PACAH has been approved for 25.25 total credit hours for Licensed Personal Care Home Administrators. (16.75 max)

This program offers 25.25 total credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing. (16.75 max)

PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 13.5 total credit hours. (11.5 max)

This program has been approved for fulfilling the continuing education requirements of the Certifying Board for Dietary Managers (CBDM) for 25.25 total credit hours for CDM, CFPP certified individuals. (16.75 max)

CEU LEGEND

NHA - Nursing Home Administrators RC/AL - Assisted Living Administrators PC - Personal Care Home Administrators RN - Nursing CPE - Fiscal CBDM - Dietary



CONTINUING EDUCATIONAL CREDIT TRACKING

PACAH will no longer issue paper certificates as proof of attendance.

All educational credits will be electronically tracked with barcode scanners. You will see a barcode located at the bottom of your name badge - a barcode that is unique to you. Please look for PACAH board or staff members that are holding barcode scanners as you enter and exit session rooms.

In order to accurately track your session attendance, you are required to have your barcode scanned prior to all sessions. At the end of each session, you are again required to have your barcode scanned upon departure from the session room. Failure to have your barcode scanned both prior to and after sessions will result in inaccurate session tracking and the risk the loss of credit hours earned.

Approximately one month post-conference, you will receive information regarding the retrieval of your certificate of attendance electronically.

Please visit PACAH's registration desk if you have any additional questions.

EVALUATIONS

Please take a few moments to complete the evaluation form found in your registration packet. PACAH's Education Committee appreciates and relies on your comments and ideas in order to further improve our upcoming conferences, webinars, and training sessions.

When you have completed your evaluation, please submit the form to PACAH's registration area or submit to Kim Deline via email or mail:

PACAH PO Box 60769 Harrisburg, PA 17106-0769 kdeline@pacounties.org

TUESDAY, APRIL 24, 2018

REGISTRATION

9 a.m. – 6 p.m. Registration Desk One

EXECUTIVE BOARD MEETING AND LUNCH

10 a.m. – 12:30 p.m. Room 218

GENERAL SESSION - "PELICAN TRAINING" - SPONSORED BY PELICAN INSURANCE, RRG

1 – 4:15 p.m. Room 207

NHA – 3

RC/AL - 3

PC - 3

RN - 3

CBDM - 3

"CMS EVENT PREPAREDNESS GUIDELINES AND NATURAL DISASTER EMERGENCY PREPAREDNESS"

During this session the learner will be presented an overview of the CMS Emergency Preparedness Rule. The learner will understand the general requirements of this rule and how best to meet the requirements. The best way to meet a majority of the rule is for facilities to participate in their regional healthcare coalition. The learner will be presented with the Pennsylvania Healthcare Coalition program and how to participate, benefits and examples. Case studies of past emergency events will be presented to the audience to provide examples of best practices, lessons learned, and to provide additional emphasis to the previous topics of CMS and Coalitions.

Mark Ross, CHEP, Regional Manager, Emergency Preparedness Hospital & Healthsystem Association of Pennsylvania

AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG

2:30 p.m.

Second Floor Break Area

FISCAL MANAGEMENT COMMITTEE MEETING

2 - 4 p.m.

Room 218

WELCOME PARTY - SPONSORED BY COMPLETE HEALTHCARE RESOURCES- EASTERN, INC.

6 – 7 p.m. - Cocktail Hour 7 – 10 p.m. - Dinner Buffet

Presidents Hall 1

Join PACAH and Complete Healthcare Resources - Eastern, Inc. as we kick-off PACAH's 2018 Spring Conference! Be sure to stop by for an evening complete with hors d'oeuvres, dinner, open bar, and great conversation with fellow attendees!

WEDNESDAY, APRIL 25, 2018

REGISTRATION

7 a.m. – noon Registration Desk One

CONTINENTAL BREAKFAST - SPONSORED BY HARRIS MEDICAL, LLC

7 - 8 a.m.

Prefunction Presidents Hall 1

KEYNOTE SPEAKER, JAKE POORE - "THE POWER OF CONNECTIONS" AND "THE LEADER'S ROLE IN BUILDING AND SUSTAINING EXCEPTIONAL PATIENT EXPERIENCES" - SPONSORED BY PELICAN INSURANCE, RRG

8 – 9:15 a.m. Presidents Hall 1 NHA – 1.25 RC/AL - 1.25 PC - 1.25 RN – 1.25 CBDM - 1.25

"THE POWER OF CONNECTIONS"

Whether we realize it or not, patients today are consumers. Your clinical reputation gets them in the front door, but what gets them to come back? And what will earn a lifetime of loyalty, especially if you are not the lowest cost or most convenient provider?

If we could walk in the patient's shoes, we would discover that their entire experience is made up of many opportunities to make connections, where each step and every employee interaction matters. While random acts of kindness are good, the real key to improving patient experiences and building loyalty lies in your ability to empower employees to intentionally and consistently orchestrate connections, rather than leaving them to chance. The secret is to take random acts of kindness and hard wire them so those moments - those connections - become business as usual. Ultimately, we must apply the same rigor to service excellence as we do to clinical expertise and we do this through the power of connections.

Go with Jake as he shares both the best practices and lessons learned that will arm and empower every member of your care team with the tools they need to intentionally orchestrate patient connections, improve the patient experience, and build loyalty.

"THE LEADER'S ROLE IN BUILDING AND SUSTAINING EXCEPTIONAL PATIENT EXPERIENCES"

Whether you have a title or not, everyone is a leader. We all have a circle of influence on others. Great leaders not only take care of our patients and customers, they inspire their colleagues and associates. Participants will gain knowledge of both the approach and the tools successful leaders use to elevate experiences to world-class status.

In this dynamic presentation, Jake will share a powerful but simple tool that weaves together the two levels of every patient interaction and how, when those levels are balanced, trust is established and reinforced between patients and caregivers.

As faculty for the American College of Healthcare Executives, a former Disney leader, and President and Chief Experience Officer of Integrated Loyalty Systems, Jake is the leading expert on creating world-class employee and patient experiences. Join us as he shares his knowledge and inspires!

Jake Poore, President & Chief Experience Officer Integrated Loyalty Systems

MEET & GREET WITH JAKE POORE

9:15 - 9:30 a.m.

Prefunction Presidents Hall 1

GENERAL SESSION - "2018 REGULATORY HAPPENINGS"

9:30 - 10:30 a.m.

Room 205

NHA – 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

This session will examine the recent changes in federal and state enforcement philosophies and sanctions. We will also explore strategies for improving survey outcome. Through collaborative discussions, attendees will share recent experiences and survival techniques.

Paula Sanders, Esq., Principal & Chair, Healthcare Practice Post & Schell, P.C.

MORNING BREAK

10:30 a.m.

Second Floor Break Area

BREAKOUT SESSION - "COMMUNITY HEALTHCHOICES: LESSONS LEARNED IN PHASE 1 NEGOTIATION"

10:45 - 11:45 a.m.

Room 205

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

Phase 1 of Community HealthChoices (CHC) began in the Southwest Zone on January 1, 2018. Before this implementation, there were months of negotiation with the CHC Managed Care Organizations (MCOs) to finalize the service agreements with facilities. DHS delayed Phase 2 and 3 to learn from the Phase 1 rollout and allow time to make any necessary adjustments before implementing further phases. Facilities should use this time to do the same. The new start dates for the other phases are January 1, 2019 for the Southeast and January 1, 2020 for the Northwest, Northeast, and Lehigh/Capital Region. If your facility is in Phase 2 or 3, it is time to begin preparing for the process of negotiating with the selected MCOs.

In attending this session, you will:

- Learn what the negotiation process will be, including expectations and time frames
- Discover what issues the MCOs may be willing to negotiate on and what they will not
- Anticipate what obstacles you may face
- Hear about how all three MCOs handled rates
- · Understand who and what you need to bring to the table to be most effective

Cynthia A. Haines, Esq., Principal Post & Schell, PC

BREAKOUT SESSION - "ACO SUCCESS: THERAPY CAN HELP"

10:45 - 11:45 a.m.

Room 206

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

An Accountable Care Organization (ACO) is a group of doctors, hospitals, and other healthcare providers who collaborate their efforts with the goal of delivering high-quality care to Medicare patients. The goal for this level of care coordination is to improve communication and collaboration among all members of a patient's healthcare team, ensuring that patients receive the best care at the most appropriate time. ACO structure also attempts to eliminate unnecessary or duplicate services by forcing providers to operate as part of a team. To become a valued member of the ACO, skilled nursing facility (SNF) providers are strongly encouraged to present dashboards that paint a certain picture, which requires a team of collaboration. This course is designed to describe the main SNF focuses and a successful inter-disciplinary program that achieves the desired results for both the provider and their patients.

At the conclusion of our presentation, the participant will be able to:

- Describe the goals and characteristics of a successful ACO
- Understand the critical benchmarks necessary to flourish in the ACO environment
- Identify an interdisciplinary team approach and best practices needed to be successful within the ACO

Heather Meadows, CCC/SLP/Executive Director of PA, Certified Dementia Practitioner (CDP)

Ginny Grant, PT, Area Director

Rebecca Rumsky, COTA/L, Program Director

Premier Therapy, LLC

BREAKOUT SESSION - "CREATING A CUSTOMIZED VERSION OF THE 'HOUSEHOLD MODEL' AT YOUR FACILITY"

10:45 - 11:45 a.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

The household model has become the prevalent paradigm in the industry, but does it seem unattainable within your physical plant issue or care culture?

This session will explore ways to create households under difficult circumstances, will bring new ideas from other cultures and housing types, and will explore the social unit that is the household itself. Many facilities have a physical plant arrangement that dates back into the 70s, 80s, or 90s when senior housing and care was very different. The culture of aging has changed, and with it must change both care attitudes and living environments.

Learning objectives:

- Understanding what a household really is
- Gaining ideas from other approaches to housing and care
- Reconsidering realistic household size versus staffing and budget
- · Looking at practical ways to create better environments in aging facilities

We will also touch on the nature of households as family units or circles of friends as well as look at care models from Canada, Europe, and even the VA, and get ideas from other housing models, all to take a fresh look at your own opportunities to improve your culture of care.

Thomas S. Grden, AIA, Principal Tracey Graham, RN, MSN, MSM, CEN NP-C, DNP, Senior Healthcare Strategist

Renz A. Weinmann, A.I.A, LEED AP BD&C, Associate Architect

Stantec Architecture

GENERAL SESSION - "OLTL UPDATE AND FISCAL OFFICER'S GROUP MEETING"

noon - 1 p.m.

Presidents Hall 1

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

The Department of Human Services' (DHS) policy manager for the Office of Long-Term Living (OLTL) will report on current initiatives undertaken by her office. This will include an update on Community HealthChoices (CHC) in Pennsylvania with discussion on implementation in the Southwest, any ongoing issues, payment of claims, etc. Other initiatives being undertaken by OLTL and DHS will also be discussed as well as the 2018-2019 FY Budget. PACAH's Fiscal Officer's Group (FOG) will also meet during the session and be joined by OLTL's finance department. Among the topics to be discussed will be the state budget, status of rate payments, the nursing facility assessment, the Intergovernmental Transfer (IGT), the MDOI payments, and other issues impacting fiscal operations.

Edward P. Frigo, Director, Fiscal Services Premier Healthcare Resources

Peggy Morningstar, Esq., CPA, CFE, Chief Financial Officer Department of Human Services, Office of Long-Term Living

Judith Patrick, Policy Manager

Bureau of Policy and Regulatory Management, Department of Human Services, Office of Long-Term Living

PACAH 2018 SPRING GOLF OUTING - SPONSORED BY UPMC COMMUNITY HEALTHCHOICES

noon – 1:30 p.m. - Lunch 1:30 p.m. - Shotgun Start Mountain View Golf Course

Lunch will be available beginning at noon. Tee time is at 1:30 p.m. Players will be responsible for their own transportation to and from the Penn Stater Hotel and Conference Center and Mountain View Golf Course.

PACAH 2018 SPRING WINE OUTING - SPONSORED BY AFFINITY HEALTH SERVICES & FUNCTIONAL PATHWAYS

1:15 p.m. - Meet in the hotel lobby 1:30 p.m. - Coach bus departs the Penn Stater Mt. Nittany Vineyard & Winery

SOLD OUT

Affinity Health Services and Functional Pathways are taking us on a relaxing afternoon, among the picturesque landscape of Mt. Nittany Vineyard and Winery, where we will sample their wines and enjoy a light lunch. Coach bus transportation will be provided on a first come, first serve basis to those who have registered in advance. We will depart the Penn Stater promptly at 1:30 p.m. and depart Mt. Nittany Vineyard & Winery at approximately 4 p.m.

NEW MEMBER & CONFERENCE ATTENDEE HAPPY HOUR - SPONSORED BY EXPRESS MOBILE DIAGNOSTICS. LLC

5 - 7 p.m. Deans Hall 1

PACAH and Express Mobile Diagnostics welcome our new members and first-time attendees for cocktails and hors d'oeuvres...on us! All conference attendees are welcome and encouraged to attend!

THURSDAY, APRIL 26, 2018

REGISTRATION

7 a.m. – 3:30 p.m. Registration Desk One

CONTINENTAL BREAKFAST - SPONSORED BY GARDARX, LLC

7 - 8 a.m.

Prefunction Presidents Hall 1

GENERAL SESSION - "PACAH BUSINESS MEETING & LEGISLATIVE UPDATE/COMMUNITY HEALTHCHOICES: THE SOUTHWEST EXPERIENCE"

8 - 9 a.m.

Presidents Hall 1

NHA - 1

RC/AL - 1

PC – 1

RN – 1

CPE-1

CBDM - 1

Following a brief business meeting and update, PACAH will host a Community HealthChoices (CHC) panel discussion for attendees. The panel will feature skilled nursing facility representatives and businesses from the Southwest region who can provide some insights and recommendations regarding the implementation of Community HealthChoices in the Southwest as well as tips and suggestions for facilities in the other two implementation zones. Hear from actual providers on their experiences with transportation, claims submission, service coordinators, pre-authorization, auto-enrollment, 30 day plans, dental services, and other specific CHC issues. There will be time for discussion and questions from attendees to ensure that the most timely topics are addressed. The session will be moderated by Kelly Andrisano, PACAH Executive Director, and Mike Kessler and Edward Klik of Arnett Carbis Toothman, LLP.

Kelly Andrisano, J.D., Executive Director PACAH

Michael J. Kessler, III, CPA, CGMA, Senior Manager - Health Care Services Arnett Carbis Toothman, LLP

Edward A. Klik, Jr., Partner - Health Care Services, Director of Health Care Reimbursement Services Arnett Carbis Toothman, LLP

BREAKOUT SESSION - "WHAT IS THE REAL AND ONGOING IMPACT OF THE MDS IN YOUR FACILITY?"

9:15 - 10:15 a.m.

Room 206

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

Minimum Data Set (MDS) assessments continue to be a focus now and in the future. Attendees will achieve a basic understanding of MDS scheduling, accuracy, and the impact of MDS documentation on various federal programs' reimbursement system, including, but not limited to quality measures, Five-Star Report, Value-Based Purchasing, and Quality Reporting Program. We will also cover what Department of Health (DOH) surveyors will be reviewing from the MDS assessments during your facility survey.

The session will review the following:

- The importance of MDS assessment accuracy
- DOH Survey, Federal Regulations 483.20 Resident Assessments pertaining MDS assessments, scheduling, accuracy, completion, and submission
- Review Quality Reporting Program (QRP) and Value-Based Purchasing (VBP)
- Accurate identification of the MDS assessments that would identify issues/areas for each of the programs
- MDS' effect on the quality measures and how that impacts your facility and Five-Star Rating calculations
- Review what MDS assessments are used in Payroll Based Journal (PBJ) census calculation

Margaret Turner, RN, RAC-CT, Senior Director, Clinical Reimbursement Lisa Gourley, RN, RAC-CT 3.0, Clinical Reimbursement Specialist Kara Schilling, RN, RAC-CT 3.0, Clinical Reimbursement Specialist Complete HealthCare Resources- Eastern, Inc.

BREAKOUT SESSION - "CYBER SECURITY IN HEALTH CARE - WHAT YOU NEED TO KNOW TO PROTECT YOUR ORGANIZATION"

9:15 - 10:15 a.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN – 1

CPE - 1

CBDM - 1

Security of patient data is becoming even more of an issue as security breaches are often a daily news item. Cyber security is an important defense against malicious outsiders or insiders. A good cyber security defense contains multiple facets including technical, physical, and administrative controls. This session will cover cyber security basics, risk, prevention, preparation, and response in a healthcare environment.

Session objectives:

- Explain cyber security basics and how it relates to HIPAA regulations
- Describe cyber-attack techniques
- Identify cyber-attack prevention, preparation and response basics
- List cyber vulnerabilities

Audience Benefits:

- Understand cyber security basics
- Understand a practical approach for planning, managing, achieving and maintaining cyber security

John P. DiMaggio, Co-Founder & CEO BlueOrange Compliance

MORNING BREAK - SPONSORED BY ABSOLUTE REHABILITATION

10:15 a.m.

Second Floor Break Area

BREAKOUT SESSION - "DOH SANCTIONS: A NEW ERA"

10:30 - 11:30 a.m.

Room 206

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

As of December 2017, nursing facilities have begun to see a significant increase in the amount of civil money penalties imposed by the Pennsylvania Department of Health (DOH). In some instances, the civil money penalties are in the six-figure range, which is excessive and unprecedented as compared to fine amounts that DOH has issued in previous years. It appears that DOH has revamped the framework or methodology it utilizes in determining the amount of civil money penalties, which has resulted in civil penalties that are much more punitive in nature. To avoid the imposition of civil penalties and other DOH sanctions, nursing facility providers will need to ensure compliance with the long-term care Final Rule and be familiar with the revisions to Appendix PP of the State Operations Manual, which revised interpretative guidance became effective November 28, 2017, along with the Phase 2 requirements of participation. This session will address strategies and best practices for nursing facilities to consider in preparing for a survey and will also provide a brief overview of the new long-term care survey process. The presenter will also explore the appeal options available to nursing facility providers in responding to an adverse survey.

Tanya Daniels Harris, Esq., Senior Attorney Latsha Davis & McKenna, P.C.

BREAKOUT SESSION - "WHY EVERY NURSING FACILITY SHOULD BE OFFERING TELEMEDICINE FOR ITS RESIDENTS"

10:30 - 11:30 a.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

Telemedicine has proven itself as a safe, effective, and viable service for improving access to care for nursing

facility residents and as a valuable tool for preventing avoidable skilled nursing facility (SNF) to hospital transfers and emergency room visits. This session will elaborate on the need for, the benefits of, and the positive economic impact telemedicine can have on an individual nursing facility. The session will also differentiate non-rural from rural SNFs and identify the significant operational and financial differences between them.

Today's health care system is rapidly changing, and nursing home operators must also change with the times. The historical practice pattern of physicians sending residents to the hospital with any significant change of medical condition is no longer acceptable. This historic practice, known as "The Default Factor," is being replaced with the use of telemedicine which provides access to a virtual physician at the bedside capable of conducting an in-depth evaluation of the resident's medical condition and accurately determining if a resident's condition justifies being admitted to the hospital or if the resident can and should remain and be cared for in the SNF.

Learning Objectives will provide attendees with an understanding of:

- What "telemedicine" means for SNFs and the various services and benefits it can offer your residents and your facility
- How utilizing a virtual physician can be integrated and accepted by your medical director and other practicing physicians
- Implications of utilizing telemedicine, specifically: What is the real cost; does it require cash outlay or will it generate a financial return for my facility; can it improve my Resource Utilization Group (RUG) Scores and Five-Star Quality Rating?
- How does telemedicine differ for rural versus non-rural facilities?
- How to conduct a "self-evaluation" of your SNF to determine if telemedicine is right for your facility

John Whitman, MBA, NFA Founder & Executive Director, The TRECS Institute Adjunct Professor, The Wharton School, University of Pennsylvania

PELICAN INSURANCE, RRG LUNCHEON & BUSINESS MEETING

11:45 a.m. - 12:45 p.m.

Deans Hall

All attendees are welcome to join PELICAN Insurance, RRG for lunch and PELICAN member update.

BREAKOUT SESSION - "QUALITY MEASURES ARE MY FRIENDS"

1 - 2:30 p.m. Room 206 NHA - 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CPE - 1.5

CBDM - 1.5

Are you interested in improving your quality measures (QM) on your Five-Star Rating? Do you believe you need to be an active participant in knowing your Minimum Data Set (MDS) common coding errors that affect your quality measures? Who in your facility is responsible for, has the time, and has the knowledge to see the big picture of coding the MDS, completing insurance updates, CAA and person-centered care plans, and also knows how it all affects your quality measures? As a nursing home administrator, director of nursing or assistant director of nursing, you will learn why your focus needs to be on your QMs and how to prevent your Five-Star Rating from dropping. You will learn the QMs and how the data entered on the MDS affects each one, common coding errors that affect the QMs (although one mistake is not so easy to fix), and how the NAC can correct these errors. You will learn how therapy uses the QMs to aid in long-term care advocacy programming.

Dave Lishinsky, PT, VP of Clinical Compliance Kathy Kemmerer, LPNAC, RAC-CT 3.0, CPRA, CMI Specialist and Medicare Reimbursement Specialist AdvantageCare Rehabilitation, LLC Care Coordination Management, LLC Advantage Home Health Services, LLC

BREAKOUT SESSION - "CONTROLLING LEGIONELLA IN BUILDING WATER SYSTEMS"

1 - 2:30 p.m. Room 207

NHA – 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CBDM - 1.5

With ASHRAE 188 and CMS following this ASHRAE guideline, there is now a need to control Legionella in your building water systems. We will discuss the basic areas of risk in your building water systems and identify how a Water Safety Plan (WSP) is developed and what needs to be incorporated. This is a requirement for facilities to manage and maintain.

With your WSP, we will guide you step-by-step on how to manage and maintain your building water systems where they are controlling Legionella and other waterborne pathogens. Monitoring and remediation will be discussed along with the proper records management.

Today, without this water management plan in effect, you and your patients will be at risk. This common sense approach will allow you to put in place a program which will comply with the current guidelines and directives.

Jeffrey L. Rudolph, Sr., CWT, President Robert Maxson, CWT, LEED GA, Sales Representative Klenzoid, Inc.

AFTERNOON BREAK - SPONSORED BY 360CARE

2:30 p.m.

Second Floor Break Area

BREAKOUT SESSION - "DISPENSING SOME CLARITY THROUGH THE HAZE: AN UPDATE ON MEDICAL MARIJUANA IN PA LONG-TERM CARE"

2:45 - 3:45 p.m.

Room 206

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

Marijuana use - both medical and recreational - has been a topic of great debate in recent months. Some form of marijuana use is now legal in 29 states, and the District of Columbia. However, marijuana use and possession (even for medical purposes) are still a violation of Federal Law, and Attorney General Sessions is not a supporter. We'll discuss the state of the law in Pennsylvania, various forms of permissible use and health conditions that allow it, reasons residents and/or their physicians may have an interest in the use of marijuana, and the potential implications of allowing possession and use in a facility.

Michael A. Hynum, Esq., Founder & Owner Hynum Law

BREAKOUT SESSION - "MANAGED CARE REIMBURSEMENT: A FULL CONTRACT SPORT"

2:45 - 3:45 p.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN – 1

CPE - 1

CBDM - 1

To quote the great Wayne Gretzky, "A good hockey player plays where the puck is. A great hockey player plays where the puck is going to be."

With over 10 years of working with Managed Care Organizations (MCOs) across 15 states, we have learned how to prepare and anticipate the MCO's next move. By knowing this, we can show you how to avoid their typical - and sometimes not so typical - techniques that stand in the way of your reimbursement.

Steve Shain, Chief Operating Officer LTC Contracting, LLC

PACAH 2018 SPRING VENDOR SHOW - SPONSORED BY GUARDIAN ELDER CARE

3:45 - 6 p.m. Presidents Hall

Light hors d'oeuvres and a bar will keep the conversation flowing! Be sure to visit all of our vendors and receive signatures from each vendor on your booth layout map for a chance to win some great prizes!

CONFERENCE PARTY - SPONSORED BY APEX REHAB SOLUTIONS

8:30 – 11:30 p.m.

Senate Suite

Time to break out the Hawaiian shirts for PACAH's and Apex Rehab Solutions' salute to all that is summer...PACAH's Beach Party! Let's warm up with hors d'oeuvres, beverages, and a D.J. to get everyone into a "summer" frame of mind!

FRIDAY, APRIL 27, 2018

REGISTRATION

7 – 11:30 a.m. Registration Desk One

CONTINENTAL BREAKFAST

7 – 8 a.m.

Prefunction Presidents Hall 1

GENERAL SESSION - "A PANEL DISCUSSION WITH THE MCOS"

8 - 9 a.m.

Presidents Hall 1

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

Community HealthChoices (CHC), Pennsylvania's Managed Long-term Supports and Services Program, was implemented in the Southwest on January 1, 2018. It is also set to be implemented in the Southeast on January 1, 2019. Hear from the three Managed Care Organizations (MCOs) on how implementation has gone, frequently asked questions, and other must know information for all providers. With implementation for all nursing facilities happening January 1, 2020, it is critical that all long-term care providers become prepared for the transition and hear critical updates and program information directly from the MCOs.

Kelly Andrisano, J.D., Executive Director PACAH

Jill Blessington, Manager Provider, Network Management AmeriHealth Caritas Pennsylvania Anna Keith, Senior Director, Strategic Partnerships PA Health & Wellness

Danielle Wachter, Network Manager UPMC Community HealthChoices

BREAKOUT SESSION - "THE DATA IMPACT TO UPCOMING TRENDS IN SNF REIMBURSEMENT METHODOLOGIES"

9 - 10 a.m.

Room 206

NHA – 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1

We will discuss new, as well as proposed skilled nursing facility (SNF) reimbursement methodologies including bundled payments, SNF Quality Reporting Program (QRP), Value Based Purchasing (VBP) and the Resident Classification System (RCS-1) model. We will discuss the background behind these initiatives, the current implementation/timing status, and the impact to providers' reimbursement.

We will explain how these reimbursement models can impact providers and how trends will continue toward data collection and reporting to include in reimbursement models for post-acute providers. As we discuss these reimbursement models, we will share important state and national benchmarking data which providers can utilize to compare to their operations and results. We will direct attendees to the location of available data for their use. We will also discuss strategies for providers to consider to be successful in the new reimbursement environment.

We will also discuss the continuing trend toward Managed Care Organizations (MCOs) and their increasing role in state programs and provide perspectives on provider experiences in other states who have moved toward MCO's to manage their Medicaid programs.

Denise A. Gadomski, CPA, Partner, Healthcare – Senior Care Focus Plante & Moran, PLLC

BREAKOUT SESSION - "THREATS AND OPPORTUNITIES: EMPLOYMENT AND LABOR LAW BRIEFING 2018"

9 - 10 a.m.

Room 207

NHA – 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

Managers and human resources professionals must continue to stay up-to-date with the continued changes and developments in employment and labor laws. This presentation will examine some of the recent changes and developments in the law, and the threats and opportunities those changes present to employers.

Michael McAuliffe Miller, Member Kevin M. Skjoldal, Member Eckert Seamans Cherin & Mellott, LLC

MORNING BREAK

10 a.m.

Second Floor Break Area

BREAKOUT SESSION - "MEDICAID ELIGIBILITY AND COLLECTIONS: RECOGNIZING PROBLEMS AND FINDING SOLUTIONS"

10:15 - 11:15 a.m. Room 206 NHA - 1 RC/AL - 1 PC - 1 RN - 1 CPE - 1 CBDM - 1

If you are new to the wonderful world of Medicaid reimbursement and collections, or a savvy veteran in search of a refresher course, this session will be beneficial. The presentation will focus on the Admission Agreement, the Medicaid application and appeal process, and the basic legal options available to obtain payment for services provided (including administrative appeals, civil litigation, guardianships, and potential criminal charges). The presentation is designed to give the audience the building blocks necessary to recognize a problem, identify the options, and choose the best course of action to follow given the circumstances.

John Kennedy, Esq., President & CEO Benjamin Glatfelter, Esq., Associate Casey Slotter, Esq., Associate Kennedy, PC Law Offices

BREAKOUT SESSION - "DEALING WITH DIFFICULT FAMILIES"

10:15 - 11:15 a.m. Room 207 NHA - 1 RC/AL - 1 PC - 1 RN - 1 CBDM - 1

In long-term care, it is well-known that staff are not just working with their residents but also residents' families. This presentation will cover approaches that should be taken when working with multiple groups of people (residents and family members), especially ones who may have differing or conflicting opinions either between themselves and/or staff.

In this session, we will discuss:

- The influences on family satisfaction and why having family satisfaction is important.
- The power of empathy. Why do we need to show empathy for family and how far can it go when resolving an issue? The power of communication and the need to keep that on-going.
- The importance of discussing illness trajectories with families and remember that not all families have a medical background to understand what medical conditions their loved ones are facing.
- Team work and communication. Staff should be able to lean on each other for one another's expertise. They
 also need to stay consistent in their responses to families, especially difficult ones.

Ronnie Edwards, MSW, LSW, Aging and Disability Coordinator Aging Institute of UPMC Senior Services and University of Pittsburgh

GENERAL SESSION - "DEPARTMENT OF HEALTH UPDATE"

11:30 a.m. - 12:30 p.m. Presidents Hall 1 NHA – 1 RC/AL - 1 PC - 1 RN - 1 CPE – 1

CBDM - 1

Pennsylvania nursing facilities are currently seeing a renewed focus on surveys and fines. We are also operating under new Requirements of Participation and a new survey process that began November 2017. That combined

with continued Life Safety Code (LSC) and Fire Safety Code (FSC) updates and issues, its imperative that members remain up-to-date with information from Pennsylvania's Department of Health (DOH). This session will feature the director of the division of nursing care facilities who will provide timely information on the operations of her department as it relates to surveys and licensing. She will discuss updates and statistical data on Pennsylvania's nearly 700 nursing facilities, new emphasis from the federal government, and other issues impacting nursing facilities from the perspective of licensing and surveys. The director of the division of safety inspection will also provide updates on critical LSC issues.

Charles Schlegel, Director, Division of Safety Inspection Susan Williamson, Director, Division of Nursing Care Facilities Pennsylvania Department of Health, Division of Long-Term Care



2018 FALL CONFERENCE

September 24 - 27 Pocono Mountains, PA



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We thank PACAH's 2018 Spring Conference speakers for their time and knowledge. Your contribution helps to ensure a successful conference, year after year!

NEW TO PACAH

PERSONAL CARE & ASSISTED LIVING MEMBERSHIP

PACAH is excited to announce a new membership opportunity for personal care or assisted living entities - just \$100 annually!

Assisted living and personal care entities are encouraged to join PACAH's new educational membership class. This membership is available ONLY to assisted living and personal care administrators, and entitles the administrator and staff of each member facility to participate in educational opportunities offered by PACAH at membership prices, as well as receive additional benefits including participation in the listserv, email blasts with pertinent information, receipt of newsletters and much more!

PACAH now also offers continuing education credits for assisted living and personal care administrators at our conferences **AND** will be offering additional educational opportunities focused on issues specific to personal care and assisted living entities.



THE LANDSCAPE OF LONG-TERM CARE IS CHANGING - DON'T MISS OUT!

Enjoy the educational benefits of an established state-wide association at a low price!

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